

DIVORCE SUPPORT MINISTRY

Offering Hope and Healing



Are you separated or newly divorced? Have you been divorced for a while but you are still in need of healing? Do you have questions about being divorced as a Catholic or annulments? You are not alone. Our Divorce Support Ministry is here to help and support you through this difficult time.

The ministry offers workshops, support groups, and one-on-one meetings to help you find support, hope, and healing. They can also point you to valuable resources, including Retroville (a weekend for couples struggling in their marriage) and Beginning Experience, a weekend retreat for healing from loss suffered through death or divorce.

**“This 11 weeks
has totally
changed my life.
It changed my
attitude. I’m a
new person.”**

Our Divorce Support Ministry team members have all personally experienced the trauma of separation and divorce, and they want to use their experience to help others grow in faith and hope for the future.

The Divorce Support Ministry team has two events coming up to help you, or someone you know, in the process of healing from divorce. The **10 Keys to Recovering from Divorce Workshop** is Thursday, March 7, 7-8:30 pm and the next **11-week Recovering from Divorce Support Group** begins Thursday, March 21, 7-8:30 pm. Both events will be held in the Ministry Center. For more details, or to register, visit saintbrigidparish.org/divorce.

**Contact: Maryanne Russell at 858.735.3155 or
divorcesupport@saintbrigidparish.org**