

Who is Sophia?



In the Summer of 2005, Little Sophia tragically died at the age of three years old. To help ease their grief, her parents directed their attention towards making sure others have enough to eat by hosting fundraisers and donating generously to this mission. A painting of Sophia graces our entrance. Her impish smile reminds us to take delight in each moment as we find the joy in each other.

{{ Nourish }}

As a mission of the Heart of Peoria Catholic Community, Sophia's Kitchen believes in providing nourishment to those most in need through food for the day, support for their health needs and spiritual guidance for their everlasting souls.

www.CatholicPeoria.com
Mailing address:
C/O Sacred Heart Church
504 Fulton Street
Peoria, IL 61602
309.655.1578



SACRED HEART CATHOLIC
CHURCH
Catholic Diocese of
Peoria



"For I was hungry, and you gave me something to eat; I was thirsty and you gave me something to drink."

MATTHEW 25:35

Feeding the hungry at
ST. JOSEPH'S HALL
103 S. Richard Pryor Place
Peoria, Illinois 61605

Sophia's Offerings From Angels Kitchen

Inspired by the spirit of St. Francis and under the pastoral leadership of Sacred Heart Parish, Sophia's Kitchen is staffed by a dedicated group of volunteers, who give generously of their time so that no one goes hungry.

These volunteers make hundreds of peanut butter and jelly sandwiches daily. The rest of the menu varies day by day as God provides. Local grocery stores and restaurants donate liberally to help provide filling and nutritious food. Sophia's Kitchen is located at St. Joseph Hall, 103 Richard Pryor Place, next to historic St. Joseph Church. Meals are served Monday through Friday from 9 AM to 3 PM, and the building is handicapped accessible.

Who do we serve?

- Homeless
- Underemployed
- Unemployed
- Veterans
- Elderly
- The Broken

What do we serve?

- Peanut butter and jelly sandwiches
- Hot soup
- Vegetables
- Fruits
- Treats
- Hope

Guests at Sophia's Kitchen are treated with dignity as we show Christ's love. Anyone who is hungry is served. Our bag lunch may be taken to go, or guests may join us in our Spiritual Center where volunteers share their faith. All are welcome.

Feeding the Hungry

Please accept my donation to help feed the hungry of Peoria.

\$25 \$50 \$100 \$500

Other \$ _____

Memorials totaling + \$1,000 are noted with a nameplate on a plaque in the entry.

Name _____

Address _____

City, State _____

Email Address _____

Mailing Address for
Sophia's Kitchen:
504 Fulton Street
Peoria, IL 61602

Kitchen Phone: 309-655-1578
soupkitchen2010@gmail.com
CatholicPeoria.com
www.facebook.com/sophiaskitchen