



Church of the
Most Holy Trinity



THIRD SUNDAY IN ORDINARY TIME • JANUARY 27, 2019

CENTER INFORMATION

Ministry Center

405 Ballard St • El Cajon, CA 92019
(619) 444-9425 • Fax (619)444-9426
Monday-Friday 8:30am-5:00pm
Saturday-Sunday8:30am-12:00pm

School

509 Ballard St • El Cajon, CA 92019
(619) 444-7529/ www.holytrinityhawks.com

Preschool: 619-444-1052

Daycare: 619-447-4406

STAFF

Pastor.....Fr. Eddie Ruiz
fr.eddieruiz@yahoo.com

Assoc. Pastor..... Fr. Rey Evangelista
fatherrey@holytrinityelcajon.org

DeaconTim Treadwell
timothy.treadwell63@gmail.com

Principal.....Francie Moss
principal@holytrinityhawks.com

PreschoolDebbie Edelbrock
edelbrock@holytrinityhawks.com

Business Manager.....Judy Picone
admin@holytrinityelcajon.org

Secretary Assistant .Alejandra Segundo
Alejandra@holytrinityelcajon.org

Religious EducationCarol Ballard
k@holytrinityhawks.com/619-444-9402

Spanish Rel. Education ... Leticia Trent
hispanicministry@holytrinityelcajon.org

619-444-5041

Youth Ministry.....Laurence Goldkamp
youth@holytrinityelcajon.org

619-444-5043

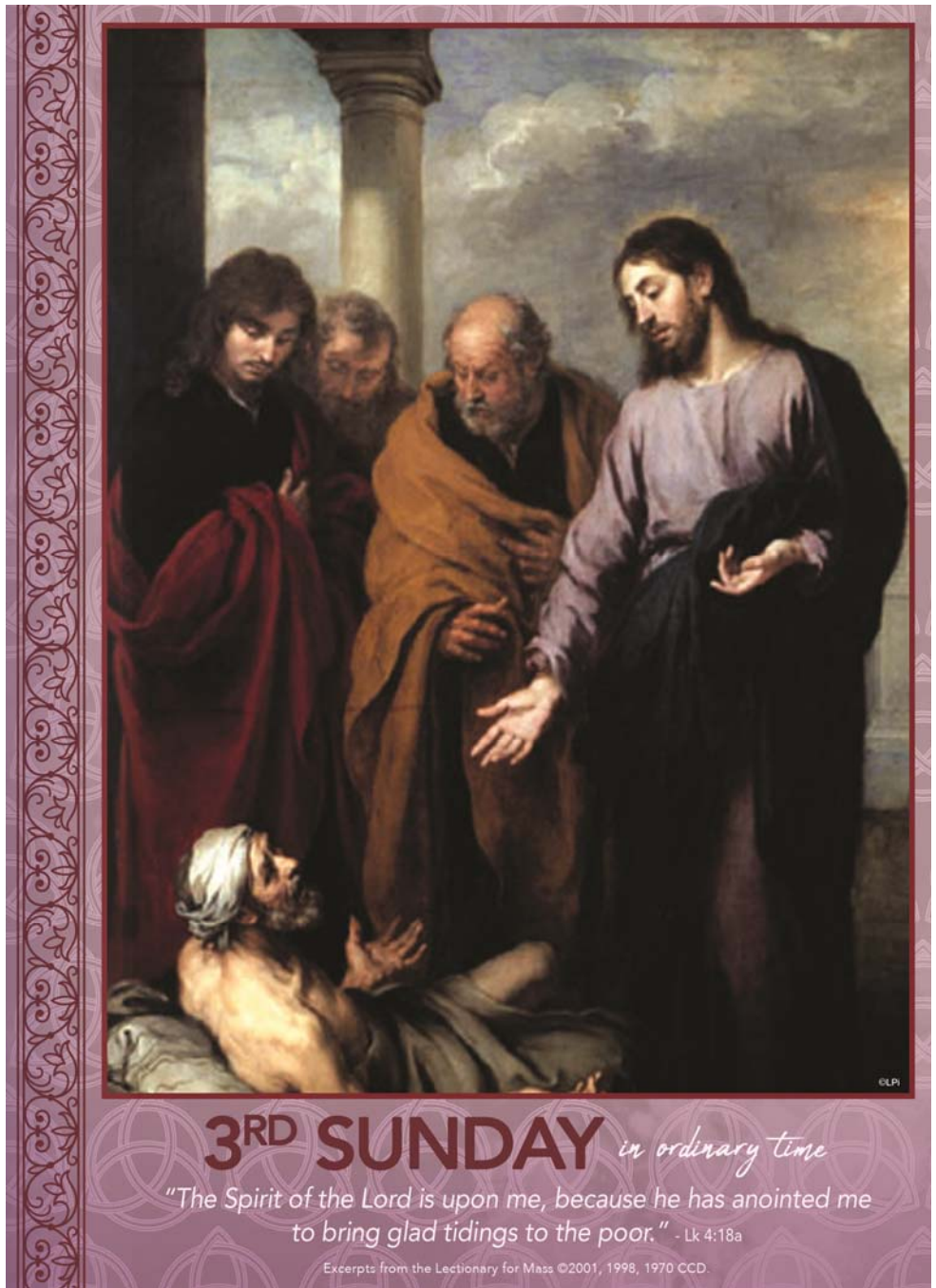
Young Adults.....Jose Morales &
.....Evelyn Castro
youngadults@holytrinityelcajon.org

619-410-1859

RICALuis Ortiz & Manuel Jimenez
Music Ministry..... Wendy Andersen
wendyandersen@cox.net

Outreach ProgramCindy Craig
holytrinityoutreach@gmail.com

Hall RentalsFarrah Saldaña
619-760-3698



3RD SUNDAY *in ordinary time*

"The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor." - Lk 4:18a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

<http://www.holytrinityelcajon.org/>

PARISH ORGANIZATIONS & GROUPS

Pastoral Council

.....As Announced

Mesa Pastoral

3rd Sunday(bimonthly) ... 1:30pm

San Pedro Calungsod

1st Sunday 8:00am

Legion of Mary

Monday 6:00pm

Guadalupe Association

1st Sunday 1:30pm

Spanish Prayer

Thursday 9:00am

Youth Group

2nd & 4th Sunday 7:00pm

English Choir

Wednesday 7:00pm

Spanish Choir

Sunday 7:00pm

Prayers & Squares

1st & 3rd Saturday 10:00am

K of C

2nd Thursday 7:00pm

Young Adults

Thurs & Friday 7:00pm

French Prayer Group

1st Saturday 6:30pm

Baptisms

Please make arrangements at least three months in advance with the Ministry Staff. Pre-baptismal Seminar is required for parents and sponsors

Confessions

Saturdays 4:00 to 5:00 PM or by appointment

Marriages

A nine-month notice is asked of the couple. Please make an appointment with the Ministry Staff. Active parish participation is encouraged.

Quinceañeras

Contact Ministry Center

Hall Rental

Our parish hall is available for rent to private parties and can seat up to 800 people. Call Farrah Saldaña.

MASSES

Monday-Friday 8:00am

Saturday 5:30pm

Sunday 8:00am, 10:00am, 5:30pm

Spanish

Sunday 12:00pm and 7:00pm

Holy Trinity is a parish community in the Roman Catholic Diocese of San Diego. We gather as God's people to worship Him and to be renewed in faith, hope and love. As individuals, we come from a diversity of cultures, ages, state in life, ethnic heritage and backgrounds; yet all are united in One Body, the Church. In the Eucharist we are strengthened in our communion with Jesus Christ and each other. We are to be Who we receive, and bring the Light of Christ whenever and wherever we are.

Holy Trinity is open to all people of good will. Anyone with a sincere heart can have a saving encounter with Jesus Christ because we believe He is present in the Word we proclaim, in the Sacraments we celebrate, in the priest acting in the Person of Christ, and in each one of us gathered in His Name.



For a copy of 2018 contribution statements come by the office for pick up or request to be mailed. Please either email the office at admin@holytrinityelcajon.org or phone at 619-444-9425.

SUNDAY'S READINGS

First Reading:

Ezra blessed the LORD, the great God, and all the people, their hands raised high, answered, "Amen, amen!"

Then they bowed down and prostrated themselves before the LORD, their faces to the ground. (Neh 8:6)

Psalm:

Your words, Lord, are Spirit and life. (Ps 19)

Second Reading:

As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. (1 Cor 12:12)

Gospel:

"The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor? and to proclaim a year acceptable to the Lord." (Lk 4:18a, 19)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

GOSPEL MEDITATION

"He came to Nazareth, where he had grown up." Did you grow up in a small town? Whenever you see stories of tight-knit communities, a common refrain is that everybody knows everybody and that's very difficult to change. If you leave and return, people expect you to be and act a certain way, and it's strange for them if you do not. In today's Gospel, we see that Jesus was already moving "in the power of the Spirit and news of him spread throughout the whole region. He...was praised by all." His ministry has begun! News of his growing popularity must have proceeded him to Nazareth.

Upon his arrival, he "went according to his custom into the synagogue on the sabbath day." For the first few moments, he is what they expect - their hometown boy returning to pay his respects. As was common of men at the time, he takes a turn reading a passage of Sacred Scripture. It is a bold passage, one he selects intentionally. "He unrolled the scroll and found the passage where it was written: The Spirit of the Lord is upon me." After reading about holy anointings, liberation for the poor and prisoners, and physical healings, Jesus does the unthinkable. "Today this Scripture passage is fulfilled in your hearing."

We are all called to imitate Christ wherever we are. This might mean doing the unexpected! All too often we're content with the daily status quo, and so are the people around us. When we take a stand for Christian values, change our lifestyle to reflect the Gospel, and work for justice in society, we may make others uncomfortable. But Jesus doesn't call us to the same life we lived yesterday or the year before that. He is calling all of us - each and every one of us - to deeper conversion of heart. No matter what other people expect, will you love in the Spirit of the Lord today?

READINGS OF THE WEEK

Sunday: Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15 [cf. Jn 6:63c]/1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21

Monday: Heb 9:15, 24-28/Ps 98:1, 2-3ab, 3cd-4, 5-6 [1a]/Mk 3:22-30

Tuesday: Heb 10:1-10/Ps 40:2 and 4ab, 7-8a, 10, 11 [8a and 9a]/Mk 3:31-35

Wednesday: Heb 10:11-18/Ps 110:1, 2, 3, 4 [4b]/Mk 4:1-20

Thursday: Heb 10:19-25/Ps 24:1-2, 3-4ab, 5-6 [cf. 6]/Mk 4:21-25

Friday: Heb 10:32-39/Ps 37:3-4, 5-6, 23-24, 39-40 [39a]/Mk 4:26-34

Saturday: Mal 3:1-4/Ps 24:7, 8, 9, 19 [8]/Heb 2:14-18/Lk 2:22-40 or Luke 2:22-32

Next Sunday: Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/1 Cor 12:31-13:13 or 1 Cor 13:4-13/Lk 4:21-30

MASS INTENTIONS

January 26, Saturday

5:30pm † Bill Bettis

January 27, Sunday

8:00am Int for Aurelio Liwag

10:00am † Kenneth Layton

..... † Virginia Ruiz

12:00pm For All Parishioners

5:30pm Int for Rowen

7:00pm † David Shagun Valera

January 28, Monday

8:00am Int for Anne Kitchen

January 29, Tuesday

8:00am Int for Bentley Peralta

January 30, Wednesday

8:00am. † Susan Jane Hubbard Lawson

January 31, Thursday

8:00am † Emma John

February 1, Friday

8:00am † Miguel Tinaynan

February 2, Saturday

5:30pm † Bill Bettis

COLLECTION REPORT

January 20, 2019

Loose Cash \$2,719.00

Envelopes & Checks \$5,975.00

EFT (estimated) \$650.00

Total Collection \$9,344.00

Budgeted amount: \$10, 500.00.

Thank you for your generosity.

ADULT FAITH MINISTRY

Prayers & Squares, Quilts

Meetings are on the 1st and 3rd Saturday of the month. 10am to 1pm in Conference Room. For more information or to request a quilt call Lenore Wade at 619-442-0202.

RCIA

Registrations start in July From 7:00pm to 8:30pm in Rm 2. For more information call the ministry center.

Bible Study

Meetings are held in the hall room #6 from 7pm to 8:30pm Wednesday evenings. All are welcome. Led by David Block.

Jesus- N- Java

To be announced...

LOVE REVIVAL YOUNG ADULTS PRESENTS

“LIVING IN THE SPIRIT” - SPIRITUALITY SERIES -

*Walk by the Spirit, and you will not
carry out the desire of the flesh.
Gal 5:16*

EVERY THURSDAY @ 7-9 PM



“WHY AM I CATHOLIC” - APOLOGETICS SERIES -

*Always be prepared to give an answer
to everyone who asks you to give the
reason for the hope that you have.
1 Peter 3:15*

EVERY FRIDAY @ 7-9 PM

Please ring the bell at HT office!
Holy Trinity Parish,
405 Ballard St, El Cajon, CA 92019
<https://htloverevival.wordpress.com>
Facebook: HTloverevival
Joey: 619-410-1859, Evelyn: 619-215-3822

**CANCELLATIONS
WILL BE ANNOUNCED
ON FACEBOOK PAGE**

EVERYDAY STEWARDSHIP

Remember that time when you arrived at school to take a test or quiz on material you failed to read? Maybe it was on a classic book or a chapter in a science textbook. Did your blood pressure go sky high and the sweat start to show on your forehead? Squirming in the seat, you wondered what you could have done to avoid feeling this way. Then it came to you: you should have read what you were supposed to read!

Procrastination, indifference, poor scheduling of time, and stubbornness are all reasons why we fail to be prepared for a situation that arises in our lives. We lack commitment in doing what we are asked to do or what we know we should do. This is certainly true in our spiritual lives as well. We may choose to bear the label of disciple or good steward, but we don't really prepare ourselves for the daily journey of life.

Sacred Scripture can prepare us more fully for the circumstances of life, but not if we fail to read it. The words contained there are Spirit and life for us. They help us to understand where we fit into the Body of Christ and how we are to respond to the daily call of Christ. Everyday Stewards should be committed to reading and reflection of the Word of God. We know we should spend time with God's Word, but too often we fail to do so due to the same reasons already mentioned. When we failed to read in school, perhaps we failed the test and it hurt our grade. When we fail in life due to lack of preparedness, sometimes the consequences are more severe.

-- Tracy Earl Welliver, MTS



Every Tuesday
From 7:00pm to 8:30pm
Room #2

For more information call the Ministry Center at 619-444-9425 or by email at freyvangelista@gmail.com

YOUTH ACTIVITIES

All BIG Youth Groups are in the Youth Room
Sunday January 27 5:00 Rights & Responsibilities
Sunday February 10 6:45pm Girls Only
Sunday February 24 5:00pm Family & Community

The Parish maintains a small supply of Pyx's for those who have a last minute need to take Communion to the sick, those physically unable to attend Mass. If you find yourself in need of a Pyx, please contact one of the sacristans in the sacristy. Once you've completed your use of the Pyx, please return it to the sacristy for use by others.



Faith Formation Programs

English Sessions, 1st—6th grades
Wednesdays, 5:30pm-7:00pm

Spanish Sessions, 1st—6th grades
Sundays, 10:00am-11:30am

Middle School Faith Formation
Thursdays, 5:30pm-7:00pm

High School Faith Formation
Mondays, 6:15pm-8:00pm

SAVE THE DATE!

Friday, March 1, 2019

Mark your calendars and make plans to join us for:

The 2019 Holy Trinity Parish Golf Tournament!



Location: Sycuan Golf Resort

Time: 12:30pm (Golf)

Time: 6:00pm (Dinner)

Golf, Dining, Friends and Fellowship!!

For additional information, please contact the Parish Office 619-444-9425, visit www.holytrinityelcajon.org or contact Dave Gonzalez

619-895-5833 / dgonz@southlandenvelope.com

Evangelio según San Lucas 1,1-4.4,14-21.

Muchos han tratado de relatar ordenadamente los acontecimientos que se cumplieron entre nosotros, tal como nos fueron transmitidos por aquellos que han sido desde el comienzo testigos oculares y servidores de la Palabra.

Por eso, después de informarme cuidadosamente de todo desde los orígenes, yo también he decidido escribir para ti, excelentísimo Teófilo, un relato ordenado,

a fin de que conozcas bien la solidez de las enseñanzas que has recibido.

Jesús volvió a Galilea con el poder el Espíritu y su fama se extendió en toda la región.

Enseñaba en las sinagogas y todos lo alababan.

Jesús fue a Nazaret, donde se había criado; el sábado entró como de costumbre en la sinagoga y se levantó para hacer la lectura.

Le presentaron el libro del profeta Isaías y, abriéndolo, encontró el pasaje donde estaba escrito:

El Espíritu del Señor está sobre mí, porque me ha consagrado por la unción. El me envió a llevar la Buena Noticia a los pobres, a anunciar la liberación a los cautivos y la vista a los ciegos, a dar la libertad a los oprimidos y proclamar un año de gracia del Señor.

Jesús cerró el Libro, lo devolvió al ayudante y se sentó. Todos en la sinagoga tenían los ojos fijos en él.

Entonces comenzó a decirles: "Hoy se ha cumplido este pasaje de la Escritura que acaban de oír".

VIVIR LA LITURGIA

Santa Teresa de Jesús nos dejó estas palabras: "Cristo no tiene cuerpo, sino el tuyo; no tiene manos o pies en la tierra, sino los tuyos; tuyos son los ojos con los que ve; la compasión en este mundo; tuyos son los pies con los que camina para hacer el bien; tuyas son las manos, con el que bendice todo el mundo." Nosotros somos, en toda manera y forma, el Cuerpo de Cristo. Nuestros cuerpos no son solo una parte, sino muchas. Somos muchos y todos somos únicamente diferentes. Cada individuo, de su propia manera, contribuye algo especial. Todos estamos bautizados en un espíritu, y no hay nada que nos separe. Debemos enfocarnos en la totalidad y no distraernos con los detalles particulares. Todo y todos debemos trabajar juntos para la alabanza y gloria de Dios.

LAS LECTURAS DE LA SEMANA

DOMINGO: NEH 8, 2-4. 5-6. 8-10/SAL 19, 8. 9.

10. 15 [CFR. JN 6, 63]/1 COR 12, 12-30 OR 12, 12-14. 27/LC1, 1-4; 4, 14-21

LUNES: HEB 9, 15. 24-28/SAL 98, 1. 2-3. 3-4. 5-6 [1]/MC 3, 22-30

MARTES: HEB 10, 1-10/SAL 40, 2 Y 4. 7-8. 10. 11 [8 Y 9]/MC 3, 31-35

MIÉRCOLES: HEB 10, 11-18/SAL 110, 1. 2. 3. 4 [4]/MC 4, 1-20

JUEVES: HEB 10, 19-25/SAL 24, 1-2. 3-4. 5-6 [CFR. 6]/MC 4, 21-25

VIERNES: HEB 10, 32-39/SAL 37, 3-4. 5-6. 23-24. 39-40 [39]/MC 4, 26-34

SÁBADO: MAL 3, 1-4/SAL 24, 7. 8. 9. 19 [8]/HEB 2, 14-18/LC2, 22-40 O LUKE 2, 22-32

DOMINGO SIGUIENTE: JR 1, 4-5. 17-19/SAL 71, 1-2. 3-4. 5-6. 15-17 [CFR. 15]/1 COR 12, 31-13, 13 OR 1 COR 13, 4-13/LC4, 21-30



El Instituto Diocesano
y
Holy Trinity

te invitan a
conocer más sobre:

Teología del Cuerpo

Con Rubén Vazquez, M.A.
los jueves, del 24 enero al 28 febrero 2019
6:30 - 9:00 pm
Holy Trinity, El Cajon



Habrará un costo por esta clase

Para más información sobre el costo, previos requisitos o para inscribirse, llamar a: Dianna Anderson al (858) 490-8212
Correo electrónico: danderson@sdccatholic.org

MEDITACIÓN EVANGÉLICO

La manera como Lucas inicia el Evangelio y orienta al ilustre Teófilo a fin de comprender la solidez de la catequesis que este había recibido. El mensaje transmitido el ordenar los acontecimientos permite también a nosotros hoy, fijar nuestros ojos en Jesús. Así, nos damos cuenta de que, en Nazaret, Jesús proclama su misión: "Enseñaba en las sinagogas de los judíos y todos lo alababan" (Lucas 4:14). Los inicios son importantes porque dan base, son cimientos seguros para iniciar la proclamación de la buena nueva. Lucas tiene un excelente gusto literario. Leer su Evangelio siempre es un deleite ya que muestra claramente la misericordia de Dios por medio de su Hijo Jesús.

En su mensaje se destacan cuatro puntos importantes. 1. Jesús anuncia la buena noticia con palabras, acciones y milagros. Es decir, acciones concretas. Siempre acompañado del espíritu de Dios desde su Bautismo. 2. En la sinagoga proclama el conocido pasaje de Isaías 61:1ss. "El Espíritu del Señor esta sobre mí. Él me ha unguido para llevar las buenas noticias a los pobres, para anunciar la libertad a los cautivos y a los ciegos que pronto van a ver, para poner en libertad a los oprimidos y a proclamar el año de gracia del Señor" (Lucas 4; 18-19). El pasaje se puede resumir en lo siguiente: hacer el bien de parte de Dios a toda la humanidad. 3. Jesús anuncia que se ha cumplido la Escritura en él: "Hoy se cumplen estas palabras proféticas y a ustedes les llegan noticias de ello" (Lucas 4:21). 4. Fue en Nazaret donde dio comienzo la actividad pública de Jesús. ¿Crees que Jesús sigue actuando en su Iglesia? ¿Cómo?



R.I.C.A.

Rito de Iniciación Cristiana para Adultos

Inicia Martes en Septiembre 11
de 7:00pm a 8:30pm

Salón # 6

Para más información llamar a Manuel y Patty
Jiménez en la oficina de Ministerios al
619-444-9425 o 619-249-8152

PROGRAMA DE INSTRUCCION RELIGIOSA

Las inscripciones comienzan en el mes de julio

Traer una copia del certificado de bautizo

Costo por niño \$70.00 por año

2 hermanos en el programa \$100.00

Grados del 1 al 6

Inglés-- Miércoles

5:30pm-7:00pm

Programa de español

Domingos

10:00am-11:30am

Grados 7 y 8

Jueves

5:30pm a 7:00pm

Grados del 9 al 12

Lunes

6:15pm—8:00pm

Para más información llamar a la oficina de
Ministerios al 619-444-9425

PREGUNTAS DE LA SEMANA

Primera lectura

Nehemías era gobernadora de Judá a mediados del siglo 5 A.C., como 50 años después de que los israelitas regresan del exilio en Babilonia. Nehemías animaba a la gente que buscaran fuerza en las palabras de la escritura que leía Esdras. ¿Cómo usa usted la Sagrada Escritura en su camino espiritual?

Segunda lectura

San Pablo les habla a los corintios sobre el "solo cuerpo" de Cristo y los "muchos miembros" de la comunidad creyente. ¿Cómo cree que esto le ayudaría a una comunidad cristiana que está pasando por momentos de división?

Lectura del Evangelio

Hoy escuchamos el prólogo del evangelio de Lucas y las palabras de Jesús en su ciudad natal de Nazaret. En el prólogo, Lucas revela las fuentes y motivaciones para escribir su evangelio. ¿Qué parte le parece más interesante del prólogo de Lucas?