

July

Saint Brigid Parish
San Diego, California

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p> <p>Let one person choose a favorite prayer for the whole family to say together.</p>	<p>2</p> <p>Attend First Friday Mass or benediction as a family.</p>	<p>3</p> <p>Choose someone in the news to pray for as a family.</p>
<p>4</p> <p>Attend Mass as a family and pray for peace.</p>	<p>5</p> <p>Recite the Apostle's Creed as an act of faith.</p>	<p>6</p> <p>Pin a picture of a guardian angel to your collar to remind you of your protector.</p>	<p>7</p> <p>Turn off the TV and computers and tell stories after dinner tonight.</p>	<p>8</p> <p>Ask the pastor what your family can do to help out in the parish.</p>	<p>9</p> <p>Pay a compliment to each member of the family.</p>	<p>10</p> <p>Surprise someone with a friendly phone call.</p>
<p>11</p> <p>Ask each person to listen carefully to the homily at Mass today for one idea to implement this week.</p>	<p>12</p> <p>Prove to someone you love that you are trustworthy. Make a promise and keep it.</p>	<p>13</p> <p>Talk about what you would say to Jesus if he came to visit you.</p>	<p>14</p> <p>In honor of St. Kateri Tekakwitha, lay on a blanket outside, look at the night sky and marvel at God's creation.</p>	<p>15</p> <p>As a family, pick one of the seven virtues and practice it all day. (Faith, hope, charity, prudence, justice, fortitude, and temperance.)</p>	<p>16</p> <p>Learn more about the saint whose feast day is celebrated on your birthday.</p>	<p>17</p> <p>Set up a prayer place in your home. Use a pillow, a candle, and a Bible. Then use it.</p>
<p>18</p> <p>After Mass today, write a family prayer to say every Sunday this Summer.</p>	<p>19</p> <p>Family Fun Night: Play board games, sing songs, watch movies ... together!</p>	<p>20</p> <p>Pray the "Hail, Holy Queen" today in honor of our Blessed Mother.</p>	<p>21</p> <p>Light a candle and confess a sin. Promise God you'll try never to do it again.</p>	<p>22</p> <p>Share the joy of being a child of God. Tell a joke and make someone laugh.</p>	<p>23</p> <p>Pray for all foreign missions today.</p>	<p>24</p> <p>Ask St. Francis to watch over our Pope.</p>
<p>25</p> <p>Eat ice-cream sundaes after Mass today to celebrate the Lord's Day.</p>	<p>26</p> <p>Celebrate the feast day of Sts. Joachim and Ann, Jesus' grandparents.</p>	<p>27</p> <p>Donate canned goods to a soup kitchen.</p>	<p>28</p> <p>Take a family walk and bring home as many different wild flowers as you can.</p>	<p>29</p> <p>In honor of St. Martha today, clean house and share a special meal.</p>	<p>30</p> <p>Observe a meatless Friday today. Order a vegetarian pizza and relax.</p>	<p>31</p> <p>To help see your home as a "church," make paper crucifixes and put one in every room.</p>



August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Before you go to Mass today, have everyone run around the house collecting loose change. Then put it in the poor box at church.</p>	<p>2</p> <p>Recite the Guardian Angel prayer before bedtime.</p>	<p>3</p> <p>Bless the television set and ask for help in using it in God's service.</p>	<p>4</p> <p>St. John Vianney is patron of parish priests. In his honor, send a priest a card.</p>	<p>5</p> <p>Practice patience.</p>	<p>6</p> <p>In honor of the Transfiguration, come to dinner dressed in your best clothes.</p>	<p>7</p> <p>Make up a story and let everyone have a chance to add to it. Give it a happy ending.</p>
<p>8</p> <p>At Mass today, thank God for the gift of family.</p>	<p>9</p> <p>Serve "hero" sandwiches for dinner and share stories about real-life heroes - the saints.</p>	<p>10</p> <p>Put fresh flowers in a prominent place in your home to remember our new life in Jesus.</p>	<p>11</p> <p>Celebrate the patron saint of television, St. Clare, by watching family-oriented shows together.</p>	<p>12</p> <p>Gather as a family and take turns sharing something good that happened to you today.</p>	<p>13</p> <p>Abstain from TV and tablets as a Friday sacrifice.</p>	<p>14</p> <p>Look for a way God told you he loves you today. Tell about it at dinner.</p>
<p>15</p> <p>Celebrate Mary's Assumption by blowing bubbles or flying kites toward Heaven.</p>	<p>16</p> <p>Pick a story from the Old Testament and read it together at bed time.</p>	<p>17</p> <p>Pick a Beatitude and live it all day (Matthew 5:3-11).</p>	<p>18</p> <p>Shower each other with love today.</p>	<p>19</p> <p>Teach empathy; talk about how you would finish the sentence, "How would I feel if ..."</p>	<p>20</p> <p>Skip a favorite snack or activity today in honor of Jesus' suffering on the Cross.</p>	<p>21</p> <p>Give up a bad habit today. Ask the Holy Spirit for help.</p>
<p>22</p> <p>Honor Mary's Queenship by crowning a statue in your home.</p>	<p>23</p> <p>Before bedtime, ask your favorite saint to pray for you.</p>	<p>24</p> <p>Draw a picture of something God has given you for which you are truly grateful.</p>	<p>25</p> <p>Any time you find yourself worrying today, say a quick prayer of thanksgiving instead.</p>	<p>26</p> <p>Pray the "Glory Be" as a family in honor of the Blessed Trinity.</p>	<p>27</p> <p>Whenever you hear a siren rush past, make a Sign of the Cross and pray for the safety of all involved.</p>	<p>28</p> <p>Go through a closet and donate extra clothes, books, and toys, to your local charity.</p>
<p>29</p> <p>Celebrate the Eucharist by having bread with every meal.</p>	<p>30</p> <p>Say, "I'm sorry" to someone you've injured and go to Confession to celebrate God's unending mercy.</p>	<p>31</p> <p>Bless each child this morning before the day's activities start.</p>				