



# ST. AMBROSE CATHOLIC CHURCH

Very Rev. Andrew J. Fisher, V.F., Pastor  
 Rev. Christopher Hayes, Parochial Vicar

## March 10, 2019 – First Sunday of Lent

### Sacramental Information

**Baptism:** First-time, expectant parents must attend a prior instruction on the Sacrament of Baptism. Call the Parish Office to make the necessary arrangements. Baptisms are normally celebrated on the 1<sup>st</sup> and 3<sup>rd</sup> Sundays of the month following the 12:00 pm Mass.

**Matrimony:** Registered parishioners who wish to be married at St. Ambrose, or to be prepared for marriage in another parish, must, by diocesan policy, begin the required preparation at least six months prior to the proposed date for their marriage. Contact the parish Office for an appointment.

**Initiation of Adults and Children:** The Rite of Christian Initiation (RCIA) is a process by which a person becomes initiated into the full sacramental life of the Catholic Church through weekly instruction. If you or someone you know would like to inquire about the life of Jesus Christ and the beliefs and teachings of His Church, please contact Mrs. Laura Mead in the Office of Religious Education.  
 703-280-1122

**Sick Calls:** Contact the parish office to schedule visits to the sick or homebound, for the Sacraments of Penance, the Eucharist and the Anointing of the Sick.

**Returning to the Church:** If you are Catholic and returning to the sacraments, or to the practice of the faith, we welcome you back! If you have any questions or need assistance, please contact a priest at the parish office or after Sunday Mass. We are happy to help you come back home to the Catholic Church.

**Parish Membership:** Parish Membership is necessary for Baptism, Matrimony, or Sacramental Sponsor Forms. **In order for a Sponsor Form to be issued, one must be a registered/participating member of the Parish for at least three months.** Please notify the office of any changes on your registration form, telephone number, address, temporary absence, etc. Registration forms are available in the parish office or the vestibule of the Church.

### Parish Office

3901 Woodburn Road  
 Annandale, VA 22003

**Phone:** 703-280-4400  
**Website:** [www.stambroseva.org](http://www.stambroseva.org)  
**E-mail Address:**  
[dvasilakos@stambroseva.org](mailto:dvasilakos@stambroseva.org)

**Office Hours:**  
 Mon. – Fri.: 9:00 am – 4:00 pm  
 Donna Vasilakos, Parish Secretary  
 Laura Cameron, Receptionist

**Religious Education**  
 Laura Mead 703-280-1122  
[lmead@stambroseva.org](mailto:lmead@stambroseva.org)

**Business Manager**  
 Carla Yaglou 703-280-4400  
[businessmanager@stambroseva.org](mailto:businessmanager@stambroseva.org)

**Director of Music**  
 Don Cotton 703-698-0374  
[dcotton@stambroseva.org](mailto:dcotton@stambroseva.org)

### Parish School

3827 Woodburn Road  
 Annandale, VA 22003

**Phone:** 703-698-7171  
[www.stambroseschool.org](http://www.stambroseschool.org)  
**E-mail Address:**  
[info@stambroseschool.org](mailto:info@stambroseschool.org)

**Principal:**  
 Angela Rowley  
[principal@stambroseschool.org](mailto:principal@stambroseschool.org)

**Youth Ministry**  
 Therese Ryan 703-280-4400  
[cym@stambroseva.org](mailto:cym@stambroseva.org)

**Plant & Facilities Manager**  
 Paul Moeller 703-280-4400  
[facilities@stambroseva.org](mailto:facilities@stambroseva.org)

### Mass Schedule

**Sunday Vigil:** ..... 5:00 pm, Saturday  
**Sunday:** ..... 8:00, 10:00 am & 12:00 pm  
**Weekdays:**  
 Monday - Friday.....7:00 & 9:00 am  
 Saturday ..... 9:00 am  
**Holy Days:**.....as announced

### Sacrament of Penance

Saturday: ..... 9:30 am & 3:00 - 4:00 pm

### Miraculous Medal Novena

After 9:00 am Saturday Mass

### Adoration

Following 9:00 am Mass First Fridays until 7:00 pm **Benediction**

**This Week's Masses and Intentions**

**Monday**    **March 11: Lenten Weekday**  
 7:00am      All Youth Ministry Volunteers  
 9:00am      John Tubbs †

**Tuesday**    **March 12: Lenten Weekday**  
 7:00am      The Young Church of St. Ambrose  
                  & Their Families  
 9:00am      Gemma Leone

**Wednesday** **March 13: Lenten Weekday**  
 7:00am      The Faculty & Staff of St. Ambrose  
                  School & Staff  
 9:00am      Val Krzemienski

**Thursday**    **March 14: Lenten Weekday**  
 7:00am      Gail Walker  
 9:00am      Katherine Bushman †

**Friday**        **March 15: Lenten Weekday**  
 7:00am      Father Fisher and Father Hayes  
 9:00am      Andrea Greblleshi

**Saturday**     **March 16: Lenten Weekday**  
 9:00am      The Pentek Family  
 5:00pm Vigil   Robert Frugoli †

**Sunday**        **March 17: Second Sunday in Lent**  
 8:00am      People of the Parish  
 10:00am     Marta Juanpere †  
 12:00Noon   Jimmy Ghabban†

*March 16-17 is our Food Collection.  
 April 6-7 is our Diaper Drive.  
 Thank you for your generosity  
 and support.*

**Please Pray For The Ill Of The Parish**

Irene Anderson, Nancy Blanco,  
 David Carothers, Josephine Crosby,  
 Conor Doyle, Michael Everard,  
 Greg Farrell, Therese Fruet, Janet Gaydos,  
 Robert Koldys, Fr. Spsychala,  
 Laura Sutherland, Fr. Edwin Tewes

*One of the greatest gifts you can give  
 someone is to have a Mass said for them,  
 living or deceased.  
 Please stop by the Parish Office,  
 we have many dates available.*

**Parish Schedule of Events**  
**CH- Church, PH-Parish Hall,**  
**PL-Parish Library, SCH-School**

**Monday**    **March 11**  
 9:45am      Legion of Mary (PL)  
 3:00am      Kolby's Kids (PL)  
 6:30pm      RCIC (PL)  
 7:00pm      RCIA (PH)

**Tuesday**    **March 12**  
 No events scheduled

**Wednesday** **March 13**  
 10:00am     Bible Study (PH)  
 7:00pm      Bible Study (PL)

**Thursday**    **March 14**  
 7:00pm      Lightworks (PL)

**Friday**        **March 15**  
 10:30am     Bible Group (PL)

**Saturday**     **March 16**  
 9:00am      Mass and Novena to Our Lady  
                  of the Miraculous Medal (CH)  
 9:30am/3-4pm Confessions (CH)

**Sunday**        **March 17**

**LENTEN EVENTS THIS WEEK AT  
 ST. AMBROSE**

**MONDAY, MARCH 11TH FROM 7 TO 8PM**  
**PARISH TALK BY FATHER FISHER**

**HISTORY OF THE MASS:**  
**CALVARY MADE PRESENT BEFORE US**  
 Father Andrew Fisher, Speaker – Parish Hall

**FRIDAY, MARCH 15**

2:30 pm      Stations of the Cross (Church)  
 6:00 pm      Lenten Soup Supper (School)  
 7:30 pm      Stations of the Cross (Church)

**Please Pray For Your Priests**

March 11      Rev. Denis M. Donahue  
 March 12      Rev. Jeb. S. Donelan  
 March 13      Rev. Alexander R. Drummond  
 March 14      Rev. Paul L. Dudzinski  
 March 15      Rev. Michael R. Duesterhaus  
 March 16      Rev. David A. DuFresne  
 March 17      CH (LT) Luke R. Dundon

**Saint Ambrose Catholic School**

**Mission Statement**

*"Fostering a faith-filled and academically strong environment, Saint Ambrose Catholic School works with families and the faith community to encourage the formation of the whole child through the examples and teachings of Jesus Christ."*



Thank you to all who came out last weekend and supported our gala. "A Mardi Gras Knight" was wonderful, and everyone seemed to enjoy themselves. A special "thank you" to Sharon Driscoll and her team for putting the event together. We are very grateful for all of their hard work.

Each year 8<sup>th</sup> grade students from diocesan schools join the bishop for the vocations Mass. This year the event has evolved into "Go Forth: Called and Chosen." 8<sup>th</sup> graders will attend Mass and then have lunch together, while learning about vocations. Our 8<sup>th</sup> graders are excited to attend. On Thursday they will also attend a day of learning life skills and budgeting at Finance Park.

Our registration process for the 2019-2020 school year is underway! If you are new to the area or looking for an alternative educational environment for your children please stop by our parish school or call 703-698-7171 to schedule a personal tour. We are still collecting Box Tops. Please save these as our school can turn them into money!

Thank you to all who continue to support our school with time, talent or treasure. Our students benefit immensely.



**PRO LIFE CORNER**

40 Days for Life March 6 - April 14  
**HELP SAVE LIVES IN FALLS CHURCH!**  
Here's how to take part in 40 Days for Life in our community:  
Vigil Location: Falls Church Healthcare Center, 900 S. Washington Street, Falls Church, VA.  
Vigil Hours: St. Ambrose will pray on Wednesdays after the 9 A.M. mass from 10-12 P.M.  
Contact: Donna Hores 703-354-5280  
What we do: Peacefully pray outside the abortion facility to help protect mothers and babies.

Here are the proven results from 23 coordinated campaigns:  
15,256 babies saved from abortion  
186 abortion workers changing their minds about abortion and it's harmful effects  
99 abortion centers closed

**Holy Hour for Life:**  
Join us for prayer, praise and worship on the 2<sup>nd</sup> Tuesday of each month at St. Leo Catholic Church in Fairfax from 7:30-8:30 p.m. The holy hours will feature popular musical artists: The Miller Daughters on February 12; and Kenny Kohlhaas on March 12. Our special intention will be for the conversion and healing in families. Confession will be available. All are welcome so please bring a friend.

**St. Ambrose YOUTH MINISTRY**

For information on all youth ministry events, check our website at [www.stambroseva.org](http://www.stambroseva.org)  
It takes a Church-Interested in participating/volunteering?

Contact Director of Youth Ministry:  
Therese Ryan [cym@stambroseva.org](mailto:cym@stambroseva.org)



**Create  
in me a  
clean heart,  
O God,  
and put a  
new and right  
spirit within me.**

**\*\*\*WORCAMP \*\*\***

- March 10: WorkCamp Crew Meeting 4:30-5:30
- March 22: Soup Supper 5-7pm
- March 30-31: Lenten Pretzel sales after Masses!

**Walking humbly with our God...**  
- Thank you to all the prayer warriors who keep our young Church among their intentions!!  
- God bless the Kolbe's Kids who are learning how to ponder the mysteries of the Rosary with our Lady!  
- God bless our high school teens who are diving into Lent!  
- God bless our WorkCamp Crew who are already training for their summer 2019 mission trip!  
**This is THE POWER ...**

**of YOUR LIFE IN CHRIST in action!**

**WeekendWorkCamp Sat. April 13th**

**Works of Mercy & donuts!  
7<sup>th</sup>-12<sup>th</sup> graders 8:45-12:30pm Parish Hall**

**\*\*\*High School Youth Ministry\*\*\***

**\*\*\*FRIDAYS-7am Mass and 1<sup>st</sup> Friday Breakfast!  
God Squad Sunday Evenings 5:45- 8pm gym!  
Sunday, March 10 - Fr. Fisher- JESUS time and some extraordinary Saints for LENT!  
Sunday, March 17-St Patricks Day Dinner**

**\*\*\*Junior High Youth Ministry\*\*\***

**\*Kolbe's Kids\*- Our Lady's Little Army  
Mondays 3:15-4:45 pm PHL 9/17-5/20  
\*Faith\*Fun\*Friendship\*Service\* With Our Lady!**

**Thank you for your prayers! - Mrs. R.**

**Religious Education**



*"Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth Your Spirit and they shall be created. And You shall renew the face of the earth."*

**Religious Education News**

Do you need a way to get involved in our parish? Then consider becoming a religious education volunteer catechist or aide! Catechists and aides are people who love their Catholic faith, can work with children, and are willing to dedicate a few hours each week to their faith formation.

We are currently in need of the following volunteer positions for the **2018-2019 Religious Education Calendar:**

**Sunday (8:45 – 9:45)**

Catechists for Kindergarten  
Aide for Grade 3 and High School

All volunteers **MUST** become **VIRTUS** compliant.

**REGISTRATION for Religious Education.**

**Grades K-HS: Sunday 8:45am-9:45am**

**Grade 7: Monday 6:30pm-7:30pm**

For information, please contact:  
[Lmead@stambroseva.org](mailto:Lmead@stambroseva.org)

**Are you interested in learning more about the Catholic Faith?**

**Join us for RCIA classes**

**Monday evenings from 7pm-8pm  
in the Parish Hall**

To inquire about the life, beliefs, and teachings of the Catholic Church or to register for RCIA you are invited to contact:

**Laura Mead, Director of Religious Education**  
703-280-1122; [Lmead@stambroseva.org](mailto:Lmead@stambroseva.org)

**Friday Lenten Suppers and Stations of the Cross.** All are welcome to join fellow parishioners for Lenten Soup Suppers on Fridays throughout the Lenten season. Meals will be served in the school gym 6-7pm. Stations of the Cross will begin at 7:30pm in the church. Donations will be accepted. Each week a different group will host.

**Mar 15 Knights of Columbus: Mike McCann**  
[m1mccann5@verizon.net](mailto:m1mccann5@verizon.net)

**Mar 22 Youth Ministry: Therese Ryan**  
[cym@stambroseva.org](mailto:cym@stambroseva.org)

**Mar 29 St. Ambrose School: Angela Rowley**  
[principal@stambroseschool.org](mailto:principal@stambroseschool.org)

**Apr 5 Choir, Mary Tropea**  
[MaryTropea@aol.com](mailto:MaryTropea@aol.com)

**Apr 12 Religious Education: Laura Mead**  
[LMead@stambroseva.org](mailto:LMead@stambroseva.org)

Questions may be directed to Laura Mead at [Lmead@stambroseva.org](mailto:Lmead@stambroseva.org). If you would like to help, please contact the group in charge for the week.

**FORMED.org**

THE CATHOLIC FAITH.  
ON DEMAND.

**LENTEN REFLECTIONS**

EXPERIENCE THE CATHOLIC FAITH IN A WHOLE NEW WAY

**Journey through this Lent**

**with Dr. Tim Gray**

Set yourself up for a transformative 40 days with FORMED Lenten Reflections. Get daily videos from esteemed Scripture expert Dr. Tim Gray delivered right to your inbox so you don't miss a day of growing closer to our Lord.

Looking for an easy way to educate yourself and explore your faith? **Formed** is a website designed for you — movies, presentations, podcasts, audiobooks, etc. Sign up now! [www.stambroseva.formed.org](http://www.stambroseva.formed.org)

**FAST AND ABSTINENCE GUIDELINES**

Everyone over the age of 14 years is bound to observe the law of abstinence. Abstinence from meat is to be observed on all Fridays within the season of Lent. On Ash Wednesday and Good Friday, everyone over the age of 18 and up to the beginning of their 60th year is also bound to observe the law of fast. On these two days, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs; but together they should not equal another full meal.

***Ash Wednesday and Good Friday, therefore, are the only days of both fast and abstinence.***

**March 16<sup>th</sup>-17<sup>th</sup>**  
**After all Masses!**



St. Paddy's Day  
**IRISH SODA BREAD SALE**  
Delicious Irish Soda Bread for your  
St. Patrick's Day feast!  
**Loaves- \$5 each**

Proceeds support St. Ambrose Youth Ministry  
Programs.

**Thank you!**



**DIOCESAN MASS AND**  
**ANOINTING OF THE SICK**

The Most Reverend Michael F. Burbidge, Bishop of Arlington, will celebrate a special **Mass and Anointing of the Sick** of the Diocese on Saturday, March 23, 2019. All members (& companions) of the Diocese who are sick or physically/mentally challenged are invited to attend. The Mass and Anointing of the Sick will be held at 11:00AM at St. Ambrose Catholic Church, 3901 Woodburn Road, Annandale. Lunch will follow for all attendees, provided by the Knights and Dames from the Northern Virginia Region of the Sovereign Military Hospitaller Order of Malta, Federal Association. There will be no charge for the lunch. **Please RSVP (call or text) to Kevin Fischer at 703-475-2906 or email to [moonfish3@verizon.net](mailto:moonfish3@verizon.net) (with name, # attending and contact phone# or email)**

**Diocesan WorkCamp 2019**



Next event:  
Lenten Soup Suppers!  
Watch for sign-up genius!  
Questions?  
Contact Mr. Andy Stoss  
at [SAstakeholder@gmail.co](mailto:SAstakeholder@gmail.co)

**Hold the Date—Saturday, March 30**

The Knights of Columbus will be hosting a **Lenten Day of Recollection for the Men of St. Ambrose**. The day will begin with 9:00AM Mass at St Ambrose Church, followed by a light breakfast at the Parish Hall. Our pastor, Father Andrew Fisher will present two talks, followed by lunch. After lunch we will return to the church for a Holy Hour and confession. All men of St Ambrose 18 years of age and older are invited. Please join us for this Lenten Opportunity.

**2019 BISHOP'S LENTEN APPEAL**  
*Together in the Light of Christ*

The Bishop's Lenten Appeal is critical to our diocesan needs and we are asking every household in our parish to support this appeal to the extent that they are able. The BLA funds many programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join together to do the Lord's work – works that touch the lives and souls of thousands of people. Thank you!

**TOOTSIE ROLL DRIVE FOR KOVAR**

This weekend, the Knights of Columbus are collecting after Masses for KOVAR which is the Virginia Knights 100%volunteer run charity to provide grants to finance and furnish group homes, purchase vehicles, support training, sponsor Special Olympics and support other efforts to aid God's special people. KOVAR has been certified "Best in America" by Independent Charities of America. Thank you for your continued generosity and more information on KOVAR can be found at [www.kovarva.net](http://www.kovarva.net).

 **March 6 - April 14**  
**40 DAYS FOR LIFE.**

**HELP SAVE LIVES IN FALLS CHURCH!**

You can protect mothers and children by joining this world-wide mobilization! Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 750 volunteers!

With God's Help, here are the proven results in 23 coordinated campaigns:

- 15,256 babies saved from abortion
- 186 abortion workers changing their minds about abortion and it's harmful effects
- 99 abortion centers closed

Here's how to take part:

Vigil Location: Outside Falls Church Healthcare Center, 900 S. Washington Street (Hwy 29), Falls Church, VA

Vigil Hours for St. Ambrose: Wednesdays from 10 am—12

Contact: Donna Hores at 703-354-5280

Learn more and get involved by visiting our campaign at the address below!

[40daysforlife.com/fallschurch](http://40daysforlife.com/fallschurch)

# 2019

## COME SPEND YOUR LENT WITH SAINT AMBROSE CATHOLIC PARISH

### **SACRAMENT OF CONFESSION**

Wednesday evenings: 6:30 p.m.-8 p.m.  
Saturdays after the 9a.m. Mass  
Saturdays: 3:00 p.m.-4:00 p.m.

### **LENTEN SUPPERS**

Fridays in the School Gym: 6:00 - 7:00pm

### **EUCCHARISTIC ADORATION**

Wednesdays in the Church: 6:30pm – 8pm  
(March 13, 20, 27, April 3, 10, 17)

### **STATIONS OF THE CROSS**

Fridays in the Church: 2:30pm & 7:30pm

### **MONDAY, MARCH 11TH FROM 7 TO 8PM – PARISH TALK BY FATHER FISHER**

*HISTORY OF THE MASS: CALVARY MADE PRESENT BEFORE US*

Father Andrew Fisher, Speaker – Parish Hall

### **MONDAY, MARCH 18TH FROM 7 TO 8PM – PARISH TALK BY FATHER FISHER**

*THE GREATEST PRAYER OF THE CHURCH: AN OVERVIEW AND EXPLANATION OF THE MASS*

Father Andrew Fisher, Speaker – Parish Hall

### **SATURDAY, MARCH 23RD AT 11:00 AM - ORDER OF MALTA ANOINTING MASS**

Bishop Burbidge will celebrate a special Mass for those who are sick or suffering which includes the Sacrament of the Anointing of the Sick. The Order of Malta will host a reception to follow. Please RSVP by emailing: [moonfish3@verizon.net](mailto:moonfish3@verizon.net) (with name, number of people attending, and contact phone number or email) or calling Kevin Fischer at 703-475-2906.

### **SATURDAY, MARCH 30TH AT 10:00 AM - LENTEN RETREAT FOR MEN**

Father Andrew Fisher, Speaker – Parish Hall

Sponsored by the Knights of Columbus

### **SUNDAY, APRIL 7TH AT 7:30 PM IN THE CHURCH - COME WALK WITH ME**

MARK FORREST, INTERNATIONAL IRISH TENOR

Adoration and Eucharistic Procession: Please join us for an evening of meditation, music, prayer, and healing.

### **MONDAY, APRIL 15TH AT 2:15 PM IN THE CHURCH - LIVING STATIONS OF THE CROSS**

Portrayed by St. Ambrose School



**2019**

**COME SPEND YOUR WEDNESDAY AND FRIDAY  
EVENINGS IN LENT WITH YOUR ST. AMBROSE PARISH FAMILY**

**WEDNESDAYS 6:30-8:00PM**

**EVERY WEDNESDAY, ST. AMBROSE PARISH WILL OFFER EUCHARISTIC  
ADORATION AND CONFESSION. THIS IS A PERFECT TIME TO TURN OFF  
THE WORLD, TUNE INTO THE PRESENCE OF JESUS CHRIST, AND  
RECEIVE HIS LOVING MERCY AND FORGIVENESS. (MARCH 13, 20, 27,  
APRIL 3, 10, 17).**



**The Light is ON  for You**

**Celebrate the Sacrament of Reconciliation**

**STATIONS OF THE CROSS**

**FRIDAYS 2:30PM & 7:30PM**

**LENTEN SOUP SUPPER 6:00-7:00PM**



**ON FRIDAY EVENINGS, JOIN WITH OTHER ST. AMBROSE PARISHIONERS FOR OUR  
LENTEN SOUP SUPPERS HELD IN THE SCHOOL CAFETERIA FROM 6:00 TO 7:00PM.  
THEN COME TO THE CHURCH FOR OUR 7:30PM STATIONS OF THE CROSS.**



**Each Week a Different group will host the Lenten Suppers.**

Mar 8	Religious Education: Laura Mead	<a href="mailto:LMead@stambroseva.org">LMead@stambroseva.org</a>
Mar 15	Knights of Columbus: Mike McCann	<a href="mailto:mlmccann5@verizon.net">mlmccann5@verizon.net</a>
Mar 22	Youth Ministry: Therese Ryan	<a href="mailto:cym@stambroseva.org">cym@stambroseva.org</a>
Mar 29	St. Ambrose School: Angela Rowley	<a href="mailto:principal@stambroseschool.org">principal@stambroseschool.org</a>
Apr 5	Choir: Mary Tropea	<a href="mailto:MaryTropea@aol.com">MaryTropea@aol.com</a>
Apr 12	Religious Education: Laura Mead	<a href="mailto:LMead@stambroseva.org">LMead@stambroseva.org</a>

**Questions may be directed to Laura Mead [Lmead@stambroseva.org](mailto:Lmead@stambroseva.org). If  
you would like to help, please contact the group in charge for the week.**