



- Sign of the cross
- The Apostles' Creed

- Our Father

- Hail Mary - The quantity follows the number of knots:
 - 3 in the beginning for the virtues of Faith, Hope and Charity
 - 10 in each decade
- Glory be
- Fatima prayer (Optional)

- Hail, holy Queen (In the end of the Rosary)

- Sign of the cross
- The Apostles' Creed

Sign of the cross:

In the name of the Father and of the Son and of the Holy Spirit.

The Apostles' Creed:

I believe in God, the Father, Almighty, Creator of Heaven and Earth, and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried.

He descended into Hell.

On the third day He rose again.

He ascended into Heaven and is seated at the right-hand of God the Father Almighty.

From thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.

Amen.

- Our Father

Our Father:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. Amen.

- Hail Mary
- Glory be
- Fatima prayer

Hail Mary:

Hail, Mary, full of grace, the Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

Glory be:

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima prayer:

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of your Mercy. Amen.

- Hail, holy Queen (In the end of the Rosary)

Hail, holy Queen:

Hail, holy Queen, mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Amen.

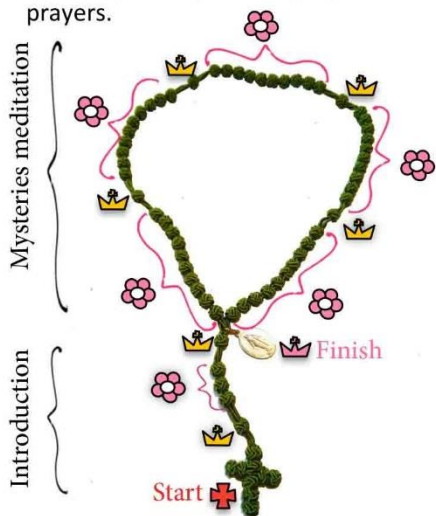




myrosary.org

How to pray the rosary

The rosary prayer consists in meditate the most important moments of the Christian faith (mysteries) while saying traditional prayers.



- Sign of the cross
- The Apostles' Creed



- Our Father – in the introduction and in the beginning of each decade (mystery meditation)



- Hail Mary - The quantity follows the number of knots:
 - 3 in the introduction for the virtues of Faith, Hope and Charity
 - 10 in each decade (mystery meditation)
- Glory be
- Fatima prayer (Optional)



- Hail, holy Queen - In the end of the rosary

Joyful Mysteries (Monday and Saturday)



1.The annunciation



2.The visitation



3.The birth of Our Lord



4.The presentation in the Temple



5.The finding of Jesus in the temple

Luminous Mysteries (Thursday)



1.The baptism in the Jordan



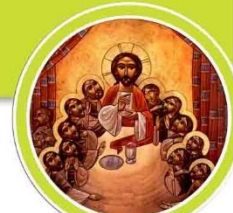
2.The wedding feast of Cana



3.The proclamation of the kingdom of God



4.The transfiguration



5.The institution of the Eucharist

Sorrowful Mysteries (Tuesday and Friday)



1.The agony in The garden



2.The scourging at the pillar



3.The crowning with thorns



4.The carrying of the cross



5.The crucifixion

Glorious Mysteries (Sunday and Wednesday)



1.The resurrection



2.The ascension



3.The descent of the Holy Spirit



4.The assumption



5.The crowning of Our Lady