

# The Messenger

Immaculate Heart Church  
St. Emily's Church

Volume 23 Issue 136, Sept. & Oct. 2023



**Immaculate Heart Church** 35208 Co Rd 37 PO Box 155 Crosslake MN 56442  
Phone 218-692-3731 Email [ihc@crosslake.net](mailto:ihc@crosslake.net) website [www.crosslakecatholic.com](http://www.crosslakecatholic.com)  
**St. Emily's Church** 39922 Lake Street PO Box 25 Emily, MN 56447  
Phone 218-763-2101 email [2stemily@gmail.com](mailto:2stemily@gmail.com) website [www.emilycatholic.com](http://www.emilycatholic.com)  
**Fr. David Forsman, Pastor**  
**James Kirzeder and Barry Olson, Deacons**

## THE HARVEST IS PLENTIFUL

### Why are there quiet gaps in Mass?

Have you ever noticed the silent moments of the Mass and wondered what is going on? The Mass is designed to guide our human spirits to proper worship, so let's learn more about the importance of the silent gaps in Mass.

**continued on page 3**

### Family Faith Formation Registration 2023-24

Register your family to join us for a fun year dedicated to growing in relationship with and knowledge of God. Classes will begin Wednesday, September 27. To register your family or get more information, scan this QR code or visit [crosslakecatholic.org](http://crosslakecatholic.org).



We look forward to loving Jesus with you and your family for this year of Family Faith Formation!

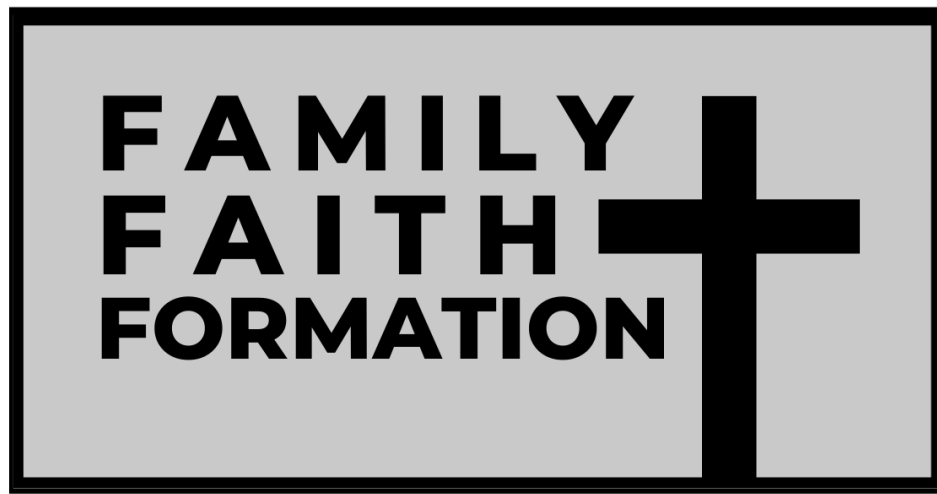
**"THE HARVEST IS  
PLENTIFUL, BUT THE  
LABORERS ARE FEW.  
THEREFORE PRAY  
EARNESTLY TO THE  
LORD OF THE HARVEST  
TO SEND OUT LABORERS  
INTO HIS HARVEST."**

**LUKE 10:2**

### A summer of planting seeds

Catch up with how our youth encountered Jesus this summer. Each moment is an opportunity to plant seeds of faith that can grow into a fruitful harvest.

**continued on page 4**



## **2023-24 REGISTRATION**

**sign-up online**



**[crosslakecatholic.com](https://crosslakecatholic.com)**

**or fill out the form on  
the youth table and  
return it to the parish  
office**

---

## **Co-workers of God**

**By Kayleen Fletcher, Secretary and Liturgy Coordinator, Saint Emily's**

Chores. No one likes that word. But life manages to present us with many of these "opportunities." As the Church teaches: any trial is an opportunity to grow in holiness. Aren't we lucky?! The saints have long taught the importance of keeping God at the center of all work. "The best way to acquire true dignity is to wash one's own clothes and boil one's own pot" -St. Francis Xavier. Despite any tediousness (or humidity) it is important to try to do the best we can. "Never do the work carelessly because you wish to hide your gifts. Remember, that work is His. You are His co-worker. Therefore, he depends on you for that special work. Do the work with Him, and the work will be done for Him. The talents God has given you are not yours – they have been given to you for your use, for the glory of God. There can be no half-measures in the work" -St. Teresa of Calcutta. As we prepare to get all those autumn related chores done and dusted, let's take with us the wise words of St. Thomas Aquinas: "Without work, it is impossible to have fun." Have a wonderful season and stay safe in whatever activities you're participating in. Take care and may God bless you always.



**"Without work,  
it is impossible  
to have fun."**

**St. Thomas  
Aquinas**



# Sacred Silence: Why are there quiet gaps in the holy Mass?

By Gwendoline Gabrio, Music and Liturgy Director, IHC

I remember when I was young; I thought the priest took forever after the homily to begin the Nicene Creed. Often times, he would sit for a long time after Communion as well. As a child, I thought he was taking his sweet time and was intentionally making us wait for the donuts afterwards. Now, I know that those periods of silence during Mass are not to make us sit and wait. They are an opportunity for us to pray and meditate.

According to the General Instruction of the Roman Missal (GIRM), there are times within the Mass that, we the people, have the opportunity to reflect, meditate, and pray on what we have heard, what we are doing, and the events that are about to take place. The first instance is before Mass. This time before Mass is not to always be filled with noise. This is a time for us to prepare our hearts to receive our Lord, Jesus Christ. We are able to pre-read the readings for Mass, open our hearts to hear the Word of God, and prepare to receive Heaven on Earth. After the beginning of Mass, Father will say "Let us pray." This is the beginning of the Collect. The brief period of silence before this allows us to join with the priest and bring to mind our intentions for Mass. It also allows us to be present to the Lord and truly recognize his presence in the Celebration. Next, the GIRM states that after each reading, there should be a period of silence as well. This short moment, allows us to process what we have heard and take to heart the readings or psalm. Just like in the Liturgy of the Eucharist, we are called to encounter Christ in the Liturgy of the Word. Moments of silence allow the Holy Spirit to work in our hearts and stir us. After the homily, another period of silence is used so that we can meditate on what the priest has discussed and we can find what God may have revealed to us through all that we have heard. These periods of silence within the Liturgy of the Word are our chance to hear God's voice in our own lives. After this, we are able to offer our prayers up to the Lord and begin the Liturgy of the Eucharist. As the gifts are brought to the altar, we too are able to bring to the altar our own prayers and offerings. During the consecration of the Eucharist, the priest will present the Body and Blood of Christ. After each presentation, we are able to greet our Lord in our hearts. This period of silence is for us to offer up a prayer of thanksgiving for all that our God has done. We are also able to offer up a prayer so that we might receive the Lord in the Eucharist more fruitfully. After we have received the Most Precious Body and the Most Precious Blood, we are able to

go back to our pews and continue saying prayers of thanksgiving. We are so blessed to have this glimpse of Heaven on Earth. Our Lord and God is truly present in this sacrament. All we can do is give praise to our God for his wonderful graces and his astounding mercy.

**“Be still, and know  
that I am God.”  
Psalm 46:10**



Into The Wilderness  
Ron DiCranni

These moments during Mass are very intentional. They are not to make us wait but rather, they can help us draw closer to the Lord during Mass and are under appreciated in a world that is full of noise. What a beautiful gift we have been given during Mass. The gift of our Lord, Jesus Christ, and the gift of silence so that he might reveal to us what he may.

# Jesus has been busy with our Youth

By Karen Gray, Parish and Youth Minister

As summer nears its end I scan through all the pictures I have taken during all the summer events. So much life lived in just a few short months. The summer started with Totus Tuus. This annual week of kinetic fun and learning is always a highlight for all the kids. We had 30 kids during the daytime and 18 during the evening session. The next event was the annual mission trip for the 9-12<sup>th</sup> graders.



We traveled to Missouri where we attended the Steubenville conference that had 5000 in attendance. I love to see the faces of the students who are new to the conference when they enter into the arena with 5000 of their peers on fire for the Lord. Steubenville has been a turning point in the lives of countless numbers of teens. When speaking to some of sisters of The Handmaids of the Heart of Jesus, several said this is where their call began. Our own kids have said this conference and Camp Survive have forever changed their relationship with the Lord. I want to thank Glen Young for once again giving up a week of his vacation to join us on the mission trip. The kids love him! It has been proven that having an adult other than your parents involved in the faith life of youth is what keeps them from being yet another "fallen away Catholic." Our sincere involvement in the faith life and just life in general for our teens can change their trajectories in life.



Steubenville Conference crew 2023

The last event of the summer was two weeks of Camp Survive. We had students participating on all levels of camp. We had campers, prayer team member, Junior counselors, college kids as Adult counselors and Megan Tschida who is now a youth minister. We also were blessed with having our seminarian Jacob Tschida with us for a week as well.



Our youth at Camp Survive week 1

Watching our young adults caring for the campers throughout the week was amazing to see, especially during adoration. Camp adoration is nothing like adoration in our parish. As the layers of the world are peeled away throughout the course of the week at camp and the kids feel more free to open their hearts to the Lord the wounds and pain in their life comes to the surface. The amazing contemporary music speaks to the kids and as the tears fall they open the way for healing that the Lord can provide. This year I watched our youth care for the campers when their emotions became so intense that they just needed a caring hug or a person to hold them. It moved my heart seeing the kids do what all of us youth ministers used to do for them. As I watched I whispered to myself, "they are being us." That was a very proud moment to see them step into that role that can be very difficult. Our junior counselors spend the week with the same kids in their small groups. Sometimes the campers feel so trusting of their JC they share the hardships and struggles in their life. Again having someone other than their parent to be connected to and someone to listen to them can make all the difference in helping them heal and just to feel known, seen and loved. Watching the junior counselors pour themselves out all week is impressive. They co-lead small groups,



do all the camp games with their kids and they also provide skits, lead in the Camp theme song and movements. They are responsible for bringing the insanely upbeat energy to everything as well as dealing with some hard issues the kids share. They forfeit the opportunity to make money at their summer jobs to serve. Many want to serve two weeks next year. That's how incredible these kids are.

Again after looking at all the pictures of the summer events and now that the crazy summer schedule is coming to a close exhaustion is setting in. As I reflect on all the situations, good, painful, joyful,

kinetic, insane, beautiful and fulfilling I can say I wouldn't have it any other way. When you pour yourself out for the Lord the intimate relationship with Him that you are blessed with is beyond measure. All those that serve beside me whether in the kitchen, other youth minister, parents or my kids make this work possible and they are all truly one of my life's greatest blessings. Without the support of scholarships many kids would not be able to attend any of these events. Thank you all for your financial support and the support of your prayers for our kids. Both are keeping our kids lives anchored in their faith.



## Why the Knights of Columbus Support the Special Olympics

By Dan Soller, Grand Knight

It's been a hard road for Ella to become a cycling champion—literally. At age six, she had a traumatic fall from her bike; for years, the fear of falling and of the pain never left her. Ella, who has Down syndrome, was terrified and would shake with fear at even the suggestion of a bike ride. This was a real blow to her devoted dad, Tim, whose favorite sport has always been cycling. Tim took extra care with Ella, starting her out with a sturdy bike and training wheels. After she fell, he felt responsible; through the years, he kept trying to encourage Ella so that she could also enjoy his sport.

Ironically, it took a Halloween "scare" to help end Ella's fear of biking. She agreed to dress up in a costume for a Halloween-themed cycle ride. It was so much fun, Ella no longer associated cycling with fear; from then on, cycling was just "fun." Ella returned to the bike trail the very next week and even cycled solo. By age 15, her dad's persistence and her own perseverance paid off: After successfully cycling for many years—using a modified bike—Ella got the chance to compete at the 2019 Special Olympics World Games in Abu Dhabi. Now she's even more ready for the 2023 World Games in Berlin, with a BIG difference: she'll be riding a two-wheel bike, not the modified three-wheeler she'd grown used to. Ella and her dad took the COVID lockdown as the ideal opportunity to work on these skills, helping Ella overcome those long-ago fears and practice new techniques on a sleek new bike.

Meanwhile, inspired by his daughter, Tim has pursued formal cycle coaching qualifications with British Cycling and Cycling UK. He will be the cycling coach for TeamSOGB in Berlin. They are both ready to take on the world!



Photo courtesy of Special Olympics

Ella Curtis competed in the 1K cycling time trial event at the Special Olympics World Games 2023 in Berlin on Wednesday, June 21 and won a Gold medal.

From 17 – 25 June 2023, Berlin, Germany had 7,000 Special Olympics athletes and Unified partners from approximately 190 countries to compete in 26 sports. The athletes will be supported by more than 3,000 coaches and 20,000 volunteers.

# The courage of our Respect Life Ministry

By Stephanie Nierenhausen

The Respect Life Ministry at IHC and SE has some courageous work to share with all parishioners. The teams might be initiating the work but everyone is welcome! Many hands make light work!

Please join the Prayer Team each Thursday at 4 pm during Adoration to pray a Rosary for an end to abortion. If you have not received a beautiful Respect Life Ministry prayer card, be sure to pick one up from the table in the narthex; the ministry plans to order more after passing out nearly 1,000 cards after Memorial Day Masses. We have so much to pray about; Minnesota has now become a sanctuary state. "Lawmakers here have enshrined abortion-up-to-birth and repealed common sense laws like informed consent for women and a program providing real alternatives to abortion for those in need" (MCCL Co-Executive Director Cathy Blaeser). So often we feel there is no time to "do something" but offering a prayer is our strongest weapon.

The Support for Women and Families Team is organizing with CCW on the Layette project. Beautiful layettes (baby's first clothing/accessories) are being put together to support expecting mothers. The Ministry approved supporting the project with a monetary gift to help purchase new items. Also, be on the lookout for a layette collection box. There will be lists of needed items to assist with your shopping :)

The Education and Outreach Team would like to share information recently reported in the National Catholic Register about colleges that provide support to empower young women facing unplanned pregnancies while pursuing degrees. These programs assist with room and board along with childcare. The student is responsible for the tuition so they walk away with an education that they have earned through their hard work. The colleges named in the article include University of Mary in Bismarck, Belmont Abbey College, Ave Maria University and Catholic University of America. With these expecting mothers present on campus there also becomes a natural and tangible witness of respect for life. Disrespect for human life is a crisis of love and nothing appeals to a person's heart more than our love.

Thank you to Jim Lee for his diligent work as Chairperson and Mary Dischinger as Recorder of Minutes. Our new Leadership Chairperson will be Mary Dischinger and the Recorder for Minutes will be Cathy Svihel.

St. Augustine, pray for us! That we not lose hope and stay angry, but rather have the courage to step forward in Truth and not remain as we are.

Please join the Respect Life Ministry by praying about **potential** upcoming projects including:

Respect Life billboard in the Emily area, Respect for Life Memorial, guest speakers promoting Respect for all life.

**“Hope has two  
beautiful daughters;  
their names are  
Anger and Courage.  
Anger at the  
way things are,  
and Courage  
to see that they  
do not remain  
as they are.”**

**—St. Augustine  
of Hippo**



# Council of Catholic Women

By Pam Cunningham, CCW President

Cooler weather, children returning to school, and the color changes of fall will soon be upon us. These are just a few signs that summer is coming to a close and autumn is here. As another busy summer comes to an end, it is a great time to reflect on who we are and what we have accomplished over the past few months. The mission of the CCW is "The Council of Catholic Women acts through its members to support, empower, and educate all Catholic women in spirituality, leadership, and service. NCCW programs respond with Gospel values to the needs of the church and society in the modern world." In accordance with this mission, our CCW promotes acts of leadership, spirituality, and service through various activities and events throughout the year. Some of these include staffing an MCCL booth at the county fair, supporting our priests and deacons, planning programs, support our sick and new members of the parish, maintaining the vigil lights, serving at a Red Cross blood drive, providing funeral lunches, and having summer bake sales. With the support of members of the CCW (all women of the parish are members), other parishioners of IHC, and our summer visitors, our fundraising efforts for the summer have been a

tremendous success. Our summer bake sales, under the leadership of Shelly Boles and Donna Winge, are a major source of funding for our charitable projects throughout the year. Our last bake sale of the season will be held on October 28-29. On Saturday, September 30, St. Christopher Church in Nisswa will be hosting our Brainerd Deanery Council of Catholic Women Fall Workshop. The day will begin at 8:15 and end at 1:30. The day's activities include a Breath of Life presentation, mass, confession, time for prayer and reflection, and a bag raffle. All women of the parish are invited and encouraged to attend. The cost is \$ 20.00. This year, our Support Sunday will be held October 7-8. You are invited to stop by our display in the narthex to acquaint yourselves with the many ways our CCW carries out our mission to the members of our parish and community. As the seasons are changing, so is the look of the IHC CCW. Our marketing committee chaired by Jeanne Carlson, has been working on a fresh look for the CCW that includes two new banners, a brochure that outlines the work of the CCW, and a new logo. Look for it on future CCW mailings. God bless you, and thank you for your support!

---

## Breast Cancer awareness month

By Pam Cunningham, RN

Breast Cancer Awareness Month, held in October every year, aims to promote screening and prevention of the disease, which affects one in eight women in the United States every year and 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs—conducted by groups ranging from breast cancer advocacy organizations to local community organizations to major retailers — aimed at:

Supporting people diagnosed with breast cancer

Educating people about breast cancer risk factors

Stressing the importance of regular screening, starting at age 40 or an age that's appropriate for your personal breast cancer risk

Fundraising for breast cancer research.

October 13 is nationally recognized in the United States as Metastatic Breast Cancer Awareness Day. About 30% of early-stage breast cancers eventually metastasize (spread to parts of the body away from the breast), and the day is intended to drive awareness of the need for more research about metastatic disease.

Although breast cancer is much more common in women, breast cancer affects men, too. About 2,710 American men this year are expected to be diagnosed with breast cancer, and about 530 are expected to die from the disease. But lack of awareness and stigma can be barriers to detection and care. Some men choose to call their cancer chest cancer.

Breast cancer is the most commonly diagnosed cancer among American women.

Just being a woman and growing older are the two biggest risk factors for breast cancer. While you can't control these factors, there are risk factors you can control, such as smoking, drinking alcohol, obesity, and lack of exercise which can increase your chances of developing the disease.

Breast cancer screening is important. Regular breast self-exams, an annual exam by your doctor, and yearly mammograms are important tools in breast cancer detection — especially early detection, when cancers may be more treatable.

This information is provided by Breastcancer.org.

# *Bits and Pieces*

## **Mercy House**

Immaculate Heart Church has medical equipment that can be loaned out to anyone in the community to use. These items include walkers, canes, crutches, wheelchairs, shower seats, and toilet risers. You can borrow these free of charge for any length of time. We ask that you return the items in clean condition. Visit the parish office to pick up or drop off equipment.

## **Become Catholic**

We invite you to join the Catholic Church. Contact Fr David or Nathan Young if you are interested in learning more or joining the Catholic Church.

## **Project Rachel**



Are you or someone you know hurting from a past abortion? Abortion can create profound emotional and spiritual wounds. Help and support are available for both women and men through

Project Rachel and Rachel's Vineyard locally. The Diocese of Duluth Post Abortion Ministry confidential contact is (218)422-6127.

More information can be found at:

[rachelsvineyard.org](http://rachelsvineyard.org)  
[hopeafterabortion.com](http://hopeafterabortion.com)  
[afterabortion.org](http://afterabortion.org)

## **AA Meetings**

Open AA meetings are hosted Thursdays at 7 pm in a downstairs classroom at Immaculate Heart Church. Check the bulletin for times and locations of other AA meetings in Crosslake.

## **Family Faith Formation**

Register your family for our religious education and sacramental preparation program! Visit [crosslakecatholic.com](http://crosslakecatholic.com) for more information and to register. We look forward to loving God with your family this fall!

## **Electronic Giving**

Consider switching your regular donations to electronic giving. This is a safe, simple, and automatic way to support our parish! Setting up your electronic giving is an easy and fast process. Visit [crosslakecatholic.com](http://crosslakecatholic.com) and click electronic giving under the contribute menu or visit Mary in the parish office.

## **Immaculate Heart Bulletins**

Bulletins are available after weekend Masses at Immaculate Heart. The bulletin is the best way to stay up to date on important information. Please use your time before Mass to prayerfully prepare your heart for the most important part of your week—the holy Mass. If you are unsure what to pray about before Mass, consider meditating with the readings and offering the Mass for your own special intention. —Nathan Young

## **Register to be a Member of the Parish**

We invite you to become a member of our parish! Join our vibrant parish cluster and become a member today! This registration helps us know more about you and grows our connection with your family. Contact either parish office to register.



## First Saturday Masses

Special Masses are offered on the first Saturday of every month at Saint Emily's. Rosary will be at 9:45 am, Mass at 10 am, and confessions at 10:30 am. First Saturday devotions are a request from Our Lady of Fatima who promises to assist at the hour of death with the graces necessary for salvation to those who go to confession, receive communion, and pray a rosary on first Saturdays.

## Morning Men's Group

Looking for a community of men to grow in faith with? Join That Man is You every Friday morning at 6:30 am in the social hall. TMIY will resume September 15. This year's program is titled "Worthy of the Call." The fall sessions will include the second series of "Mysteries of the Rosary," where we will focus on the Joyful Mysteries during the season of Advent. This year promises another set of great speakers, and topics that will help deepen our faith, and prepare us for life in the Church, and the world. We have all been called; take this as your personal invitation to join us on Friday mornings.

St Paul urges us to live a life worthy of the calling we have received and to put on our new nature in Jesus Christ. He calls us to mature manhood! As men of God, we must embrace this call to heroic love and sacrifice for our spouse, children, Church and society. This Advent, take a beautiful journey with us to the Holy Land for the Joyful Mysteries of the Rosary. We live in a time of great crisis with many tormented with desolation and desire. The world is in desperate need of a joyful Christian witness. That Man is You!

## Staff Contact

**Father David Forsman**, Pastor  
(218) 692-3731

**Gwendoline Gabrio**, Music and Liturgy Director, IHC  
gwendoline.gabrio@duluthcatholic.org

**Nathan Young**, Director of Faith Formation  
nathan.young@duluthcatholic.org

**Karen Gray**, Youth and Parish Minister  
karen.gray@duluthcatholic.org

**Mary Hagen**, Business Manager, IHC  
mary.hagen@duluthcatholic.org

**Kayleen Fletcher**, Secretary & Liturgy, SE  
kayleen.fletcher@duluthcatholic.org

**Paula Fletcher**, Bookkeeper, SE  
paula.fletcher@duluthcatholic.org

**IHC Office** (218) 692-3731

**Saint Emily Office** (218) 763-2101

## Daily Mass Schedule

The holy Mass is offered in our parish cluster every day except Monday.

**Tuesday:** 8:30 am (IHC)

**Wednesday:** 8:30 am (SE)

**Thursday:** 8:30 am (IHC)

**Friday:** 8:30 am (SE)

September 2 - September 3: Twenty-second Sunday in Ordinary Time

	<b>Saturday, 4:00 PM</b> (Immaculate Heart Church)	<b>Sunday, 8:30 AM</b> (Immaculate Heart Church)
<b>Sacristan</b>	Joan Johnson	Stephanie Nierenhausen
<b>Server(s)</b>		Hallie Hoheisel (1) Hannah Thell (2) Henry Thell (3) Adelle Seeker (4)
<b>Lector</b>	Joseph Christensen (1)	Susan Koering (1)
<b>Extraordinary Minister</b>	Betty Schlapkohl - Host Linda Walinski - Host Mary Lee Illies - Cup (1) Anita Boldt - Cup (2)	Jeffrey Hoag - Host Krisi Roy - Host Colleen Fisher - Cup (1) Patsy Ahlschlager - Cup (2) Kathy Lee - Cup (3) Tim Dircks - Cup (4)
<b>Usher</b>	Pat O'Neil Pete Rolfes Gary Vilella Butch Voigt	Terry Fisher Bill Floerchinger David Rudberg Mic Tchida
<b>Cantor</b>	Jess Beste Lisa Hanowski	Praise and Worship Group
<b>Accompanist</b>	Gwendoline Gabrio	Praise and Worship Group

September 9 - September 10: Twenty-third Sunday in Ordinary Time

	<b>Saturday, 4:00 PM</b> (Immaculate Heart Church)	<b>Sunday, 8:30 AM</b> (Immaculate Heart Church)
<b>Sacristan</b>	Peter Abler	Tracy Tschida
<b>Server(s)</b>		Levi Merta (1) Ava Merta (2) Gabrielle Vershey (3) Shane Ganley (4)
<b>Lector</b>	Colleen Schneider (1)	Maggie Thell (1)
<b>Extraordinary Minister</b>	Polly Abler - Host Jill Anderson - Host Shelly Boles - Cup (1) Betty Schlapkohl - Cup (2)	Mary Conger - Host Kas Kunkel - Host Krisi Roy - Cup (1) Nicole Polchow - Cup (2) Karen Gray - Cup (3) Diane Wiczek - Cup (4)
<b>Usher</b>	Maggie Bragg Gary Gilman Richard Kozelka Marty Paradeis	Jack Gray Craig Polchow Nick Roy Grady Roy
<b>Cantor</b>	Janet and Tom Craig	Chrissy Thell
<b>Accompanist</b>	Janet and Tom Craig	Jeanne Carlson

September 16 - September 17: Twenty-fourth Sunday in Ordinary Time

	<b>Saturday, 4:00 PM</b> (Immaculate Heart Church)	<b>Sunday, 8:30 AM</b> (Immaculate Heart Church)
<b>Sacristan</b>	Joan Johnson	Stephanie Nierenhausen
<b>Server(s)</b>		Michael Organista (1) Becca Polchow (2) Aubrey Aspelin (3) Levi Merta (4)
<b>Lector</b>	Anthony Leifeld (1)	Bruce Cunningham (1)
<b>Extraordinary Minister</b>	Anita Boldt - Host Mary Lee Illies - Host Marty Paradeis - Cup (1) Linda Walinski - Cup (2)	Tim Dircks - Host Nicole Polchow - Host Pamela Cunningham - Cup (1) Diane Lee - Cup (2) Jim Lee - Cup (3) Patsy Ahlschlager - Cup (4)
<b>Usher</b>	Maggie Bragg Pete Rolfes Gary Vilella Butch Voigt	Kenneth Stoltman Vonnice Stoltman Kitty Young Glen Young
<b>Cantor</b>	Tony Coffey	Choir
<b>Accompanist</b>	Gwendoline Gabrio	Jeanne Carlson

**September 23 - September 24: Twenty-fifth Sunday in Ordinary Time**

	<b>Saturday, 4:00 PM</b> (Immaculate Heart Church)	<b>Sunday, 8:30 AM</b> (Immaculate Heart Church)
<b>Sacristan</b>	Peter Abler	Tracy Tschida
<b>Server(s)</b>		Hannah Thell (1) Henry Thell (2) Hallie Hoheisel (3) Adelle Seeker (4)
<b>Lector</b>	Mary Kay Kendall (1)	Paul Thiede (1)
<b>Extraordinary Minister</b>	Polly Abler - Host Shelly Boles - Host Linda Walinski - Cup (1) Jill Anderson - Cup (2)	Colleen Fisher - Host Karen Gray - Host Diane Wiczek - Cup (1) Helen Jubert - Cup (2) Karla Kniefel - Cup (3) Kas Kunkel - Cup (4)
<b>Usher</b>	Maggie Bragg Pat O'Neil Pete Rolfes Butch Voigt	Terry Fisher Jack Gray Craig Polchow David Rudberg
<b>Cantor</b>	Jess Beste Lisa Hanowski	Mary Hagen Rosie Justison
<b>Accompanist</b>	Gwendoline Gabrio	Jeanne Carlson

**September 30 - October 1: Twenty-sixth Sunday in Ordinary Time**

	<b>Saturday, 4:00 PM</b> (Immaculate Heart Church)	<b>Sunday, 8:30 AM</b> (Immaculate Heart Church)
<b>Sacristan</b>	Joan Johnson	Tracy Tschida
<b>Server(s)</b>		Maggie Thell (1) Hannah Thell (2) Henry Thell (3) Leo Heroff (4)
<b>Lector</b>	Hank Scheinost (1)	Joseph Christensen (1)
<b>Extraordinary Minister</b>	Pamela Cunningham - Host Betty Schlapkohl - Host Mary Lee Illies - Cup (1) Anita Boldt - Cup (2)	Kathy Lee - Host Nicole Polchow - Host Jeffrey Hoag - Cup (1) Mary Conger - Cup (2) Kelly Conger - Cup (3) Patsy Ahlschlager - Cup (4)
<b>Usher</b>	Gary Gilman Richard Kozelka Pat O'Neil Gary Villella	Bill Floerchinger Craig Polchow Nick Roy Mic Tchida
<b>Cantor</b>	Mick Bourassa	Praise and Worship Group
<b>Accompanist</b>	Gwendoline Gabrio	Praise and Worship Group

**October 7 - October 8: Twenty-seventh Sunday in Ordinary Time**

	<b>Saturday, 4:00 PM</b> (Immaculate Heart Church)	<b>Sunday, 8:30 AM</b> (Immaculate Heart Church)
<b>Sacristan</b>	Jill Anderson	Stephanie Nierenhausen
<b>Server(s)</b>		Levi Merta (1) Ava Merta (2) Gabrielle Vershey (3) Michael Organista (4)
<b>Lector</b>	Dennis Wintheiser (1)	Bruce Cunningham (1)
<b>Extraordinary Minister</b>	Jeffrey Hoag - Host Marty Paradeis - Host Marie Schmid - Cup (1) Shelly Boles - Cup (2)	Pamela Cunningham - Host Tim Dircks - Host Karen Gray - Cup (1) Diane Lee - Cup (2) Jim Lee - Cup (3) Diane Wiczek - Cup (4)
<b>Usher</b>	Gary Gilman Pat O'Neil Pete Rolfes Butch Voigt	Vonnie Stoltman Kenneth Stoltman Glen Young Kitty Young
<b>Cantor</b>	Tony Coffey	<b>NOT FILLED</b>
<b>Accompanist</b>	Gwendoline Gabrio	Jeanne Carlson



October 14 - October 15: Twenty-eighth Sunday in Ordinary Time

	<b>Saturday, 4:00 PM</b> (Immaculate Heart Church)	<b>Sunday, 8:30 AM</b> (Immaculate Heart Church)
<b>Sacristan</b>	Marie Schmid	Kelly Conger
<b>Server(s)</b>		Maggie Thell (1) Leo Heroff (2) Adelle Seeker (3) Hallie Hoheisel (4)
<b>Lector</b>	Anthony Leifeld (1)	Jeffrey Hoag (1)
<b>Extraordinary Minister</b>	Polly Abler - Host Marie Schmid - Host Betty Schlapkohl - Cup (1) Marty Paradeis - Cup (2)	Diane Lee - Host Jim Lee - Host Mary Conger - Cup (1) Krisi Roy - Cup (2) Colleen Fisher - Cup (3) Helen Jubert - Cup (4)
<b>Usher</b>	Maggie Bragg Gary Gilman Richard Kozelka Gary Villella	Terry Fisher Nick Roy Grady Roy Mic Tchida
<b>Cantor</b>	Quartet	Quartet

October 21 - October 22: Twenty-ninth Sunday in Ordinary Time

	<b>Saturday, 4:00 PM</b> (Immaculate Heart Church)	<b>Sunday, 8:30 AM</b> (Immaculate Heart Church)
<b>Sacristan</b>	Lisa Poirer	Nicole Polchow
<b>Server(s)</b>		Henry Thell (1) Michael Organista (2) Shane Ganley (3) Chloe Jensen (4)
<b>Lector</b>	Mary Kay Kendall (1)	Kas Kunkel (1)
<b>Extraordinary Minister</b>	Shelly Boles - Host Betty Schlapkohl - Host Linda Walinski - Cup (1) Mary Lee Illies - Cup (2)	Patsy Ahlschlager - Host Diane Wiczek - Host Pamela Cunningham - Cup (1) Karla Kniefel - Cup (2) Jeffrey Hoag - Cup (3) Nicole Polchow - Cup (4)
<b>Usher</b>	Richard Kozelka Pat O'Neil Pete Rolfes Butch Voigt	Bill Floerchinger Craig Polchow Kitty Young Glen Young
<b>Cantor</b>	Jess Beste Lisa Hanowski	Choir
<b>Accompanist</b>	Gwendoline Gabrio	Jeanne Carlson

October 28 - November 1

	<b>Saturday, 4:00 PM</b> (Immaculate Heart Church) <b>Thirtieth Sunday in Ordinary Time</b>	<b>Sunday, 8:30 AM</b> (Immaculate Heart Church) <b>Thirtieth Sunday in Ordinary Time</b>	<b>Wednesday, 6:00 PM</b> <b>All Saint's Day</b>
<b>Sacristan</b>	Linda Walinski	Mary Conger	Lisa Poirer
<b>Server(s)</b>		Maggie Thell (1) Aubrey Aspelin (2) Hallie Hoheisel (3) Gabrielle Vershey (4)	
<b>Lector</b>	Hank Scheinost (1)	Kelly Conger (1)	Maggie Thell (1)
<b>Extraordinary Minister</b>	Anita Boldt - Host Mary Lee Illies - Host Marie Schmid - Cup (1) Linda Walinski - Cup (2)	Helen Jubert - Host Karla Kniefel - Host Colleen Fisher - Cup (1) Karen Gray - Cup (2) Kathy Lee - Cup (3) Tim Dircks - Cup (4)	Krisi Roy - Host Betty Schlapkohl - Host Kas Kunkel - Cup (1) Anita Boldt - Cup (2)
<b>Usher</b>	Maggie Bragg Richard Kozelka Marty Paradeis Gary Villella	Terry Fisher David Rudberg Kenneth Stoltman Vonnie Stoltman	Pat O'Neil Pete Rolfes Glen Young Kitty Young
<b>Cantor</b>	Mick Bourassa	Chrissy Thell	Chrissy Thell
<b>Accompanist</b>	Gwendoline Gabrio	Jeanne Carlson	Gwendoline Gabrio



# Diocese of Duluth | Daily Prayer Calendar for Vocations

Day 1 of the Month	Day 2 of the Month	Day 3 of the Month	Day 4 of the Month	Day 5 of the Month	Day 6 of the Month	Day 7 of the Month
Pope Francis	Fr. Michael Arms Fr. Pio Antonio Fr. Keith Bertram Deacon Dennis Anderson Deacon Chico Anderson Zavier Franck (sem)	Fr. James Bissonette Fr. Jeremy Bock Fr. Eamonn Boland Dcn. Ralph Bakeberg Deacon Michael Barla John Paul Narog (sem)	Fr. Charles Brambilla Fr. Beau Braun Deacon Bryan Bassa Deacon Walter Beier Deacon Eugene Biever	Fr. Anthony Craig Fr. Daniel Dahlberg Fr. Steven Daigle Deacon Gerald Book	Fr. Timothy Deutsch Fr. John Doyle Bishop Daniel J. Felton Deacon Rodger Brannan Deacon David Brown Deacon Jacob Toma	Fr. William Fider Fr. Justin Fish Fr. Charles Flynn Deacon James Clack Deacon David Craig Jacob Tschida (sem)
Day 8 of the Month	Day 9 of the Month	Day 10 of the Month	Day 11 of the Month	Day 12 of the Month	Day 13 of the Month	Day 14 of the Month
Fr. David Forsman Fr. Thomas Foster Fr. William Fournier Dcn. Joseph DesMarais Deacon Timothy Egan Charles Gibeau (sem)	Fr. Charles Frieböhl Fr. Albert Paul Fruth Fr. Ronald Gagne Dcn. Michael Eisenbraun Deacon Kyle Eller Deacon Jack Ferris Michael Fitzpatrick (sem)	Fr. Thomas Galarneau Fr. Michael Garry Fr. Elias Gieske Deacon John Foucault Deacon Thomas Freece Deacon Daniel Goshey David Ringhan (sem)	Fr. Seth Gogolin Fr. William Graham Fr. Benjamin Hadrich Deacon Ron Guertin Deacon Keith Grow Deacon Bill Hafahl Benjamin Sundlie (sem)	Fr. Daniel Hammer Fr. Joel Hastings Fr. Dennis Hoffman Deacon Steven Hedlund Deacon Gregory Hutar Deacon Lyle Johnson Isaac Golen (sem)	Fr. Lawrence Johnson Fr. Francis Kabiru Fr. Andy Knop, OMI Deacon Richard Johnston Deacon James Kirzeder Deacon Timothy Kittleson	Fr. Richard Kunst Fr. Steven LaFlamme Fr. Peter Lambert Deacon Donald Klick Deacon Michael Knuth Dcn. Michael Koecheler
Day 15 of the Month	Day 16 of the Month	Day 17 of the Month	Day 18 of the Month	Day 19 of the Month	Day 20 of the Month	Day 21 of the Month
Fr. Steven Langenbrunner Fr. Roy Lepak Fr. Michael Lyons Deacon John Kroll Deacon Thomas Kubat Dcn. Richard Laumeyer	Fr. Kristoffer McKusky Fr. Timothy Lange Fr. Matthew Miller Deacon Roger Marks Deacon Michael Marvin Deacon Philip Mayer	Fr. Brandon Moravitz Fr. Lloyd Mudrak Fr. Dale Nau Deacon Richard Moravitz Deacon James Mostek	Fr. KK Nediakala, MCBS Fr. Nicholas Nelson Fr. John O'Donnell Deacon Peter Mueller Sisters of St. Scholastica	Fr. Scott Padmos Fr. Michael Patullo Fr. Trevor Peterson Deacon Barry Olson Handmaids of the Heart of Jesus	Fr. John Petrich Fr. Blake Rozier Fr. Michael Schmitz Deacon Richard Paine Deacon Scott Peters Deacon James Philbin	Fr. Brian Schultz Fr. Robert Sipe Fr. Joseph Sirba Deacon Carl Provost Deacon Mark Pulkrabek Deacon Herbert Ramsey
Day 22 of the Month	Day 23 of the Month	Day 24 of the Month	Day 25 of the Month	Day 26 of the Month	Day 27 of the Month	Day 28 of the Month
Fr. William Skarich Fr. Joseph Sobolik Fr. Stephen Solors Dcn. Raymond Sampson Deacon Steve Schuler	Fr. Noel Stretton Fr. Paul Strommer Deacon Daniel Schultz Deacon Paul Sever Deacon Mark Skala	Msgr. Alek Suchan Fr. Seamus Walsh Dcn. Jon Skansgaard Deacon John Specht Deacon William Stein	Fr. Daniel Weiske Deacon Anthony Stone Deacon Grant Toma Deacon John Weiske	Fr. Jerome Weiss Fr. Anthony Wroblewski Fr. George Zeck Deacon Charles Welte Deacon Ted Windus	All Deacons' Wives All Deacon Candidates	All Religious Sisters from our Diocese
Day 29 of the Month	Day 30 of the Month	Day 31 of the Month	<i>Prayer for Vocations</i> Almighty Father, we beg You for an increase in religious vocations and holy marriages in our diocese. Help us to be generous in our response to your call. Choose from our homes those who are needed for your work and strengthen us with the courage to say "yes" and to follow You. Help us as a diocese, as a parish, as families to encourage and foster vocations to the priesthood, permanent diaconate, and consecrated life. We commend our prayers to our patroness, Mary, Queen of the Rosary, and ask this through Jesus Christ our Lord, Amen.			
All deceased priests	All deceased deacons	Young Men who are Future Seminarians Young Men and Women who are Future Religious	<i>Thank you for your prayers!</i> Please add to another day those prayer intentions that fall on days that do not occur within the shorter months.			

Father Nick Nelson, Director of Vocations, Diocese of Duluth | 218-879-6793 | fr.nicholas.nelson@duluthcatholic.org





IHC students and alumni helping at Camp Survive week 2

## *Monthly Papal Prayers*

# SEPT

### **For people living on the margins**

We pray for those persons living on the margins of society, in inhumane life conditions; may they not be overlooked by institutions and never considered of lesser importance.

# OCT

### **For the Synod**

We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world.

## **The Messenger is for *YOU***

We would love to include articles, photos, or questions that you have. Help us make this newsletter reflect our liveliness and variety of our parish cluster! Please submit articles and photos that are pertinent to our parish cluster to Nathan | [nathan.young@duluthcatholic.org](mailto:nathan.young@duluthcatholic.org)





# *Scenes from Parish Life*



Totus Tuus high school program



Jacob Tschida sharing about Rome  
and the story of St Peter



New statue of St Faustina in the  
Immaculate Heart social hall

**Postmaster: Please deliver by Aug. 28**

### *The Seven Sorrows of the Blessed Virgin Mary*

*The First Sorrow: Simeon's Prophecy that a sword will pierce Mary's heart.*

*The Second Sorrow: The flight into Egypt*

*The Third Sorrow: The loss of the child Jesus in Jerusalem.*

*The Fourth Sorrow: The meeting of Mary and Jesus on the way of the cross.*

*The Fifth Sorrow: Mary witnesses the crucifixion of Jesus.*

*The Sixth Sorrow: The dead body of Jesus is laid in Mary's arms.*

*The Seventh Sorrow: Jesus is laid in the tomb with Mary's tears and loneliness.*

**Mary's promises to those who pray Hail Marys while meditating on these sorrows:**

1. I will grant peace to their families.
2. They will be enlightened about the Divine Mysteries.
3. I will console them in their pains and I will accompany them in their work.
4. I will give them as much as they ask for as long as it does not oppose the adorable will of my Divine Son or the sanctification of their souls.
5. I will defend them in their spiritual battles with the infernal enemy and I will protect them at every instant of their lives.
6. I will visibly help them at the moment of their death—they will see the face of their mother.
7. I have obtained this grace from my divine Son, that those who propagate this devotion to my tears and dolors will be taken directly from this earthly life to eternal happiness, since all their sins will be forgiven and my Son and I will be their eternal consolation and joy.