



Capítulo 3A

Lectura: Frutas y verduras de las Américas (pp. 138-139)

A. As you can see by its title, the reading in your textbook is about fruits and vegetables. Think about some fruits and vegetables that you eat. Write the names (in English) of three fruits and three vegetables in the spaces below.

FRUITS

VEGETABLES

B. Below are some Spanish words from the reading, categorized by whether they are a fruit or a vegetable. Choose the English word from the bank that you think is the best meaning for each example and write it in the blank.

potato beans corn pineapple avocado papaya

Frutas:

Verduras:

- 1. papaya _____
- 2. piña _____
- 3. aguacate _____

- 4. papa _____
- 5. frijoles _____
- 6. maíz _____

C. On the first page of the reading you see pictures of an avocado, a mango, and a papaya. Read the information below about each fruit and answer the questions that follow.

Aguacate:

Mango:

Papaya:

- La pulpa es fuente de energía y proteínas.
- Tiene vitaminas A y B.

- Es originalmente de Asia.
- Tiene calcio y vitaminas A y C.

- Contiene mucha agua.
- Tiene más vitamina C que la naranja.

- 1. Which fruits have vitamin A? _____
- 2. Which fruits have vitamin C? _____
- 3. Which fruit is not originally from the Americas? _____

D. Look at the recipe for a Licuado de plátano on the second page of the reading in your textbook. If the following statements are true, circle C for cierto (true); if they are false, circle F for falso (false).

- 1. C F The licuado is a hot beverage.
- 2. C F A plátano is a banana.
- 3. C F Milk is used in the recipe.
- 4. C F The blender is called a licuadora.
- 5. C F You should blend the ingredients for 2 minutes.