

February 11, 2018 - Sixth Sunday of Ordinary Time

Weekday Masses:	Tuesday 8 am	Michael G. & Clarine Dolson
	Ash Wednesday	
	8 am Church	Raymond & Nina Vonderahe
	1:30pm Summit Villa	Francis Ash
	2:15 pm Timbers	Richard Dunn
	7 pm Church	People of St Andrew
	Thursday 8 am	For the End of Abortion in Missouri
	Friday 8 am	Jerry White
Saturday (February 17th)	5:30 pm	Joan Schulte
Sunday (February 18th)	9:30 am	Kevin Rackers
Adoration:	Sunday: 6:30 - 8:30 pm	
	First Friday: 7:00 - 9:00 am	

PARISH NEWS AND ANNOUNCEMENTS

CEMETERY BOARD MEETING

The St. Andrew Cemetery Board of Directors will hold their annual meeting on **Sunday, Feb 11, 2018** in the Green Room, soon after the 9:30 am Mass is over, approximately 10:45 am. Any member of the Parish may attend this meeting as an observer, unless they have some business to bring before the Board.

LADIES SODALITY BAKE SALE

February 10th & 11th before and after Mass. Get ready to stock up for Fat Tuesday or satisfy your last-minute sugar cravings before Lent! The Ladies of St. Andrew Altar Sodality will be providing a bevy of goodies including pies, cakes, bread, candies, and other sweets. Do not let the fact that Lent begins on the 14th to dampen your Valentine's day. We will have cards and gifts to help you to celebrate Valentine's day without having to break your fast! Your support of the Ladies Altar Sodality is greatly appreciated. Your contributions go towards helping us keep the Sanctuary and Sacristy looking nice and supplied. Members of Ladies Sodality, please remember to bring your baked goods and gifts to St. Andrew Church before Mass. Please do not price items. Thank you!

50+ CLUB

February, Tuesday the 13th, 6:00 Green Room. Come celebrate Fat Tuesday with us. Please bring a dish/dessert to share, beverages will be provided. Any questions please call Carol Benna 896-4825 or Carol Maxey 291-0885.

ST ANDREW K OF C FISH FRY'S

The 2018 St. Andrew's Knights of Columbus Fish Fry's are just around the corner. Our fish fry dates are **February 16, 23, March 2, 9, and 16th**. The parishioners of St. Andrew's have over the years offered tremendous support through your participation, helping and your desserts. Please plan on helping again this year, bringing desserts and joining us for a great meal. If you are new to the parish, or new to helping and would like to speak with someone please call any of the following Knights: Bert Heil (573) 388-1392 Gerry Wethington (573) 301-0211 Tom Mehmert (573) 301-1380 We look forward to seeing you at the Fish Frys!!!!

LADIES SODALITY

Attention Ladies of St. Andrew Church! Join us **February 19th** for the Ladies Altar Sodality meeting. We will start off the meeting will start at **6:30 pm** with a wonderful presentation by Fr. Merz who will talk to us about Liturgy of the Hours. Following this, we will further discuss the events and business of the upcoming year. If you are already a member or just curious, please join us. If you have any questions, please feel free to call or text Angie @ 417-536-4556 or email: angela.mengwasser@hotmail.com.

40 DAYS FOR LIFE DAY AT PLANNED PARENTHOOD

St. Andrew day for prayer will be **Tuesday February 20**. Plan on joining others in support.

BAPTISM CLASS

Deacon Dan Ramsay will be holding a Baptism Class after the 9:30 am Mass on Sunday, **February 25th**, in the Green Meeting Rm. (through the double doors off the gathering area and to the left). If you have recently been blessed with a baby, or are expecting in the near future, please plan on attending. All new parents are required to attend Baptism class before you can have your baby baptized.

ASH WEDNESDAY MASS SCHEDULE

8 am in the Church
1:30 pm at Summit Villa
2:15 pm at The Timbers
7 pm in the Church

If those are not convenient please check with area churches for their times. Several have a noon mass.

Ash Wednesday is also a day of **Abstinence**: all persons who have already celebrated their 14th birthday are bound to abstain from meat & **Fasting**: everyone, from the celebration of their 18th birthday to their 59th birthday, is bound to fast Fasting is generally understood to mean eating only one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

Weekly Collection - February 4, 2018

Sunday Offering \$ 11066.40

Donuts & Coffee \$ 24.39

Repairs & Improvements \$ 755.00

Cemetery Enhancement \$ 45.00

Catholic Missourian \$ 14.00

Thank you for your generosity!

JOB OPENING AT ST. ANDREW

Approximately 15 hours a week, cleaning St. Andrew Parish campus. Including church & gathering space, Veit Hall, Knights of Columbus Hall, ACTS 29 House as well as small repairs when possible. Hours are flexible. Email the parish at standrew@embarqmail.com to set up a time to learn more or interview.



My Life
My Health

HEALTH CORNER

Flu is a nickname for influenza. Some types of Flu cause respiratory symptoms such as congestion, coughing and sneezing while others cause gastrointestinal (GI) symptoms such as vomiting and diarrhea. The Flu regardless of whether it is respiratory or GI is caused by a virus.

Each type (or strain) of virus has a name such as H3N2. You become immune to the specific strain once you have it. That means you won't get that specific strain again. The reason you can get the Flu more than one time during the Flu season is because each infection whether it is respiratory or GI is a different strain of the Flu virus. Unfortunately for us, Flu viruses mutate very quickly. That's why it's hard to develop an effective vaccine that prevents us from getting the Flu.

The Flu Vaccine is developed the year before the next Flu season so there is time to prepare the vaccine before the season begins. Because of the rapid mutation of the virus, the vaccine is sometimes only has a small percentage of effectiveness by the time it reaches the market. It still helps save lives by reducing the severity and duration of the Flu virus.

Antibiotics do not kill viruses therefore; they do not work and should not be prescribed when you have the Flu. Most cases of the Flu don't require treatment. However, Tamiflu is a medication that will help reduce

the severity of the symptoms when given in the first 48 hours of onset of the Flu symptoms. But it will not kill the virus causing your symptoms.

What can you do to protect yourself and others?

~Wash your hands, wash your hands, and wash your hands!

~Cough into your elbow. This prevents the droplets from your cough from being spread on to your hands. And it limits the spread into the air.

~Stay home when you have severe coughing, sneezing or GI symptoms and especially when running a fever. Stay home from work or school until you are without a fever for 24 hours.

~Get a Flu vaccine! It is not too late to get one this season!

What if you develop symptoms?

~Fluids to prevent dehydration, over the counter medications to control fever and rest are advised.

~Emergency symptoms that require immediate evaluation in an ER include shortness of breath, difficulty breathing, sudden dizziness or confusion, severe or persistent vomiting or diarrhea, or pain or pressure in the chest or abdomen.

~In children or infants, watch for signs of dehydration, fast breathing, lethargy, and rash.

~Remember: do not return to school or work until you are 24 hours without a fever

ST. ANDREW EVENTS AT A GLANCE

- 2/11 8:15 PSR
NCYC Thank You Presentation at Mass
Ladies Sodality Bake Sale
10:45 am Cemetery Board Meeting, Green RM
6:30-8:30 pm Eucharist Adoration & 7:30 pm Rosary
- 2/12 5:45-6:30 pm Youth Choir Practice
6:30 pm Opening rally 40 DFL Our Lady of Lourdes
6:30 pm Ladies Sodality, Green RM
- 2/13 8 am Mass
8:30-10:30 am Quilting in Green RM
6 pm 50+ Mardi Gras, Green RM
6 pm Health Ministry Meeting, Brown RM
- 2/14 Ash Wednesday
8 am Mass Church
1:30 Mass Summit Villa
2:15 Mass Timbers
7 pm Mass Church
- 2/15 8 am Mass
6 pm Administration Commission Meeting, Green RM
- 2/16 4-7 pm K of C Fish Fry
- 2/17 5:05 pm Rosary in Church
- 2/18 8:15 am PSR
10:45 am Beloved, Green RM
6:30-8:30 pm Eucharist Adoration & 7:30 pm Rosary

NEXT SATURDAY'S LITURGICAL ROLES

Communion Minister:	Valda Stroesser, Coletta Burns, Richard Hentges, Sharon Jarrell-Green, Susan Himmel, Betsy Lock
Offertory Greeter:	Betsy Lock & Kathy Parris Family Lee Neutzler
Lector:	Jennifer Wood & Mary Ann Sutter
Servers:	Keaton Forck & Alex & Andrea Lock
Usher:	Richard Hentges, Dennis & Margie Hagenhoff, Darrell & Pam Brauner, Dustin Hagenhoff, Dennis & Mary Ann Stegeman
Musicians:	Barb Hartman

NEXT SUNDAY'S LITURGICAL ROLES

Communion Minister:	Britt & Candy Smith, Ed & Anna Marie Winkelman, Bobbie Ramsay, Vicki Schulte
Offertory Greeter:	Mark & Crystal Lueckenhoff Justin & Kara Neihart
Lector:	Lillian Luckenotte & Mary Slinkard
Servers:	Brianna, Jayden & John Seider & Isaac Smith
Usher:	Ken Schulte, Gary Heimericks, Amy Caples, Mark Lueckenhoff, Aaron Hartman, Tom Mehmert, Randy & Patty Stegemann
Musicians:	Belinda Heimericks, Mary Springer, Caroline Ward

An active member of St. Andrew parish is registered with the parish, participates in Mass and the sacraments, has completed the most current version of the Time, Talent, & Treasure form, and supports the parish financially. If the pastor, Fr. Joe, can help you in any way, please feel free to call or e-mail him. Know that he strives to be approachable and available.

VOCATION CROSS SCHEDULE

February 11	Jane Britton
February 18	Kathleen Schonhardt

LENTEN ACTIVITIES 2018

Ash Wednesday is February 14th. Mass time are:
8 am in Church, 1:30 pm Summit Villa Nursing Home, 2:15 pm
Timbers & 7 pm Church.

WEEKDAY MASSES: 8:00 am Tuesday through Friday unless
otherwise posted in the bulletin.

HOLY SILENCE: As is our custom during Lent, all Masses will
begin without a hymn, as we recall the suffering of Jesus on the
cross for us as sinners.

STATIONS OF THE CROSS: This devotion will be held in church
each **Wednesday** of Lent at **6:30 p.m.**

SACRAMENT OF RECONCILIATION: Every Saturday at 4:45 or
any other time by request.

CHRISM MASS, Bishop Shawn McKnight invites you to attend our
annual Chrism Mass, March 22, 2018.

HOLY THURSDAY, March 29, 7:00 pm. Mass of the Lord's
Supper.

GOOD FRIDAY, March 30, 7:00 pm. Celebration of the Lord's
Passion.

HOLY SATURDAY, March 31, Easter Vigil 8:00 pm. No 5:30
pm Mass.

EASTER SUNDAY, April 1, 9:30 am Mass.

EASTER FLOWERS: If you would like to make a donation for
flowers at Easter in memory of your loved ones, please place your
donation in an envelope with your name and the name of those
you would like to be remembered and place it in the Sunday col-
lection basket or bring it by the Parish Office on Tuesday or
Wednesday morning. A \$10 donation is suggested.

RICE BOWLS

The Rice Bowl website, www.crsricebowl.org contains ideas for
families, lesson plans for teachers and catechists, and strategies
for parishes. There is a host informational materials, including a
series of 3-5 minute videos that are available in English and
Spanish on a DVD that comes with the parish kit or individually
online.

The Rice Bowl concept is to take money you would use for one
meal a week, eat a smaller or simpler meal and put the remain-
ing money in the rice bowl.

Once again this year, 25% of the money collected will remain in
the diocese to support food programs and other efforts to address
the needs of the poor. Parishes are encouraged to keep this 25%
for local programs.

Last year, Rice Bowl participants in our parishes raised
\$47,551. That meant almost \$12,000 in support of community
food pantries and other programs within our diocese.

While the money is important, those of you who have participated
in the past know that the impact of CRS Rice Bowl go far beyond
that. CRS Rive Bowl is an opportunity to experience Lent in a
more profound way, through prayer, education, and increased
awareness of the hunger of many of our brothers and sisters in
our neighborhoods and around the world.

2018 Lenten Regulations & Admonitions

for the Diocese of Jefferson City

As another Lenten journey of conversion began on Ash Wednes-
day, February 14, 2018 and ends with the Mass of the Lord's
Supper on Holy Thursday, March 29, 2018, Holy Mother Church
calls all Catholics to a deeper spirit of penance, fasting, almsgiv-
ing and prayer, "which express conversion in relation to oneself,
to God, and to others" (Catechism of the Catholic Church # 1434
& 1969).

In order to foster a greater spirit of penance, of reparation for
sin, to encourage self-denial, and so guide us more closely in the
footsteps of Christ, Holy Mother Church reminds us of the follow-
ing **obligations of fast and abstinence** during Lent and also
admonishes us all to deeper prayer and worship.

1. **Abstinence:** all persons who have already celebrated
their 14th birthday are bound to abstain from meat on
Ash Wednesday, all Fridays of Lent and Good Friday.
2. **Fasting:** everyone, from the celebration of their 18th
birthday to their 59th birthday, is bound to fast on Ash
Wednesday and Good Friday. Fasting is generally under-
stood to mean eating only one full meal each day. Two
other partial meals, sufficient to maintain strength, may
be taken; but together they should not equal another full
meal. Eating between meals is not permitted, but liquids
are allowed.

Voluntary fasting on other weekdays of Lent is highly
recommended. But please note: when health or ability
to work would be seriously affected, neither the law of
fasting nor the law of abstinence obliges. These are
minimal penitential practices and should not be lightly
excused. If in doubt, please consult your parish priest.

Other recommended forms of fasting, as regards alcohol-
ic drink, needless television, video games, internet use,
and social entertainment, are of true spiritual value and
strongly encouraged.

3. **Almsgiving:** The act of giving to the poor, in the most
ancient tradition of the Church, is an expression of pen-
ance, a witness of fraternal charity, and an expression of
Lenten conversion. Therefore, all Catholics are encour-
aged to support generously the charitable works of the
whole Church: through regular stewardship to their par-
ish, support of charities, and their generous response to
the diocesan Catholic Stewardship Appeal.

4. **Prayer:** In order to deepen one's love for Christ, Catho-
lics are urged all the more to participate in the Sacra-
mental life of the Church during Lent by attending daily
Mass and frequenting the Sacrament of Penance and
Reconciliation.

Easter Duty: All Catholics who have been initiated into
the Holy Eucharist are bound to receive Holy Communion
worthily at least once during the Easter Season. Of
course, Catholics are encouraged to receive Communion
as often as possible, not only during Eastertide. Howev-
er, anyone conscious of a grave sin must receive the
Sacrament of Reconciliation before approaching to re-
ceive Holy Communion.

PRO LIFE NEWS & EVENTS

"The direct and intentional destruction of innocent human life from the moment of conception until natural death is always wrong and is not just one issue among many. It must always be opposed."

Doctrinal Note on Some Questions Regarding the Participation of Catholics in Political Life

MISSOURI RIGHT TO LIFE VIDEO CONTEST

Missouri Right to Life is sponsoring a new Youth Video Contest. Students from three different age categories are invited to create a video in length of 30 seconds minimum to a maximum of three minutes. The purpose of this project is to increase youth and family awareness, involvement and knowledge of the pro-life issue. Go here for additional information: <http://www.missourilife.org/youthvid.html>

40 DAYS FOR LIFE

All are invited to participate in the ongoing 40 DFL Prayer Vigil at Columbia Planned Parenthood sidewalk, 711 N Providence Rd. Trained core team will be there to greet you the hours of 8am to 6pm daily from **Wednesday, February 14 to Sunday, March 25**. An Opening Rally will be held Monday, February 12 at Our Lady of Lourdes Flanagan Hall, 903 Bernadette, Columbia at 6:30pm. At approximately 7:25pm, participants will caravan to the sidewalk of Columbia Planned Parenthood for a brief candlelight vigil with prayer. Further information: Kathy and Mike Forck, 573 821 5130 or sign up on web www.40daysforlife.com See you on the sidewalk!

Vitae Foundation's 26th Annual Pro-Life Event

Monday, March 19, 2018, at the Capitol Plaza Hotel in Jefferson City. The featured speaker is Kirk Cameron, television and film actor and producer. He is known for his roles on ABC's Growing Pains, the Left Behind movies, and Fireproof. Tickets are \$100 for dinner and \$50 for luncheon (\$75 of dinner and \$25 of luncheon registration is tax-deductible). For reservations, visit our website at www.VitaeFoundation.org/events or call 573-634-4316.

Personhood

If you look up the word "person" in your average dictionary, you will find something like this: "Person n. A human being."

When Roe v Wade was decided in 1973, the science of fetology was not able to prove, as it can now, that a living, fully human, and unique individual exists at the moment of fertilization and continues to grow through various stages of development until death.

However, the majority decision in Roe v Wade made a startling admission:

"If this suggestion of personhood is established, the appellant's case, of course, collapses, for the fetus' right to life would then be guaranteed specifically by the Amendment." Justice Harry Blackmun, Roe v. Wade

With modern science, it is now straightforward to prove that the unborn child is a human being: "After fertilization has taken place a new human being has come into being. It is no longer a matter of taste or opinion...it is plain experimental evidence. Each individual has a very neat beginning, at conception." Dr. Jerome Lejeune, "Father of Modern Genetics"

Within the pro-life movement, there is now an important initiative to include the pre-born as "persons." This terrifies the pro-abortionists because "persons" are protected by a series of God-given rights and constitutional guarantees such as life, liberty, and the pursuit of happiness.

They know that if we clearly define the preborn baby as a "person," they will have the same right to life as all Americans do!

AREA HAPPENINGS

SEEKING CHRIST FOR OUR NATION MASSES

February 20--6:00 p.m. Our Lady of Snows, Mary's Home

WARDSVILLE/OSAGE BEND KNIGHTS OF COLUMBUS BREAKFAST

Sunday February 11th serving ham, sausage, biscuits & gravy, scrambled eggs, coffee, milk & orange juice from 7:30am to 12noon. Cost is Adults: \$10, Children 5 thru 12: \$4 and Children under 5 are free.

CENTERING PRAYER WORKSHOP

St. Joseph's Parish (Westphalia) and Father Matthew Flatly, Contemplative Outreach LTD. will host an Introduction to Centering Prayer Program on **Saturday, February 17th, from 9:00 am to 1:00 pm** at the St. Joseph School cafeteria in Westphalia. Registration begins at 8:30. Coffee, tea and juice will be offered. Please consider bringing a snack to share. All men and women (including high students) are welcome. A free will donation is suggested. Copies of the book, Open Mind, Open Heart will be available for purchase for \$15.00.

To register (or if you have questions) email or call Brenda Rehagen at brehagen6@gmail.com/573-694-6319 or Nancy Massman at Massmanfolk@gmail.com/573-418-8295.

JEFFERSON CITY CURSILLO

Saturday, February 17, Cursillo School of Leaders The Art of Discernment and Committee Work 10:00am to 12:00pm, Alphonse J. Schwartze Memorial Catholic Center, Jefferson City. Questions? Contact Monica Galarza: 573-465-3628 or mLL20047@hotmail.com