



SAINT BRIGID — PARISH —

RECOVERING FROM DIVORCE: A JOURNEY OF HOPE & HEALING

A SUPPORT GROUP FOR SEPARATED AND DIVORCED MEN AND WOMEN

Thursdays, March 21—June 6, 2019*

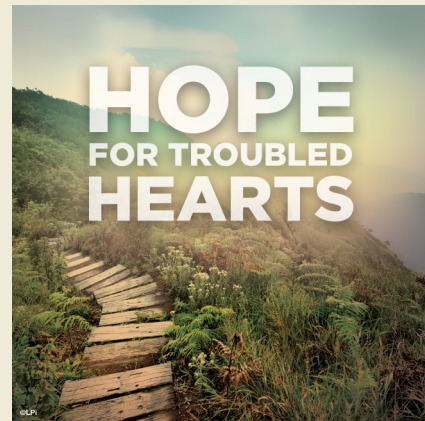
7-8:30 pm

Saint Brigid Ministry Center

Are you separated or newly divorced? Have you been divorced for a while but are still in need of healing? You are not alone. Come join other separated and divorced men and women for this 11-week series. Using materials from *Divorced Catholic*, this group will offer support and address the most pressing challenges of divorce.

The Recovering from Divorce Support Group will cover:

- Praying in Times of Distress
- Anger with Our Spouses
- Why Did God Allow This to Happen?
- What Does the Church Really Teach About Divorce?
- Dealing with Your Former Spouse
- How Are the Children?
- Our Own Self-Worth
- Working on Forgiveness
- Sex and Dating as a Divorced Catholic
- Hope for the Future and Our Vocation in Life



Sponsored by the Saint Brigid Parish Divorce Support Ministry. \$30 suggested donation.
(Arrangements can be made for those experiencing financial difficulty.)

*Due to the Celebration of Holy Thursday, there will be no meeting on Thursday, April 18.

To register, or for more information, email divorcesupport@saintbrigidparish.org,
visit www.saintbrigidparish.org/divorce, or call 858.483.3155.

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