## ORLANDO DIOCESAN COUNCIL OF CATHOLIC WOMEN MEMBER VOLUNTEER HOURS

WEEK ONE	Spirituality	Leadership	Service
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
TOTALS			

WEEK THREE	Spirituality	Leadership	Service
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
TOTALS			

WEEK FIVE	Spirituality	Leadership	Service
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
TOTALS			

WEEK TWO	Spirituality	Leadership	Service
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
TOTALS			

WEEK FOUR	Spirituality	Leadership	Service
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
TOTALS			

NAME		
MONTH	YEAR	

	Spirituality	Leadership	Service
<b>TOTALS</b>			

**Spirituality:** Service to parish or Council for liturgical celebrations, religious education, vocation promotion, sacramental preparation, lecturing, ministers of Holy Communion, ministering to the sick, hospitality, altar care, grief ministry, choir, religious articles store, Church office work.

Voter registration, issue education programs (speakers/workshops), community advocacy for schools, parks, public services, letter writing campaigns, state legislative days, etc.

**Service:** Outreach to families, community or International projects, such as: children, family, new mothers, seniors, crisis pregnancy centers, support for nursing homes, children's grief centers, sewing or knitting for nursing homes, hospitals, pregnancy centers, working in parish thrift shop or food pantry, domestic violence shelters, homeless shelters, prison ministry, tutoring programs,

outreach to rural communities, respite, support to schools, care of the environment, fund raising for service projects (i.e., CRS, pregnancy resources, etc.), ELS, advocacy relating to issues such as human trafficking, Sister Diocese, etc.

**Leadership:** Preparation of newsletters and brochures, typing minutes, publicity, preparing for a meeting, time at leadership symposiums, deanery workshops, and Personal Development Days.