

ST. AMBROSE CATHOLIC CHURCH

Very Rev. Andrew J. Fisher, V.F., Pastor
Rev. Christopher Hayes, Parochial Vicar

March 31, 2019 – Fourth Sunday of Lent

Sacramental Information

Baptism: First-time, expectant parents must attend a prior instruction on the Sacrament of Baptism. Call the Parish Office to make the necessary arrangements. Baptisms are normally celebrated on the 1st and 3rd Sundays of the month following the 12:00 pm Mass.

Matrimony: Registered parishioners who wish to be married at St. Ambrose, or to be prepared for marriage in another parish, must, by diocesan policy, begin the required preparation at least six months prior to the proposed date for their marriage. Contact the parish Office for an appointment.

Initiation of Adults and Children: The Rite of Christian Initiation (RCIA) is a process by which a person becomes initiated into the full sacramental life of the Catholic Church through weekly instruction. If you or someone you know would like to inquire about the life of Jesus Christ and the beliefs and teachings of His Church, please contact Mrs. Laura Mead in the Office of Religious Education. 703-280-1122

Sick Calls: Contact the parish office to schedule visits to the sick or homebound, for the Sacraments of Penance, the Eucharist and the Anointing of the Sick.

Returning to the Church: If you are Catholic and returning to the sacraments, or to the practice of the faith, we welcome you back! If you have any questions or need assistance, please contact a priest at the parish office or after Sunday Mass. We are happy to help you come back home to the Catholic Church.

Parish Membership: Parish Membership is necessary for Baptism, Matrimony, or Sacramental Sponsor Forms. **In order for a Sponsor Form to be issued, one must be a registered/participating member of the Parish for at least three months.** Please notify the office of any changes on your registration form, telephone number, address, temporary absence, etc. Registration forms are available in the parish office or the vestibule of the Church.

Parish Office

3901 Woodburn Road
Annandale, VA 22003

Phone: 703-280-4400

Website: www.stambroseva.org

E-mail Address:

dvasilakos@stambroseva.org

Office Hours:

Mon. – Fri.: 9:00 am – 4:00 pm
Donna Vasilakos, Parish Secretary
Laura Cameron, Receptionist

Religious Education

Laura Mead 703-280-1122
lmead@stambroseva.org

Business Manager

Carla Yaglou 703-280-4400
businessmanager@stambroseva.org

Director of Music

Don Cotton 703-698-0374
dcotton@stambroseva.org

Parish School

3827 Woodburn Road
Annandale, VA 22003

Phone: 703-698-7171

Website: www.stambroseschool.org

E-mail Address:

info@stambroseschool.org

Principal:

Angela Rowley
principal@stambroseschool.org

Youth Ministry

Therese Ryan 703-280-4400
cym@stambroseva.org

Plant & Facilities Manager

Paul Moeller 703-280-4400
facilities@stambroseva.org

Mass Schedule

Sunday Vigil: 5:00 pm, Saturday

Sunday: 8:00, 10:00 am & 12:00 pm

Weekdays:

Monday - Friday.....7:00 & 9:00 am

Saturday 9:00 am

Holy Days:.....as announced

Sacrament of Penance

Saturday: 9:30 am & 3:00 - 4:00 pm

Miraculous Medal Novena

After 9:00 am Saturday Mass

Adoration

Following 9:00 am Mass First Fridays until 7:00 pm **Benediction**

This Week's Masses and Intentions

Monday 7:00am 9:00am	April 1: Lenten Weekday Andrea Hart Edward Raeke III †
Tuesday 7:00am 9:00am	April 2: Lenten Wkdy; St. Francis of Paola, Hermit Jason Hart Mairead Cooper
Wednesday 7:00am 9:00am	April 3: Lenten Weekday Ryan Cooper Brendan Cooper
Thursday 7:00am 9:00am	April 4: Lenten Wkdy; St. Isidore, Bishop & Doctor of the Church Caolean Cooper Don Carson †
Friday 7:00am 9:00am	April 5: Lenten Wkdy; St. Vincent Ferrer, Priest For victims of abuse, for Healing of the Church, and for Holiness of Clergy Pham Family †
Saturday 9:00am 5:00pm Vigil	April 6: Lenten Weekday Danny Del Bianco † Robert Frugoli †
Sunday 8:00am 10:00am 12:00Noon	April 7: Fifth Sunday in Lent People of the Parish Marian Gaynor Mary Glatts

*April 6-7 is our Diaper Drive.
April 20-21 is our Food Collection.
Thank you for your generosity
and support.*

Please Pray For The Ill Of The Parish

Irene Anderson, Baby John Baxter, Nancy Blanco, David Carothers, Emmanuel Castro, Josephine Crosby, Conor Doyle, Michael Everard, Greg Farrell, Therese Fruet, Robert Koldys, Robert McGarrigle, Lewis Rhodes, Robin Allen Rudder, Fr. Spychala, Jim Smith, Laura Sutherland, Fr. Edwin Tewes

Please Pray For Your Priests

- April 1 Rev. Donald C. Greenhalgh (Ret.)
- April 2 Rev. Horace H. Grinnell
- April 3 Rev. Ronald J. Gripshover, Jr.
- April 4 Rev. Lee W. Gross
- April 5 Rev. Richard M. Guest
- April 6 Rev. Andrew W. Haissig
- April 7 Rev. Daniel E. Hamilton (Ret.)

One of the greatest gifts you can give someone is to have a Mass said for them, living or deceased. Please stop by the Parish Office, we have many dates available.

Parish Schedule of Events
CH- Church, PH-Parish Hall,
PL-Parish Library, SCH-School

Monday 9:45am 3:00am 6:30pm 7:00pm	April 1 Legion of Mary (PL) Kolby's Kids (PL) RCIC (PL) RCIA (PH)
Tuesday 9:30am	April 2 Rosary Makers (PL)
Wednesday 10:00am 7:00pm	April 3 Bible Study (PH) Bible Study (PL)
Thursday 7:00pm	April 4 Lightworks (PL)
Friday 9:30am/7:00pm 10:30am 6:00am	April 5—First Friday Adoration and Benediction (CH) Bible Group (PL) Knitting/Crochet (PL)
Saturday 9:00am 9:30am/3-4pm	April 6 Mass and Novena to Our Lady of the Miraculous Medal (CH) Confessions (CH)
Sunday 7:30pm	April 7 Mark Forrest (CH)

LENTEN EVENTS THIS WEEK AT ST. AMBROSE

SUNDAY, APRIL 7TH AT 7:30 PM
COME WALK WITH ME
Mark Forrest, Irish Tenor (Church)

FRIDAY, APRIL 5
2:30 pm Stations of the Cross (Church)
6:00 pm Lenten Soup Supper (School)
7:30 pm Stations of the Cross (Church)

First Friday Adoration is this Friday, April 5th. Please sign up throughout the week in the binder in the Church Vestibule. Adoration starts at 9:30am and Benediction will be at 7:00pm.

You can also sign up online with SignUpGenius at

<https://www.signupgenius.com/go/10c0a4ba4aa2da13-first3>

Please pray for the repose of the soul of
Mrs. Janet Gaydos



Saint Ambrose Catholic School

Mission Statement

"Fostering a faith-filled and academically strong environment, Saint Ambrose Catholic School works with families and the faith community to encourage the formation of the whole child through the examples and teachings of Jesus Christ."



Thank you to all who attended the school-sponsored Lenten Supper on Friday. We enjoy this annual tradition of food and friendship. Our special thanks to those who contributed food or helped set-up, serve and clean-up.

Next week our students will celebrate "Faith and Science" week. The purpose is to bring an awareness and celebration on the beauty of faith and science in the Catholic tradition; that there is no conflict between faith and science; rather, both are compatible and necessary for seeking and knowing truth. We will highlight scientists who were devout Catholics,, enjoy daily science trivia, and end the week with "Faith and Science Jeopardy!"

Our registration process for the 2019-2020 school year is continuing! If you are new to the area or looking for an alternative educational environment for your children please stop by our parish school or call 703-698-7171 to schedule a personal tour. We are still collecting Box Tops. Please save these as our school can turn them into money!

Life is a sacred gift



PRO LIFE CORNER

40 Days for Life March 6 - April 14

HELP SAVE LIVES IN FALLS CHURCH!

Here's how to take part in 40 Days for Life in our community:

Vigil Location: Falls Church Healthcare Center, 900 S. Washington Street, Falls Church, VA.

Vigil Hours: St. Ambrose will pray on Wednesdays after the 9 A.M. Mass from 10-12 P.M.

Contact: Donna Hores 703-354-5280

What we do: Peacefully pray outside the abortion facility to help protect mothers and babies.

Here are the proven results from 23 coordinated campaigns:

15,256 babies saved from abortion

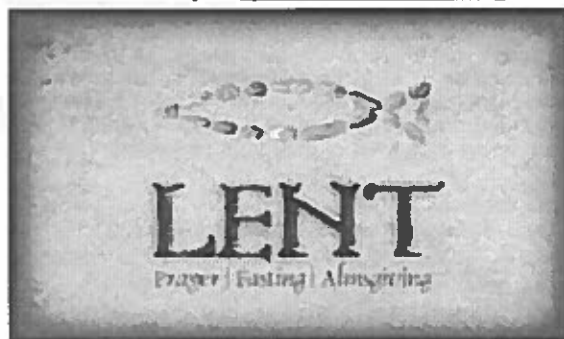
186 abortion workers changing their minds about abortion and it's harmful effects

99 abortion centers closed

St. Ambrose YOUTH MINISTRY

For information on all youth ministry events, check our website at www.stambroseva.org
It takes a Church-Interested in participating/volunteering?

Contact Director of Youth Ministry:
Therese Ryan cym@stambroseva.org



*****WORKCAMP *****

**March 30-31: Lenten Pretzel sales after Masses!
Help needed!!!**

Walking humbly with our God...

- Please pray for our young Church who are bravely engaging a culture who does not know God. May their witness to the Gospel by joyful and uncompromising!

- Thank you to all the prayer warriors who keep our young Church among their intentions!
-God bless the Kolbe's Kids who are learning how to ponder the mysteries of the Rosary with our Lady!

-God bless our WorkCamp Crew who are already training for their summer 2019 mission trip!

This is THE POWER ...

of YOUR LIFE IN CHRIST in action!

WeekendWorkCamp Sat. April 13th

Works of Mercy & donuts!

7th-12th graders 8:45-12:30pm Parish Hall

*****High School Youth Ministry*****

*****FRIDAYS-7am Mass and 1st Friday Breakfast!**

God Squad Sunday Evenings 5:45- 8pm gym!

Sunday March 31- - Exploring FORGIVENESS! w/ Fr. Hayes

Sunday, April 7- #Walkin'WithJesus-the Stations

Sunday, April 14-Triduum Explained - Fr. Fisher

*****Junior High Youth Ministry*****

***Kolbe's Kids*- Our Lady's Little Army**

Mondays 3:15-4:45 pm PHL 9/17-5/20

***Faith*Fun*Friendship*Service* With Our Lady!**

*****Thank you for your prayers and support!-Mrs. Ryan**

Religious Education



"Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth Your Spirit and they shall be created. And You shall renew the face of the earth."

Religious Education News

Do you need a way to get involved in our parish? Then consider becoming a **religious education volunteer catechist or aide!** Catechists and aides are people who love their Catholic faith, can work with children, and are willing to dedicate a few hours each week to their faith formation.

We are currently in need of the following volunteer positions for the **2018-2019 Religious Education Calendar:**

Sunday (8:45 – 9:45)

Catechists for Kindergarten
Aide for Grade 3 and High School

All volunteers MUST become VIRTUS compliant.

REGISTRATION for Religious Education.

Grades K-HS: Sunday 8:45am-9:45am

Grade 7: Monday 6:30pm-7:30pm

For information, please contact:
Lmead@stambroseva.org

Are you interested in learning more about the Catholic Faith? Join us for RCIA classes Monday evenings from 7pm-8pm in the Parish Hall

To inquire about the life, beliefs, and teachings of the Catholic Church or to register for RCIA you are invited to contact:

Laura Mead, Director of Religious Education
703-280-1122; Lmead@stambroseva.org

Providing Meals for participants in Jobs for Life Course at Lamb Center April 4-May 30. As in the past, we are going to be providing meals for the participants in the Jobs for Life 9 week course at the Lamb Center. Dinner before each class helps build community among the participants.

We are asked to provide a healthy meal for 15-20 people. Food should be brought to the Lamb Center at 6pm. Then, we will need a couple of people to stay to set up, serve and clean up until about 7:30 pm. Here is a link to the Sign up Genius in order to volunteer for a manageable part of this outreach ministry.

<https://www.signupgenius.com/go/10c0a4ba4aa2da13-meals1>

St. Ambrose Collection for Catholic Charities Mobile Response Center, March 31st–April 11th. Through Catholic Charities USA, Arlington Diocese will be able to provide curbside assistance to area homeless and poverty-stricken communities for one week each month. How can you help? Donate any of the following items: Laundry Soap, Feminine Products, House Hold Cleaners, Bags (trash bags & sandwich bags), Toilet Paper, Paper Towels, Baby Diapers, Body Wash. Your donated items may be dropped off in the collection boxes located in the school lobby. Questions? Contact Joe Gaziano at joegaziano@yahoo.com.

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

FORMED ON DEMAND

Into the Desert

A Lenten Study on Prayer



Have an intimate dialogue with God

Prayer is a basic element of a life of faith, but it isn't always easy to do. Dr. Tim Gray offers the traditional solution to the problem of prayer in this important series.

WATCH NOW



Discover more great resources on FORMED for enriching your Lent!

VIEW NOW

Looking for an easy way to educate yourself and explore your faith? **Formed** is a website designed for you — movies, presentations, podcasts, audiobooks, etc. Sign up now! www.stambroseva.formed.org

Friday Lenten Suppers and Stations of the Cross. All are welcome to join fellow parishioners for Lenten Soup Suppers on Fridays throughout the Lenten season. Meals will be served in the school gym 6-7pm. Stations of the Cross will begin at 7:30pm in the church. Donations will be accepted. Each week a different group will host.

Apr 5 Choir, Mary Tropea
MaryTropea@aol.com

Apr 12 Women of St Ambrose: Nicki Coss
womenofstambrose@gmail.com

Questions may be directed to Laura Mead at Lmead@stambroseva.org. If you would like to help, please contact the group in charge for the week.

FAST AND ABSTINENCE GUIDELINES. Everyone over the age of 14 years is bound to observe the law of abstinence. Abstinence from meat is to be observed on all Fridays within the season of Lent. On Ash Wednesday and Good Friday, everyone over the age of 18 and up to the beginning of their 60th year is also bound to observe the law of fast. On these two days, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs; but together they should not equal another full meal.

Ash Wednesday and Good Friday, therefore, are the only days of both fast and abstinence.

Lenten Pretzel Sale to support our 2019 St. Ambrose WorkCampers

The St. Ambrose WorkCamp Crew will be selling pretzels outside after all the Masses this weekend. Did you know that pretzels were originally a Lenten food? Stop by after Mass for the rest of the story and to support our WorkCamp Crew as they prepare for their Summer mission trip!!



Thank you and God bless you!

Diocesan WorkCamp 2019

Help needed...Next events: Pretzel Sale - 3/30 & 3/31 Friday night Lenten Soup Suppers!



Watch for sign-up genius! Questions?

Contact Mr. Andy Stoss

at SAstakeholder@gmail.com

***We will have St. Ambrose' WorkCamp Crew T-shirts for sale as a fundraiser.

Watch for more info on how to get yours here!

Car Raffle Update. Each \$5 ticket gives a chance to win one of five vehicles or one of twenty cash prizes totaling \$20,000. This year's raffle will contribute to our parish building project, the St Ambrose School scholarship fund, Weekend and Summer Work Camps for our parish young people and local programs. Entries are due April 30. Please return tickets to the parish office during the week, drop them in the box in the church vestibule on week-ends, or mail them to All Saints. For photos of the vehicles and other information on the raffle, go to the webpage: allsaintsvachurch.org/news-and-events/parish-festivalraffle/car-raffle/

The Light is On for You. Are you having difficulty forgiving an acquaintance or a loved one? Have you considered seeking God's healing first in the Sacrament of Reconciliation? To help you do that, every Catholic parish across the Archdiocese of Washington and Diocese of Arlington, including our own, will offer the Sacrament of Reconciliation on Wednesday evenings. This year you can view all the confession times across the region by using the Confession Finder map online at theLightisON.org and look for additional Lenten resources in the back of church.

Morning Bible Study beginning

Wednesday April 3-May 29 at 10am in Parish Hall

Follow Me: Meeting Jesus in the Gospel of John

Being Catholic takes more than simply believing in God or doing what he asks of us. Jesus wants you to be more than just a believer—he wants you to be his disciple and friend. To help you answer this call to deeper friendship with Christ,

We will begin *Follow Me: Meeting Jesus in the Gospel of John* on Wednesday April 3 at 10am. This is an 9 session study. You will not only benefit personally from being part of this study; you will also help us to grow in fellowship as a parish as we grow closer to Christ together.

For more information or to register, visit Ascension Press at

<https://ascensionpress.com/studies/38232/registrations/new>

or contact Laura Mead at L.Mead@stambrosva.org

Evening Bible Study beginning

Wednesday April 10-May 29 at 7:00pm in Parish Library

Galatians: Set Free to Live

Paul's letter to the Galatians speaks directly to the heart of Christians and addresses the most important question we can ask: "What must we do to be saved?" It speaks of the extraordinary gift of salvation that Jesus has won for us, and how we can unite ourselves to Christ's redeeming sacrifice.

In the new study by *Galatians: Set Free to Live* by Jeff Cavins, learn what it means to have this filial relationship with God the Father, how He honors us as His children, and how we must honor Him as our loving Father.

Join us for *Galatians: Set Free to Live* at St. Ambrose Parish Library beginning April 10 at 7:00pm until May 29 For more information or to register for the study contact Joe Gaziano at joegaziano@yahoo.com. To order the materials and register for the class follow this link.

<https://ascensionpress.com/studies/38088/registrations/new>



PLEASE RETURN BLUE BAGS TO ST. AMBROSE ON:
APRIL 6th AND APRIL 7th
FOR THE CATHOLIC CHARITIES
ST. LUCY FOOD PROJECT FOOD DRIVE



TOP 10 FOOD ITEMS NEEDED

- 1 Peanut Butter & 2 Jelly
- Cooking Oil
- Pasta/Rice/Potato Side Dishes
- Canned Meat & Fish
- Canned Veggies & Fruit
- Cereal, Oatmeal, Rice, Grains
- Beans: Canned, Baked, or Dried
- Pasta & Sauce

(NO GLASS PLEASE!)

- Shelf-stable Boxed Milk
- Baking Items: Bisquick, Flour, Shortening, Sugar

Any other non-perishable item you wish to donate!

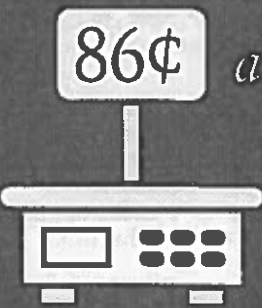
PRIORITY ITEMS


- CANNED FRUIT
- CANNED PASTA

 *nearly* **1M**
pounds of food
distributed in 2017


69 partners receive
food from St. Lucy

 **74,600**
children in the
diocese are hungry

 **86¢** *a pound*
cost to deliver food
to the hungry


196,000
individuals in the
diocese don't have
enough food

2019
COME SPEND YOUR LENT WITH
SAINT AMBROSE CATHOLIC PARISH

SACRAMENT OF CONFESSION

Wednesday evenings: 6:30 p.m.-8 p.m.
Saturdays after the 9a.m. Mass
Saturdays: 3:00 p.m.-4:00 p.m.

LENTEN SUPPERS

Fridays in the School Gym: 6:00 - 7:00pm

EUCHARISTIC ADORATION

Wednesdays in the Church: 6:30pm – 8pm
(March 13, 20, 27, April 3, 10, 17)

STATIONS OF THE CROSS

Fridays in the Church: 2:30pm & 7:30pm

SUNDAY, APRIL 7TH AT 7:30 PM IN THE CHURCH - COME WALK WITH ME

MARK FORREST, INTERNATIONAL IRISH TENOR

Adoration and Eucharistic Procession: Please join us for an evening of meditation, music, prayer, and healing.

MONDAY, APRIL 15TH AT 2:15 PM IN THE CHURCH - LIVING STATIONS OF THE CROSS

Portrayed by St. Ambrose School



2019

**COME SPEND YOUR WEDNESDAY AND FRIDAY
EVENINGS IN LENT WITH YOUR ST. AMBROSE PARISH FAMILY**

WEDNESDAYS 6:30-8:00PM

**EVERY WEDNESDAY, ST. AMBROSE PARISH WILL OFFER EUCHARISTIC
ADORATION AND CONFESSION. THIS IS A PERFECT TIME TO TURN OFF
THE WORLD, TUNE INTO THE PRESENCE OF JESUS CHRIST, AND
RECEIVE HIS LOVING MERCY AND FORGIVENESS. (MARCH 13, 20, 27,
APRIL 3, 10, 17).**



The Light is ON  for You

Celebrate the Sacrament of Reconciliation

STATIONS OF THE CROSS

FRIDAYS 2:30PM & 7:30PM

LENTEN SOUP SUPPER 6:00-7:00PM



**ON FRIDAY EVENINGS, JOIN WITH OTHER ST. AMBROSE PARISHIONERS FOR OUR
LENTEN SOUP SUPPERS HELD IN THE SCHOOL CAFETERIA FROM 6:00 TO 7:00PM.
THEN COME TO THE CHURCH FOR OUR 7:30PM STATIONS OF THE CROSS.**



Each Week a Different group will host the Lenten Suppers.

Apr 5 Choir: Mary Tropea

MaryTropea@aol.com

Apr 12 Women of St. Ambrose: Nicki Coss

womenofstambrose@gmail.com

**Questions may be directed to Laura Mead Lmead@stambroseva.org. If
you would like to help, please contact the group in charge for the week.**



Mark Forrest
International Irish Tenor
Come Walk with Me

Please join us for an evening of Eucharistic Adoration, meditation,
music, prayer, and healing

Sunday, April 7, 2019 at 7:30pm

St. Ambrose Catholic Church
3901 Woodburn Road
Annandale, VA 22003

For more information about Mark Forrest
Please visit www.markforrest.com