



St. Joseph the Worker

Family Activity Planner for May 2018



Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Family Discussion: What is my greatest fear?	2 Be courteous to each other today.	3 Teenagers: Teach the family your favorite dance.	4 Walk around the block and thank God for the new signs of life.	5 Have a family exercise evening
6 Tickle someone you love today.	7 Play "Queen for the day". Cook a meal and clean up the dishes for Mom.	8 Parents: Tell about a time when, as a child, you got into trouble.	9 Talk about your favorite family tradition.	10 No criticism today.	11 Look into each other's eyes and say, "I love you."	12 Plow and plant your family garden today.	
13 Have mom share her favorite time she had with her mother.	14 Heal someone's hurt or pain today with a gentle touch.	15 Tell your teenagers what you like best about them.	16 Family Discussion: What happens to me when others don't respect my privacy or need to be alone?	17 Go for a bike ride as a family.	18 Take time to listen to the youngest family member today.	19 As a family, visit another neighborhood and discuss the differences.	
20 Send a card to someone who means much to your family.	21 Family Discussion: What would I like to say to our family but am afraid to?	22 Say, "I'm sorry" to someone you've hurt.	23 Make yourself happy; do what you want to do (within good taste).	24 Family Discussion: What is my greatest fear?	25 I feel happiest when..."	26 Tell each person in the family why they are special to you today.	
27 Open your heart to someone who needs love this weekend.	28 As a family, help an elderly or sick neighbor with some yard work.	29 Bless each other before bed tonight.	30 Family Discussion: How do I feel when I'm punished unjustly?	31 Find a strawberry patch to pick some strawberries as a family.			

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