

# The Challenge Retreat

Saturday, January 6, 1:00pm

thru Sunday, January 7, 3:00pm

at Camp Wapsiee- Coggon, IA



Are you feeling disconnected from yourself? God? or Others?

Life provides the greatest technology and yet many people are feeling empty, stressed, and less connected physically and spiritually.

If you are looking for refreshment, renewal, and reconnection as well as an opportunity to meet awesome new people for faith sharing, fun, and fellowship then we invite you to join us for an overnight retreat.

The Challenge Retreat is a Young Adult Retreat for college age young adults, twenty-something and thirty somethings. You do not need to be a St. Ludmila member to participate!

Cost is \$60.00/person or \$110/for married couple

Registration forms will be available on our website [stludmila.org](http://stludmila.org) from November 7th - December 27th! Forms and payment can be mailed or dropped off at the Parish Center (2107 J Street SW, Cedar Rapids, Iowa 52404).

If questions please contact Bob Gardner at [rgardner@hollyfamilycr.org](mailto:rgardner@hollyfamilycr.org).