

## PRAYER—NIGHTWATCH

Balm for the soul in the midst of our busy lives



Do you want to enrich your prayer life this Lent? Many parishioners and guests have found nightWATCH to be a perfect way to experience a deeper relationship with the Lord and find tranquility in the midst of their busy lives.

NightWATCH is an evening of Eucharistic Adoration in the beauty of the darkened church illuminated by candles. In between moments of silence, you will hear meditative praise and worship music. There are votive candles you can light and place on the altar and pillows available for you to cozy up close to the altar—or feel free to simply stay in the pews and rest in the Lord. You're welcome to stay for the entire 90 minutes or pop in for a quick visit.

NightWATCH is every third Friday of the month. While typically held from 7-8:30 pm, this month it will begin a bit earlier—following the 6 pm Stations of the Cross.

Come join us this Friday, March 15. Enter the Lord's presence, experience peace and inner-healing, and be refreshed!

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**“nightWATCH  
offers me a  
quiet time and  
beautiful  
environment to  
pray and listen  
to God’s will.”**



**nightWATCH**