

Living for Christ



ST·MICHAEL CATHOLIC CHURCH

First Reconciliation/First Communion Parent Commitment

Education in the faith by the parents should begin in the child's earliest years. This already happens when family members help one another to grow in faith by the witness of a Christian life in keeping with the Gospel. Family catechesis precedes, accompanies, and enriches other forms of instruction in the faith.

— *Catechism of the Catholic Church, paragraph 2226*

As a Catholic parent, I am resolved to help my teen prepare for the Sacraments of Reconciliation (Confession) and Communion (Holy Eucharist) through my prayers, words of encouragement, and personal example.

Specifically, I am committed to ensuring that our family follows the Precepts of the Catholic Church, which set forth the *minimum actions* to be considered a faithful Catholic:

1. Attend Mass on Sundays and on holy days of obligation and rest from servile labor.
2. Confess your sins at least once a year.
3. Receive the sacrament of the Eucharist at least during the Easter season.
4. Observe the days of fasting and abstinence established by the Church.
5. Help to provide for the needs of the Church.

I am also committed to helping my child answer those questions he or she has about the Catholic faith; actively participate in their preparation, lessons, and retreats; and meet all the other requirements of sacrament preparation. If I have questions about the Catholic faith, the sacraments, or the program, I will seek the answers so that my own actions may be a light to my child.

Finally, I will pray for faith and understanding for both myself and my child, that Jesus may find an open and willing heart in which to dwell and make Himself known to the world.

Parent Signature(s): _____

Parent Name(s): _____

Student Name: _____