



Prayer for Spiritual Communion

My Jesus,
I believe that you are in the
Blessed Sacrament. I love you
above all things, and I long for
you in my soul. Since I cannot
now receive you
sacramentally, come at least
spiritually into my heart. As
though you have already
come, I embrace you and
unite myself entirely to you;
never permit me to be
separated from you. 
Amen.


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