ST. ANTHONY'S NEWSLETTER

Featuring news and articles from St. Anthony's and St. Pius X Parishes

Let your words teach and your actions speak." "Actions speak louder than words: From a Sermon by St. Anthony of Padua

Issue 52 - Spring 2021

Father William Skarich

Deacons: Greg Hutar Don Klick Rick Moravitz

Babbitt, Minnesota St. Pius X Parish 15 Ash Boulevard

231 East Camp Street Ely, Minnesota

(218) 365.4017

St. Anthony Parish

(218) 827-2291

Mass Schedule

Tuesday, Thursday, Friday --Sunday – 10:00 AM 8 AM

Saturday - 5:00 PM

Sunday - 8:00 AM Wednesday - 8 AM

Father Daniel Felton named bishop for Duluth Diocese

Apr 7, 2021

ordination and installation as bishop of Duluth have been set for May 20. Diocese of Green Bay, Wis., to become the tenth bishop of the Diocese of Duluth. His episcopal Today, the Holy See announced that Pope Francis has named the Very Rev. Daniel Felton, of the

children and attended St. Edward School in Mackville, Wis., and Appleton the curia for the Diocese of Green Bay since 2014, was born Feb. 5, Bishop-elect Felton, who has served as vicar general and moderator of in De Pere, Wis., in religious studies and psychology; a master's degree West in Appleton. He holds a bachelor's degree from St. Norbert College 1955. He is the son of Carol and the late Ken Felton and the oldest of five sacred theology and a master's degree in social communications from in theology from St. John University, Collegeville; and a licentiate of the Gregorian University in Rome.

Oshkosh, and St. Francis of Assisi Parish in Manitowoc. Father Felton have included Holy Innocents in Manitowoc, St. Raphael the Archangel in Aloysius Wycislo for the Green Bay Diocese. His parish assignments Bishop-elect Felton was ordained a priest on June 13, 1981, by Bishop

Bishop-elect Daniel Felton

was also the director of affiliate affairs for the Catholic Telecommunications Network of America

Father Felton serves as a member of the diocesan College of Consultors, Presbyteral Council, Bishop Silver Lake College Board of Directors. He is also a member of the National Advisory Council of the Advisory Council, Personnel Board, Diocesan Finance Council, St. Norbert Board of Trustees, and U.S. Conference of Catholic Bishops.

look forward to getting to know Bishop-elect Felton and beginning this new chapter in our walk of faith season," said the Very Rev. James Bissonette, diocesan administrator for the Diocese of Duluth. "We "We are grateful to our Holy Father, Pope Francis, for sending us our next bishop in this joyful Easter together under his leadership as our next shepherd."

Bishop-elect Felton succeeds the late Bishop Paul Sirba, who died Dec. 1, 2019.

The Diocese of Duluth serves the 10 counties of northeastern Minnesota with more than 44,000 Catholics and 71 parishes.

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St. Anthony Pray for Us

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Onfailing Prayer to St. Anthony

O Holy St. Anthony, gentlest of Saints, your love for God and Charity for His creatures made you worthy, when on earth, to possess miraculous powers. Encouraged by this thought, I implore you to obtain for me (request). O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant

Jesus, who loved to be folded in your arms; and the gratitude of my heart will ever be yours. Amen.

God is just a prayer away.
This little card will
be a humble
source of
inspiration.



Pastoral Team

Rev. William Skarich, Pastor; Deacon Don Klick, Deacon Greg Hutar, Deacon Rick Moravitz

ST PIUS X PASTORAL COUNCIL

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Tony Roethler Dave Serena

The Miracle of Lourdes

and healing for millions of pilgrims who visit there each year. Bernadette Soubirous, announcing: "I am the Immaculate the grotto. That spring was soon to become a fountain of faith, hope Conception." Mary helped Bernadette discover a hidden spring at France. Mary appeared 18 times to a young woman named It began in 1858, at a grotto near a little village in southwestern

66 miraculous cures there, and thousands more have been reported. peace in coming to understand and accept God's will for them. And for many others, Lourdes is the place where they have found Lourdes is truly a place of healing. The Church recognizes

comfort through Our Lady of Lourdes. To all who are sick in body or spirit, the Lord brings hope and

> St. Pius X Catholic Church

Physical Site 15 Ash Blvd,

218-827-2291 Babbitt, MN 55706

Ely, MN 55731-1495 231 E Camp St **Mailing Address** 218-365-4017

Mass Schedule

Wednesday: 8:00 AM Sunday: 8:00 AM

2nd Friday: 10:30 AM at Carefree Living,

Confession

or by appointment Wednesday: 7:30 AM Sunday: 7:30 AM





St Anthony

231 E Camp St • Ely, MN 55731



www.stanthonysely.org Facebook: StAnthonysEly

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WEBSITE

different organizations and programs in the parish. The address for this site is mass and reconciliation times, blog, information on parishioners and others of the schedule of events, St. Anthony's now has a website to advise

https://www.stanthonysely.org/ministry-finder

MEALS-ON-WHEELS PROGRAM WANTED - DRIVERS FOR ELY

Please consider volunteering your time Minimal time commitment call Sharon at 365-6734 For more information in this worthy cause

Wednesdays - Mass Ely Nursing Home 2:30 PM

Thursdays -Adoration then begins at 1:30 PM Except when there is a funeral on that day Begins immediately after the 8:00 AM Mass **Eucharistic Adoration**

Sundays - Rosary Ely Nursing Home 2:30 PM

PARISH STATISTICS ST. ANTHONY

FUNERALS Robert "Bob" Niskala (Date of Death) January 13, 2021

BAPTISMS

Sylas Xavier Scharber February 28, 2021 Kaiya Rose Kerntz Patrick Kerntz and McKenzie Peterson Ryan and Stefanie Scharber February 28, 2021

Parishioners - if you would like to see something in the newsletter, please contact Pat at 365-5630 or Mary Ann at 365-4927 or your parish office.

Our Catholic Care Facilitator can help you parish office for any of your needs. arrange a visit. Please contact Heidi in the connect with services, find you assistance, or

of need. clergy are also available for you in your time contact Stefanie in the parish office. Our or someone you know, may be interested hospital? Homebound and need help? St. visits, Communion, or healing prayer. If Anthony's offers outreach such as home Are you in need of a visit? Entering the you,

MINISTRY TO THE SICK/HOMEBOUND:

home if you are unable to attend Mass. may need. Eucharist can be brought to your Prayers, Communion, and any assistance you

church office or submit your request online at and disbursed through a system of prayer a loved one may have. Requests are gathered free to call or email with any intention you or concerns with this network of prayer. Feel PRAYER CHAIN: Share your needs and Requests. www.stanthonysely.org > Seek > Prayer volunteers. Please contact Stefanie in the

ADORATION AT ST. ANTHONY'S EVERY THURSDAY 8:30 AM TO 8:00 PM

month to join us (or when you are able)! Life....consider committing to one Thursday a being called to the Priesthood or Religious Rosary said every Thursday at 7pm for those

Jesus tells us: Ask, Seek, Knock

help them hear and answer HIM! The harvest is there; we must PRAY to

St. Anthony's Church Council of Catholic Women Marilynn Klick, President

2021 has arrived. Not sure how things will develop, We still do not have any plans, but all women are welcome to join St. Anthony's Council of Catholic Women. We will not be having the thrift sale this spring, but I am hopeful that we will be able to have one in the fall. Hopefully we can resume meetings in the fall and have our Christmas luncheon. Watch the bulletin for any updates.

The meetings are usually the 4° Tuesday of every month (January, February, March, April, May, August, September, October, and November) at 1 pm in one of the classrooms in the fellowship hall. Even if you do not think meetings are for you, come and try it at least once. If meetings really are not your cup of tea, sign up for one of our activities. We are always looking for innovative ideas and new people. Everyone is welcome.

Even though we are in a holding pattern now, you can contact me at 218-365-6144 if you have any questions.

The article below is from the most recent issue of the magazine of the National Council of Catholic Women Catholic Woman. With the upcoming month of May and St. Anthony's CCW's devotion to Mary, I thought it might be worth sharing.

MARY'S PROMISES

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Kathleen Penno, Spirituality Commission Chair

"Wonder not that until now you have obtained so little fruit by your labors, you have spent them on a barren soil, not yet watered with the dew of divine grace." These are the words of the Blessed Virgin to St. Dominic when she appeared to him in Prouille, France in 1206, as written in *The Rosary.* "The Little Summa," by Robert Feeney. Giving him the rosary, Mary said, "Preach my Psalter (rosary)...and you will obtain an abundant harvest."

Truly, we are called to pray and promote the rosary with perseverance. The mysteries of the Rosary teach us how to live in our joys, our works, and especially our sorrows, for the sake of salvation and glory of God. Spiritual dryness and discouragement tempt us to stop praying but let us remember Christ in the Garden of Gethsemane. In agony, he prayed even longer.

Therefore, let us heed Mary's call to pray the rosary every day. Like the saints and blessed who came before us, we too can help spread the dew of divine grace.

Should we have doubts, consider Mary's 15 promises mentioned in Fenney's book for all Christians who recite this powerful prayer devoutly:

- 1 I promise my special protection and the greatest graces
- Those who shall persevere in the recitation of my rosary shall receive some signal grace.
- The rosary shall be a very powerful armor against hell, it will destroy vice, decrease sin, and defeat heresy.
- 4. The rosary will cause virtue and good works to flourish and will obtain for souls the most abundant divine mercies; it will withdraw the hearts of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means!
- Those who trust themselves to me through the rosary shall not perish.
- 6. Whoever shall recite the rosary devoutly, applying (themselves) to the consideration of its sacred mysteries shall never be conquered by misfortune. God will not chastise (her) in His justice, (she) shall not perish by an unprovided death; if (she) be just (she) shall remain in the grace of God, and become worthy of eternal life.
- Whoever shall have a true devotion for the rosary shall not die without the Sacraments of the Church.
- 8. Those who are faithful to recite the rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.
- I will deliver very promptly from purgatory the souls devoted to my rosary.
- The faithful children of my rosary shall merit a high degree of glory in heaven.
- What you ask through my rosary, you shall obtain.
- All those who propagate my rosary shall be aided by me in all their necessities
- 13. I have obtained from my Divine Son that all the advocates of the rosary shall have for intercessors the entire celestial court during their life and at the hour of their death.
- Those who recite my rosary faithfully are all my beloved children, the brothers and sisters of Jesus Christ.
- Devotion to my rosary is a great sign of predestination.

From Deacon Don Klick

The late Father John J. Dietzen was a question and answer columnist for Catholic News for over 35 years. The following question and answer on our Catholic faith is from his book titled: "Catholic Q&A Answers to the Most Common Questions about Catholicism".

Effect of the penitential rite at Mass

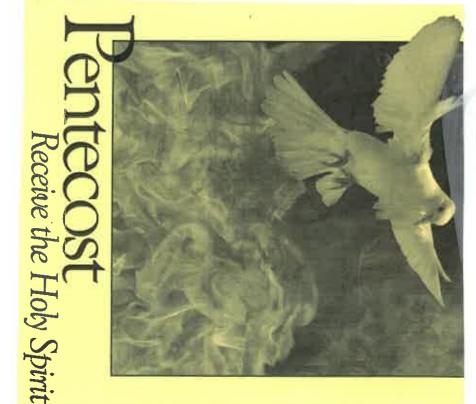
Question: I realize the importance of the sacrament of penance. What is the efficacy of other activities like prayer, and especially the penitential rite at the beginning of Mass? Is it a rite of penance? Does it have reconciliation effect? If not, what is its purpose?

Answer: It surely does have reconciliation effect. The church always lives in awareness that, however, filled it may be with the gifts of Christ, it is made up of people who unfortunately often fall into sin. Thus the church, "at the same time holy and always in need of purification, constantly pursues repentance and renewal." (Introduction to the Rite of Penance, 3. The references that follow here are to the same document)

part of the church's pursuit of reconciliation with God, with and through Jesus Christ. (Rite church mentions each of these explicitly as parts of the Mass, including the Eucharistic the penitential rite you mention and other adopt more fully the outlook of the Gospel. different ways," by enduring hardships, doing of Penance, 4 and 22). Prayer, the creed, and the Lamb of God. The of the eucharistic celebration, which includes Certainly not least are the penitential aspects works of mercy and charity, and trying to perfects this continual repentance in many people of God (the church) accomplishes and confession (7). But, as the rite puts it, "the (mortal) sin should be confessed to a priest in the teaching of the church is that any grave penance. As I explain in previous questions, forgiveness and healing is the sacrament of flagship, so to speak, of this pursuit of Next to the eucharistic sacrifice itself, the

To answer your question then, the penitential rite at Mass is effective for forgiveness and reconciliation. Unfortunately, we always want to go another step. How much "forgiveness" is available in each of these ways of reconciliation?

Just as we can't put a quantity on grace, on our sharing in the life of God, we can't place a pound or quart label on which of these is "more" forgiving. We are dealing with a God whose love for us goes beyond measure, who asks us to open ourselves to his mercy and redemptive love. We believe the church, guided by the Holy Spirit, tells us how, and helps us to move consciously and reverently into the presence of that mercy. The penitential rite of the Mass is among its ways of doing that.



ST. PIUS X CHURCH NEWS

Have a prayer request? Call Helen Scholl at 827-3263 to add it to our parish prayer network.

MISSION CIRCLE

St. Pius X Mission Circle will be reconvening October 1. We meet every Tuesday and Thursday from 9:00 AM to 12:00 Noon. We have sewing machines to use, so there is no need to bring your own.

HEALING PRAYER: We offer prayer by the tabernacle after weekend Masses for you or your loved ones. We can also arrange for a clergy member or parishioner to come to your home to pray with you.

MARK YOUR CALENDAR

April 14 - Faith Formation via Zoom, Grades 1-11

April 17 - Highway Clean-up

April 18 - Third Sunday of Easter Mass 5:00 PM St. Anthony's

Mass 8:00 AM St. Pius

Mass 10:00 AM St. Anthony's

June

26 - Mass 5:00 PM St. Anthony

April 19 - DEF Open Office Hours via Zoom 5-7:00 pm

April 23-25, Friday-Sunday: Evangelization Retreat April 21 -Faith Formation via Zoom, Grades 1-11

April 24 - Mass 5:00 PM St. Anthony's April 25 - Fourth Sunday of Easter

Mass 8:00 AM St. Pius

Mass 10:00 AM St. Anthony's Family Formation via Zoom, 5:30 pm

Faith Formation via Zoom, Grades 6-11

Knights of Columbus Pasty Sale Mass 5:00 PM St. Anthony's Confirmation Rehearsal, 9:00 am

May 2 -Mass 8:00 AM St. Pius Fifth Sunday of Easter

Mass 10:00 AM St. Anthony's

1st Sacraments Session via Zoom, 5:30 pm

May 5 Faith Formation Closing Night, 6:30 pm

May 8 -May 8 - 5:00 pm Mass St. Anthony's May 9 - Sixth Sunday of Easter

Mass 8:00 AM St. Pius Mass 10:00 AM St. Anthony's

HAPPY MOTHER'S DAY

May 15 - 1st Eucharist Rehearsal, 9:00 am Mass 5:00 PM St. Anthony's

May 16 - The Ascension of the Lord Mass 10:00 AM St. Anthony's Mass 8:00 AM St. Pius

First Eucharist, 10:00 am Mass

May 21 - Confirmation, 5:00 pm May 22 - Mass 5:00 pm. St. Anthony's May 23 - Pentecost Sunday

Birthday of the Church

Mass 10:00 am St. Anthony Mass 8:00 am St. Pius

29 - Mass 5:00 pm St. Anthony

May 30 - The Most Holy Trinity

Mass 10:00 am St. Anthony Mass 8:00 am St. Pius

May 31 - MEMORIAL DAY

June 5 - Mass 5:00 pm St. Anthony
June 6 - The Most Holy Body and Blood of Christ

Mass 8:00 am St. Pius

Mass 10:00 am St. Anthony June 12 - Mass 5:00 pm St. Anthony

13

- 11th Sunday Ordinary Time

Mass 8:00 am St. Pius Feast of St. Anthony of Padua

June 19 - Mass 5:00 pm St. Anthony Mass 10:00 am St. Anthony

> June 20 - 12th Sunday of Ordinary Time Mass 8:00 am St. Pius Mass 10:00 am St. Anthony HAPPY FATHER'S DAY

July 3 - Mass 5:00 pm St. Anthony June 27 - 13th Sunday of Ordinary Time Mass 8:00 am St. Pius Mass 10:00 am St. Anthony

HAPPY FOURTH OF JULY Mass 10:00 am St. Anthony July 4 - 14th Sunday of Ordinary Time

Mass 8:00 am St. Pius

July 11 - 15th Sunday of Ordinary Time Mass 8:00 am St. Pius July 10 - Mass 5:00 pm St. Anthony Mass 10:00 am St. Anthony

Florida Judge Sets "Atheist Holy Day!"

judge banged his gavel declaring the case Jews and their observances of holy days. and Passover Holy days. He hired an attorney to dismissed! passionate presentation by the client's lawyer, the a District Court Judge. After listening to the such recognized days. The case was brought before argument was that it was unfair that atheists had no bring a discrimination case against Christians and In Florida an atheist created a case against "Easter" The

Christmas, Easter and others. The Jews have Passover, Yom Kippur and Hanukkah, yet my client and all other atheists have no such holidays.... possibly dismiss this case? The Christians have the ruling saying "Your Honor, how can you The atheist's lawyer immediately stood objecting to

unaware of any special observance or holiday for atheists." The Judge said, "The calendar says April 'The fool says in his heart, there is no God.' Thus, it is the opinion of this court, that, if your client says The judge leaned forward over the bench saying, "But you do. Your client counselor is woefully ignorant." The lawyer said "Your Honor, we are 1st is his day. there is no God, then he is a fool. Therefore, April 1st is April Fool's Day, and Psalms 14:1 states,

Court is adjourned..."

it's already six in the evening. Barely the day started and...

Barely arrived on Monday and it's already Friday. and the month is already over.

... and the year is almost over.
... and already 40, 50 or 60 years of our lives have

and we realize it's too late to go back.. ... and we realize that we lost our parents, friends.

remaining time.. Let's try, despite everything, to enjoy the

Let's put some color in our grey... Let's keep looking for activities that we like

our hearts. Let's smile at the little things in life that put balm in

eliminate the afters... with serenity this time we have left. Let's try to And despite everything, we must continue to enjoy

I'm doing it after..

I'll think about it after.

We leave everything for later like "after" is ours

Afterwards, the coffee gets cold... Because what we don't understand is that:

afterwards, priorities change...

Afterwards, the charm is broken..

afterwards, health passes...

Afterwards, the kids grow up. Afterwards parents get old...

afterwards, the day becomes the night... Afterwards, promises are forgotten.

And then it's often too late. afterwards life ends...

Because still waiting see you later, we can lose the So... Let's leave nothing for later...

the best experiences, best moments.

best friends.

the best family...

The day is today... The moment is now...

We are no longer at the age where we can afford to postpone what needs to be done right away.

PRAYER FOR FRIENDSHIP



and adapting to His plans and timing. and safety during these trying times close. As always, God keeps us guessing in mind guidelines to ensure health activities are being planned keeping academic year quickly comes to a our youth in your prayers as the Please keep these students and all Confirmation on Friday, May 21st. Confirmands will be making their time on May 16th and our receiving the Eucharist for the first Our second grade students will be been preparing for first sacraments. formation classes and many have disrtance learning for their faith What an interesting start to 2021 we have had. Students have been busy Summer programs and

Amanda

God Bless,

Jesus, You no longer call us servants Thank You for blessing me but friends.

of sorrow and who celebrated with me throughout my life with friends who stood by me in moments of forgiveness and peace in moments of joy. You show us the way

whose friendship I injured through Help me be ever faithful and true Help me overcome my pride even as You stand by my side selfishness or insensitivity. and reach out to those when I lose my way

Above all help me be a friend to those I meet today who need to be reminded with hope and my life with meaning. Let me see You in the faces of those through whom You fill my heart of Your love.

Amen.

Father Joseph Veneroso, M.M.



Ę YOU HAVE TIME FOR GOD READ THIS ONLY

to an end the end. I am glad I did and was blessed when it came Let me tell you, make sure you read it all the way to

Important: Read it only if you have time for God

to the Garden of Eden and he was messing and One day Satan and Jesus were talking. Satan just went

They are all down! I set them up, used bait, I knew they couldn't resist. Yes sir. Just took a world full of people out there.

What are you going to do with them? Jesus asked.

will teach them how to marry Ah I'm going to have fun with them. Satan replied. I

And divorce,

how to hate

and abuse each other,

drink drink drink drink

invent guns and bombs to destroy each other. I'm really going to have fun! and smoke and of course I will teach them how to

Jesus asked him. And what will you do when you get tired of them?

I'll kill them. Satan said with a look full of hate

and they hate you. They will spit in your face curse How much? Jesus asked again. you and kill you. You don't like those people!! Why would you want to take them? You take them Ah, you don't like those people. They are not good. How much do you want for them? Jesus asked

Satan looked at Jesus and answered sarcastically:

All your blood, tears and your life.

Jesus said, done!

And that's how he paid the price.

I wonder how easy it is to disrespect God and then wonder why the world is going to hell.

Funny how someone can say "I believe in God" and

think of them than what God thinks. Funny how people can be more concerned what others

PRAYER IN HONOR OF ST. DYMPHINA

patron of those afflicted with mental, emotional Lord, my God, you chose St. Dymphna as heavenly in your loving kindness relief and consolation to all who are emotionally disturbed, and especially for and nervous disorders. Through her prayers grant

(Here mention those you wish to remember)

Through the merits of St. Dymphna, Virgin and Martyr, graciously accord to those for whom we pray patience in suffering, and resignation to your

Fill them with the gifts of your Holy Spirit, and obtain for them health of mind and body. We ask this through Christ, our Lord. Amen.

St. Dymphna for all who are emotionally distressed

274-280 W. Lincoln Ave., P.O. Box 598 Mount Vernon, NY 10551-0598 Franciscan Mission Associates H153

MAY GOD BLESS YOU GREAT!!!!!

10 things God didn't ask you:

- he will ask you how many people you have taken. God will not ask you what model car you used;
- house; he will ask you how many people you got in it. God will not ask you square meters of your God won't ask you for a clothing brand in your
- he'll asked if you earned it clean. God won't ask you how high your salary was;

closet; he will ask you how many you helped dress up

- ask you if you did your job with the best of your God won't ask you what your title was; he will
- 6- God won't ask you how many friends you had; he will ask you how many people considered you as his
- he'll ask you how you treated your neighbors God will not ask you which area you lived in;
- He will ask you about the purity of your interior. God will not ask you about the color of your skin;
- heaven, not to the gates of hell. salvation; He will take you with love to his home in God will not ask you why it took so long to seek
- shared this message; he will simply ask you if you were embarrassed to do so..... God won't ask you how many people you have

Jesus Christ said, " If you deny me before friends, I will deny you before my Father.

and your dreams, in Jesus name heart, your life, your home, your family, your projects Today is the day to bless you, I bless you, I bless your



A few important rules to teach your children.

- 1. It's okay to cry when you're hurt.
 But, wash your face, and get up off the floor when you're done. You don't belong down there.
- 2. You are a person, you do NOT need someone else, but you can absolutely enjoy your life with a good person.
- 3. Happiness is not a permanent state. Wholeness is Don't confuse these.
- 4. Never walk through an alley alone
- 5. 'Can't' is a cop-out
- Hold your heroes to a high standard. Be your own hero.
- 7. If you can't smile with your eyes, don't smile. Insincerity is nothing to aspire to.
- 8. Stay true to yourself always.
- 9. Your body, your rules.
- 10. If you have an opinion, you'd better know why.
- 11. Practice your passions
- 12. Ask for what you want. The worst thing they can say is no.
- 13. Wish on stars, and then get to work to make them happen.
- 14. Stay as sweet and strong as you are
- 15. Say Please, Thank You, and Pardon Me, whenever the situation warrants it.
- 16. Reserve "I'm sorry" for when you truly are!
- 17. Question everything ... except your own intuition.
- 18. You are amazing! Don't let anyone ever make you feel you are not. If someone does....walk away. You deserve better.
- 19. No matter where you are, you can always come home.
- 20. Be happy and remember your roots.
- 21. Say what you mean and mean what you say.
- 22. Be kind; treat others how you would like them to treat you.
- 23. If in doubt, remember whose child you are and straighten your crown

ANGELUS

- **V.** The angel of the Lord declared onto Mary.
- And she conceived of the Holy Spirit.
 Hail Mary . . .
- V. Behold the handmaid of the Lord.



- R. Let it be done to me according to your word.
- V. And the Word was made flesh

Hail Mary

- R. And dwelt among us. Hail Mary
- W. Pray for us, O holy Mother of God.
- **R.** That we may be made worthy of the promises of Christ.

Let us pray: O Lord, through the message of an angel we learned of the Incarnation of Christ, Your Son. Pour Your grace into our hearts, and by His passion and cross bring us to the glory of His Resurrection, through Christ, our Lord. Amen.

WORDS FROM

MOTHER TERESA

MOTHER TERESA SAID

"WE MUST NOT BE SURPRISED WHEN WE HEAR OF

MURDERS, O

OF HATRED.

OF KILLINGS, OF WARS,

IF A MOTHER CAN KILL

LEFT BUT FOR US TO KILL EACH OTHER?" AND, "A HAS LOST ITS SOUL." NATION THAT KILLS ITS CHILDREN IN THE WOMB OWN CHILD, WHAT IS



is better than just 'Thanksgiving' 'Thanksliving'

and 2021, not the least of which is the fear that life will never return to normal Challenges have been presented to all of us in 2020

It's been tough sometimes to be grateful, considering what is happening all around us.

cancel a long-awaited trip.
"Yes, I know it feels like so much has been taken from us. But there's still plenty of material to mine," she suggested. "Start by finding joy in small things. But I have an idea that a friend shared with me when I heard grumbling about not being able to go to a ballgame, or gathering with friends, or having to

you will get. Her point was simple: If you are not grateful for what you have, it is doubtful you will be grateful for what

you don't have."

Think of all that you have instead of wishing for what

adjust my attitude. But once I started listing what I was grateful for, I just kept going. I'll admit, at first it took some time and thought to

My list was pretty long. And most of the items were not "things" at all. They were the people and experiences in my life. They were the people and

I'm betting that all of you can make a similar list if you try. Start looking for little things that you can

appreciation. There's something to be grateful for every morning you wake up. Challenge yourself to greet each day with an attitude of gratitude. November is National Gratitude Month. That seems logical, with Thanksgiving always falling on the fourth Thursday of November. But you don't have to wait for Thanksgiving to show your gratitude and

In fact, there are some pretty significant physical and mental benefits to gratitude, which include:

• Improved physical, emotional and social well-being.

- Greater optimism and happiness.
- Improved feelings of connection in times of loss or
- Increased self-esteem
- Heightened energy levels.
- blood pressure. Strengthened heart, immune system and decreased
- Expanded capacity for forgiveness.
- Decreased stress, anxiety, depression and headaches
- Improved self-care and greater likelihood to
- something bigger than ourselves. Heightened spirituality, i.e., the ability to see

for, you can also look forward to how you can use those gifts to move to the level where you want to be. Maybe your job isn't as challenging or fulfilling as you'd like it to be. stay. As you ponder the things that you are thankful remember, where you are isn't where you have to reasons to be grateful for what you have. And That list alone should provide you impetus to look for

> passion lies in doing something different — all while being able to pay the bills with, hopefully, a little left over. That kind of education is a reason for gratitude, grow your network or discovered that your real But you have gained professional experience, developed people skills that could lead you to take on more responsibility, been provided opportunities to especially when you move on to your new and better

one has ever told them they've made a difference. surprised at how they respond to be flowery or formal, just sincere. You might be Have you told the people around you how grateful you are for their roles in your life? Your words don't need perhaps because no

"Gee, you look so nice. all made up beautifully, and the little girl said to her, "Gee you look so nice" aging, crotchety star. One day, the star came on the set A 4-year-old actor was appearing in a movie with an

The actress made a pouty face and replied, "What am The little girl politely remarked, "You could say thank I supposed to say to that?"

but "THANKSLIV Thanksgiving is better good, NG"

PRAYER FOR THE HEALING OF LOVED ONES

on my loved ones who are sick, especially . . Almighty God, look with mercy and kindness over them. (Here mention your petitions.) Grant them keep them safe from lasting injury or harm. good health. Protect them from danger, and Send Your holy Angels to watch

presence, that Your bountiful goodness may love, and with the power of Christ's healing recovery. relieve their suffering and bring them to a full May the life-giving grace of Your Divine Son be their source of comfort, strength and joy Embrace them with Your constant

PRAYER FOR SAFE DRIVING

we travel. Be our safety every mile of the way O God, be with me and my loved ones whenever concerned about our fellow travelers. Help us to be alert, attentive, cautious and

danger. Guide us, without trouble or injury, to all our hope, our happiness and our health. Amer our destinations, for You are the true source of Make our highways safe and protect us from all

WHAT HAPPENS IN HEAVEN WHEN WE PRAY?

I dreamt that I went to Heaven and an angel was showing me around. We walked side-by-side inside a large workroom filled with angels.

My angel guide stopped in front of the first section and said, "This is the Receiving Section. Here, all the petitions to God said in prayer are received."

Then we moved on down a long corridor until we reached the second section.

The angel then said to me, "This is the Packaging and Delivery Section. Here, the graces and all the blessings the people asked for are processed and delivered to the living persons who asked for them."

I noticed again how busy it was there. There were many angels working hard at that station, since so many blessings had been requested and were being packaged for delivery to Earth.

Finally, at the farthest end of the long corridor we stopped at the door of a very small station. To my great surprise, only one angel was seated there, idly doing nothing. "This is the Acknowledgment Section," my angel friend quietly admitted to me. He seemed a little embarrassed.

"How is it that there is no work going on here?" I asked

"So sad," the angel sighed. "After people receive the blessings that they asked for, very few respond back with acknowledgments."

"How does one acknowledge God's blessings? "I asked

"Simple," the angel answered. Just say, "Thank you, God."

"What blessings should they acknowledge?" I asked

"If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep, you are richer than 75% of this world.

If you have money in the bank, in your wallet, and spare change in a dish, you are among the top 8% of the world's wealthy, and if you get this on your own computer, you are part of the 1% in the world who has that opportunity."

"If you woke up this morning with more health than illness... You are more blessed than the many who will not even survive this day."

"If you have <u>never experienced</u> the fear in battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation. You are ahead of 700 million people in the world."

"if you can hold your head up high and smile, you are not the norm, you're unique to all those in doubt and despair......"

"Ok," I said. "What now? How can I start?"



DULUTH DIOCESAN VOCATION PRAYER

Almighty Father, we beg You for an increase in religious vocations and holy marriages in our diocese.

Help us to be generous in our response to Your call. Choose from our homes those who are needed for Your work and strengthen us with the courage to say "yes" and to follow you.

through Jesus Christ our Lord. Amen. diaconate, vocations to the priesthood, families, Help us commend our prayers to our patroness, Mary, Queen of the Rosary, and ask this as Ö and a diocese, encourage consecrated as a parish, and permanent ife. foster We

Saint Michael the Archangel Prayer

SAINT MICHAEL THE ARCHANGEL,
DEFEND US IN BATTLE.
BE OUR PROTECTION AGAINST THE
WICKEDNESS AND SNARES OF THE DEVIL,
MAY GOD REBUKE HIM, WE HUMBLY PRAY;
ÀND DO THOU, O PRINCE OF THE HEAVENLY
HOST.

BY THE DIVINE POWER OF GOD THRUST INTO HELL, SATAN AND ALL THE EVIL
SPIRITS,

WHO ROAM THROUGHOUT THE WORLD SEEKING THE RUIN OF SOULS. AMEN