

## Cathy Winter

- Born & raised in NYC—mother was Catholic, father was Jewish
- Raised her own family in Washington D.C. and Maryland
- Moved to La Jolla in 2005
- Widowed, 2 kids, 2 grandkids
- Parishioner at St. B's for 13 years



routine continued for three years) and still today. *"Moreover, I will give you a new heart and put a new spirit within you..."* Ezekiel 36:26

### What brought her to St. B's? Why does she stay?

Shortly after moving to SD, because her husband Peter was tired of the cold, Cathy drove by St. B's and was drawn by the Jesuit motto above the Church doors—"Ad Majorem Dei Gloriam," which means "to the greater glory of God." So, she decided to "try it out." After Mass that day, Deacon Mike walked by and said "this place is the best." She agreed and has considered St. B's her "church home" ever since.



Cathy & Peter's engagement

### Who has influenced her faith journey?

God and His great sense of humor. One example happened when Cathy's kids were in grade school. God literally woke her up in the middle of the night and said "get up and pray." It took Cathy four nights of this before she finally agreed. She began by praying the Our Father and Hail Mary, sat in the dark, and finally turned to the Bible. The Old Testament prophets—Ezekiel, Jeremiah, Hosea, Isaiah, and Song of Songs proved life-giving then (this nightly



Cathy w/Christian & Melissa

### What spiritual experiences have influenced her faith journey?

Although Cathy had a deep relationship with God, she still was yearning for community or as she told God "someone to go to the movies with." She found the community she was craving in her charismatic prayer group, which she was actively involved in for over 20 years. Also, she went on 13 eight-day silent retreats, which helped her recover from being abused as a child.



Prayer group @ Medjugorje

### What is her favorite type of prayer?

Cathy begins each day with prayer and daily Mass. Intercessory prayer, healing prayer, and prayer through praise and worship music are also important to her.

### How does she show God's love through service?

While living back East, Cathy and her prayer group participated in all types of service including helping in the soup kitchen of a Catholic Worker community. She also trained and became a spiritual director. Today she facilitates several small groups at St. B's including C2C, Deep Divers, and Bereavement.