

Sacrament of Confirmation: St. Michael Information Sheet for High School

St. Michael teens receive the Sacrament of Confirmation each spring along with thousands of other teens in the Archdiocese. In December and January St. Michael teens in 8th Grade who are *actively living out their faith* are invited to discern being confirmed. This discernment process includes:

- Active participation in a **High School Discipleship Group** through the STMA Youth Ministry
- Faithful participation in the **Sunday Eucharist**
- Write a **Letter of Intent to be Confirmed** to Fr. Richards and the Parish Staff (January 2020)
- Choose a **Confirmation Sponsor** and a **Confirmation Saint Name** (January 2020)
- Attend the **Ignite ~ Confirmation Retreat** for *parents, teens, and sponsors*. The date for the Ignite Retreat is Sunday January 26, 2020 from 1:00-4:00 p.m. at St. Michael Catholic Church
- **Teens participating in the STMA High School Discipleship Group Ministry will receive a Confirmation Discernment Packet in December of 2019. This packet will include everything needed to begin the process of moving towards the reception of the Sacrament of Confirmation in the spring of 2020**

Information for High School Discipleship Groups

- High School Discipleship Groups is a small group-based ministry for teens in 9th—12th grade. In D-Group's teens explore their relationship with God, the Catholic Faith, and the challenges teens face as young disciples of Jesus Christ. Each D-Group is led by adult mentors who commit to guiding and supporting teens on their journey of faith through the difficult high school years. High School D-Groups consist of 5-7 teens placed in male-only and female-only small groups of the same age. High School D-Groups meet two – three per month to discuss life, their faith, and to seek support for the trials and joys of life. Meeting times, days, and locations are determined by each group to best fit the needs of its members.
- **Please remember that *High School teens who are not confirmed* but desire reception of the Sacrament of Confirmation need to be actively living out their faith and participating in a High School Discipleship group**
- To learn more about High School Discipleship Groups please contact Ruth Gladitsch:
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