**Things To Give Up For Lent**

* Taking those you love for granted
* Promising more than you can deliver
* Losing your temper
* Trying to please everyone
* Trying to get everything perfect
* Doing the right thing for the wrong reasons
* Justifying your anger
* Thinking about money
* Blaming others for your woes
* Nagging
* Blocking out what you don’t want to hear
* Listening only to yourself
* Wanting to be in control
* Needing to be effective
* Having to be right
* Patronizing people
* Complaining
* Carrying grudges
* Denying your limitations
* Making snap judgments
* Denying your obsessions
* Feeling sorry for yourself
* Thinking of greener pastures
* Telling God what to do
* Pretending
* Denying your gifts
* Doubting you can change
* Never saying you’re sorry
* Blaming yourself
* Believing only in the possible
* Doubting your goodness
* Looking for easy answers
* Lying to God
* Looking the other way
* Expecting others to solve your problems
* Doing what everyone else does
* Carrying a chip on your shoulders
* Being bored
* Cursing the darkness
* Denying that you are loved