

A PROGRESS REPORT ON  
CATH<sub>2</sub>O<sub>2</sub>LIC HEALTH ORGANIZATION

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(C H O)

from

**Father Richard Wilhelm**

## Author's Note:

After teaching **Physics** for some ten years at Elder High in Cincinnati, Ohio; an **Army Chaplain** on active duty in Korea, and the Reserves, for twenty-four years, and caring for our hospitalized **Veterans** for twenty-three years in Battle Creek, Michigan and Dayton, Ohio V.A. Hospitals; I finally retired from the Chief-of-Chaplains post at the Dayton V.A. Center and set out to fulfill a life-long desire to research for a cure for Cancer, Mental Illness and other Diseases.

On my first appointment to St. Aloysius Church in Elmwood I became enchanted with Dr. Maynard Murray's medical research. Dr. Murray was the brilliant disciple of Dr. Martin Fischer, head of the Physiology Department of the University of Cincinnati for 47 years. Through their help I grew to know and cherish Dr. Harold McClellan, superintendent of the Dayton State Hospital. Dr. McClellan was a champion of the Thomistic Philosophy that "the mind is spiritual and as such is impervious to disease," but the brain and nervous system is flesh and blood and material, and able to be infected as any other part of the body. In four years, as head of the Dayton State Hospital, Dr. Harold McClellan raised the dismissal rate from 35% to 80% by treating these mental patients as if they were physically sick.

Many hours were spent developing the somatic approach to psychology and Dr. McClellan looked to the Catholic Church to help find the bacteriological cause of psychosis, as well as the answer to the riddle of spiritual life. Dr. McClellan was stricken with lung cancer and died, but not before he was baptized into the Catholic Church. I anointed him at St. Elizabeth Hospital, Dayton, Ohio and promised to try to get the Catholic Church behind his project: a somatic approach to Psychology. Freud was fraudulently flaunted at that time (1945), but I thought that the fight against mental illness should come under the banner of Our Lady of "Notre Dame." So, under the guise of studying Physics at Notre Dame in the Summer of 1945, I was there trying to kindle a fire under Father Cavanaugh, Father Moore, Father Bolger and Dr. Reneirs. A priest for only two years, I organized a meeting at the Oliver Hotel in South Bend after the Illinois-Notre Dame game in November, 1945. Dr. Martin Fischer and Dr. M. Murray, Dr. Sprague (head of the College of Surgeons in Chicago), together with about 50 Doctors (a dozen of whom were from New Orleans) and about 20 priests, among whom were Father Bill Hopp and Father Bob Hungling, attended the dinner meeting hosted by Jim Divaney, manager of the Oliver Hotel. After much discussion and correspondence, Notre Dame declined, explaining they were not a Medical School and this idea was too new for them. Surmising Mental Illness to be caused by a virus or streptococcus, Bishop Fulton J. Sheen said it is about time for psychiatrists to get off their couches in the clouds and get down in the laboratory and find out why these people are sick of mind.

Dr. Martin Fischer, author of twenty books, one of the greatest

doctors of our times, saw the need for this research and had Mrs. Wurlitzer donate \$100,000 for this project at Longview Hospital in Cincinnati. Dr. Fischer called on his old friend, Dr. Edward Carl Rosenow (1875-1966), to come down from the Mayo Clinic, where he had done basic research for 60 years, to try to find the bacterial cause of mental illness. Dr. Edward Carl Rosenow worked in the laboratory at Longview for four years and isolated what he called a neuro-tropic streptococcus. His technique was to go down behind the nasal-pharynx (that little tongue-like appendage in the back of the mouth) with a piece of cotton on a wire and capture the predominant infecting streptococcus; and then he grew these little creatures in a beef broth and dextrose medium in the laboratory. Streptococci, looking like a string of wieners under a microscope, under suitable conditions will split apart and form two about every 15 minutes. Two-four-eight-sixteen—and in a few days their number is legion! Then these neurotropic streptococci were injected into mice and soon they did their damage and the mice became all confused and unprogrammed. Rabbits and guinea pigs, when infected, also lost their cool and became distraught. Then Dr. Rosenow skin-tested the 2500 mental patients at Longview Hospital and found that practically all of these patients had a neurotropic streptococcus infection. Thus he proved that mental illness is caused, not by sex or strain, fear of phobias, but by a very minute invader of the central nervous system. Dr. Edward Carl Rosenow, having captured the micro-organism that invaded the central nervous system, set out to get rid of the infectors. His basic tenet was that the Human Body is like a world, and in the world of the body we have millions of micro-organisms, little creatures each seeking its own habitat and food and environment. Just as animals in the world live in different climates, eat different foods, multiply, prey on others, infect, go through metamorphoses, pollute streams, so these little micro-organisms invade our bodies and seek out their proper habitats; some gnaw away at the joints (inflammatory rheumatism), give off a calcium waste matter, and like the coral in the sea, cement our bones together; some lodge in the liver, kidneys and with their bile form stones; others live in the very lining of the arteries and leave their hard deposit on the wall of the arteries; others cling to the lining in the central nervous system and short-circuit some of the electronics in our central computer of the brain; others attack cells and enter within them building cocoons around the stricken cell, cutting off the blood supply and causing the cell to lose its specific function so

that it can only live and multiply into a cancerous tumor.

Dr. Edward Carl Rosenow found out that Rheumatic Fever was caused by a streptococcus about 1925 and produced his antibody by boiling the streptococci in water and injecting the dead streptococci back as an antibody. He published his report but it took the American Medical Association twenty-five years to recognize this fact. Dr. Rosenow, with his nasal-pharynx method, isolated the specific streptococcus that causes about 35 different diseases. Why the Mayo Brothers never championed the findings of Dr. Rosenow we will never know, but when I went to the Library at Mayo and asked the head librarian for a list of Dr. Rosenow's papers, she embraced me like a long-lost son when she found out I was a friend of Dr. Rosenow, Sr. She assured me that he was the greatest doctor to ever hallow the halls of Mayo Clinic! He had written about 450 Medical Papers and the old cliché that "no one has been able to duplicate his work" is due to the fact that no one has had enough dedication and know-how to try. Dr. Martin Fischer told Dr. Rosenow's son, head Surgeon at Pasadena City Hospital at that time, that his Dad, Dr. Edward Carl Rosenow I, is the greatest doctor he knows today, and has been the greatest for the last 50 years.

Conrad Hilton donated \$11-million to the Mayo Foundation for Research in the Behavioral Sciences and we went to Mayo right after the ten-story building was built for this purpose; we asked Dr. Wiznits, head of the Foundation's Board, if they were going to pursue Dr. Rosenow's work and try to research the neurotropic streptococcus that causes mental illness. Dr. Wiznits said that nobody has been able to repeat Dr. Rosenow's work on neurotropic streptococcus. We asked him if he knew of anyone who had tried, and he had to admit that he didn't! He was just too busy with tranquilizer, stress and strain frustration therapy, so those little old bugs still have a field day!

When are we going to dig out all those goodies worked out by this genius of the past? We have known this work of Dr. Rosenow for only twenty-five years. When Dr. Rosenow came from Mayo to Longview Hospital he isolated the little invaders of the central nervous system: neurotropic streptococci. His attack against these micro-organisms was well thought out! The most repugnant thing to a living organism is the dead of its own kind. The most repugnant thing to a human being is a dead human! The most repugnant thing to a horse is a dead horse, to a rat a dead rat. So the most repugnant

thing to a neurotropic streptococcus is a dead neurotropic streptococcus. If you wanted to rid your chicken-coop of rats without killing your chickens, probably the best method would be to throw dead rats into the pen!

Dr. Rosenow recognized that most of the streptococci that cause the systemic diseases are anaerobic, and so, instead of boiling the streptococci in water, he boiled them in a 1.5% solution of Hydrogen Peroxide. He took the dead streptococci and injected them back as an antibody with great success. Too bad that Dr. Rosenow didn't have command of Clinics to carry out in practice his finding in the Research Laboratory! Father Joseph LaBonte, a Lasallete priest, suffering from a nervous break-down, was sent to me by Father Hopp at DePaul Sanatorium in New Orleans and we took him to see Dr. Rosenow. Dr. Rosenow skin-tested him; a big red blotch on his arm resulted and Dr. Rosenow found out the Father was infected with neurotropic streptococci. Dr. Rosenow gave Father LaBonte his Hydrogen Peroxide neurotropic streptococcus antibody and in a couple of months he was ready to go back to his post in Holyoke, Massachusetts.

When a priest-classmate had a nervous breakdown and took every therapy known to Psychiatrists, he even came under the care of Dr. Barkmeyer, a world-famous Catholic Psychiatrist at Seton Institute in Baltimore; he held out little hope for him. So we had him sign himself out of Seton Institute and took him to Dr. Rosenow; under his treatment a big red patch on his arm told us that he was infected with neurotropic streptococcus. The Dominican Sisters of the Sick Poor helped administer the hydrogen peroxide neurotropic streptococcus antibody and in about six weeks Father was his old self, well on the way to recovery and he hasn't had any recurrence of the psychosis since 1957! Father Joseph LaBonte, a Lasallete Father from Holyoke, Massachusetts, had the same treatment and cure.

The \$100,000 donation from Mrs. Wurlitzer ran out. Dr. Rosenow presented his papers to Dr. Babor, Director of Longview Hospital, who very graciously dropped them into the waste-paper basket. Dr. Rosenow went back to Mayo, and, when more than eighty-five years of age, he retired to Walker Retirement Home with his wife. We went to Minneapolis to see Dr. Rosenow and asked him if, instead of taking the neurotropic streptococci and boiling them in the laboratory with hydrogen peroxide and then injecting the dead streptococci back as an antibody, would it be possible to wash out

the mouth and gargle with hydrogen peroxide to obtain the desired effect? He said, "Father, that would be just fine; however, I just wired my congratulations to Dr. Reginald Holman in Cardiff, Wales who has been giving hydrogen peroxide in a dilute solution .3% to cancerous mice; in 30 to 60 days he claims the cancerous tissues disappeared. Hydrogen-peroxide ( $H_2O_2$ ) is nothing but WATER ( $H_2O$ ) and OXYGEN ( $O_1$ ). When these two elements are heated to about 90 degrees they break up and give off nascent oxygen —  $O_1$ , which oxidizes most micro-organisms. Put about a tea-spoon full of hydrogen-peroxide in a glass of fresh milk and it will kill all the micro-organisms; as a result the milk will never sour even without refrigeration. Believe me; try it!" We have a pint of milk treated with a teaspoon of hydrogen peroxide fresh for 2½ years. The F.D.A. has just declared hydrogen peroxide ( $H_2O_2$ ) non-toxic and safe to drink diluted in water, milk and juice. We expect milk treated with hydrogen peroxide to be on the shelves soon.

Dr. Rosenow assured us that  $H_2O_2$  in a dilute solution—.5%—can't hurt one and, if cancer is caused by a little anaerobic virus, then maybe the best attack against this merciless killer might be the best non-toxic protector of the body.

Hydrogen peroxide was used for years on sores and infections on the outside of the human body. Dr. Paul Keyes, head of the Dental Department of the National Institute of Health, Bethesda, claims if you scrub your teeth with salt and baking soda and rinse with hydrogen peroxide, it eliminates the need of gum surgery. And now, to attack the invaders of the flesh from within and possibly through the digestive system, might be the best way into the blood and to the infected part of the body, wherever it might be. If a person drinks radio-active iodine it can be detected at the end of a finger with a geiger counter in 13 seconds!

The wisdom of Dr. Rosenow still rings in our ears, and we have told many people about the hydrogen peroxide approach to disease. In our very caring way we have tried to put into the language of the layman the truths of this greatest man in the medical world, Dr. Rosenow.

If about thirty five afflictions are caused by an invading virus and streptococcus, why not use the greatest non-toxic killer of them all, **hydrogen peroxide, internally?** If Dr. Rosenow had the answer to mental illness, cancer, and so many other diseases, why should all this research be filed away in a Library because no one dares to seek

the truth hidden in hydrogen peroxide taken orally? So many wonderful results have been obtained by the use of hydrogen-peroxide in a 0.5% solution that we are ready to stake our time and resources on putting it to the test!

We did a lot of research with Dr. Maynard Murray down through the years. We made him an ozone machine in which we passed pure oxygen over a high potential of electricity; the ozone ( $O_3$ ) was so strong it oxidized the rubber hoses in his car. (In 1939, Dr. Murray wrote a medical paper about thymus gland serum in which he stated that the thymus grows smaller as the animal grows older in about all except the guinea pig and the toad and these two species are cancer-free. In 1978 Texas University came out with a thymus gland serum for cancer.) Dr. Murray had great success in removing infection in the base of the teeth in accordance with the theories of Dr. Martin Fischer, who claimed the primary focus of infection is in decayed teeth! We know a great number of people alive today who owe their life to the heroic work of Dr. Murray! Dr. Murray, in his quest for an answer to cancer, turned to the sea and found that all sea-fish and mammals are cancer-free. The shark doesn't die from disease but battle. The alligator goes out of fresh water into salt when he is sick. Salt-water fish and mammals all over the world do not have cancer, and sea-water covers about 73% of the earth's surface! And 95% of all life on earth lives in the sea. Sea-trout grow twice as big, and live twice as long, as their fresh-water brothers. The 60-ton whale, full of fat and blubber, has beautiful arteries like those of a new-born baby; on the other hand, Dr. Murray examined fresh-water trout in the clearest waters in Minnesota and found that 60% of those trout over five pounds had cancer of the liver.

As you may well know, sea-water has about all the elements in the world and in a proper proportion. All the "goodies" these many years have been washed off our beaches and our lands out to the sea! About a 100-acre farm is washed down the Mississippi every day! So, the big job facing man is to get these "goodies"—trace elements—out of the sea and back into the land and our food. Most commercial fertilizers contain only a dozen elements, and no effort is made to incorporate the many trace-elements that are necessary for healthy life and growth. Too much salt is bad for plants and animals alike; but sea-salt in the proper proportion (one table spoon full per gallon of fresh water; or, one gallon of sea-water to four gallons of fresh water) does wonders for the growth and health of the plants. Ordinary tomatoes, grown in your garden, will have



only about 20 to 25 elements; but, grown in sea water, they will pick up some 50 to 60 elements! Possibly the answer to many health problems can be found in these deficiencies. The practice of taking a sample of your hair, and having it analyzed in the laboratory to ascertain one's chemical unbalance, is of great importance.

In his endeavor to get the elements from the sea into the earth and chelate them into organic life, Dr. Murray's research led to what he termed, "Sea Energy Agriculture." Dr. Murray trade-marked the term "SEAPONIC," and devised a way to grow vegetables hydroponically with sea water in a 4 (fresh water) to 1 (sea water) ratio as the nutrient additive. "Seaponic" tomatoes are great for the old natural taste and trace-elements. It might be difficult to get sea-water; so Dr. Murray discovered a vast deposit of the world's best sea-salt in the Baja Peninsula near San Felipe below Mexicali in Baja, Mexico. One table-spoon full of sea-salt in a gallon of water makes plants and flowers perk up like never before! Cut flowers last five times as long when kept in this sea-water solution. So now we are working with Dr. Maynard Murray in trying to bring the elements of the sea into your life!

What we need is real hard-rock scientific research tests on Hydrogen Peroxide to prove its worth. I visited Dr. Harold Manner at the Biology laboratory of Loyola University, Chicago, where he established a 21-day treatment for cancer. His method begins by taking a pinch of hair and analyzing it in the laboratory to find the basic chemical deficiencies; he then tries to correct this with proper chemical supplements chelated from inorganic to an organic substance able to be assimilated by the body. Then he cleans out the whole digestive system without food for two days, allowing only fruit and vegetable juices and coffee enemas to clean out the bile from the bowel. He claims that the digestive system of most cancer patients is abominable. Most cancer patients have only about one bowel movement a week.

In 1972 Dr. Manner researched laetrile, together with the Mayo Clinic, Sloan-Kettering Research Laboratory, and the National Cancer Institute, and found that laetrile used by itself is useless (but not toxic as they claimed in 1972 but now [1980] disavow). Yet in Mexico and in Jamaica they were getting good results with laetrile! So Dr. Manner went to these places and found that in conjunction with laetrile they were using Vitamin C, Vitamin A, trophozymes, a twin enzyme. I'm trying to get Dr. Manner to use

H<sub>2</sub>O<sub>2</sub>—hydrogen peroxide—orally in a dilute 0.5% solution to attack the virus along with laetrile. Dr. Manner, with the vision of an electronic microscope found around the cancer cell the attacking virus builds up a cocoon, a kind of shell, which keeps the flow of blood out of the cell, and won't let the laetrile enter the cell to kill the virus. Enzymes—tenderize the tumor—eat away the shell and allow the blood and laetrile to enter the cell. "Laetrile" comes primarily from the apricot. God, in all His Divine Wisdom, made the apricot bright and rosy, attractive to the eye, and very tasty; so we pluck it and carry it away, eat it and toss the seed in the ground. Dirt, water and sunshine work on the seed, and soon a very tender sprout shoots out and enters a very hostile world. Just as God protects the snake with venom, the bull with horns, porcupines with nettles, bees with stingers, so too, He protects this tender sprout by building into the flaky skin around the kernel a cyanide poison which kills the virus and micro-organisms without affecting the stem. So we are extracting this cyanide—laetrile (present in almost all seeds) from the apricot seed and injecting it into the body to seek out and destroy the cancer-causing virus. The cell explodes and is rejected by the body. H<sub>2</sub>O<sub>2</sub> will do the same thing; it is non-toxic—the FDA just declared it so (it is only "water"—H<sub>2</sub>O— and "oxygen"—O<sub>1</sub> [nascent oxygen]) which burns up most micro-organisms.

The most important factor of all in this healing process is "PRAYER" — for Jesus said, "Without Me you can do nothing." "I" and "J" are the same in Latin, and God is the great "IAM" to the Jewish believer; and so, "I" is our symbol for Jesus and God.

"Canned goods," where the enzymes are killed, are out and off the diet for Dr. Manner's patients—they are advised to eat only uncanned natural foods; here Dr. Maynard Murray's C-(Sea) Energy Agriculture comes into play! CH<sub>2</sub> O (Sea Water) restores all the elements to the soil and returns most of the trace-elements back into vegetables, and the animals who eat them. Farmers in Claxton, Georgia just found out that if peanut and corn fields are treated with sea-salt it gets rid of the aphlo-toxin blight that has about ruined the peanut crop. Sea-water contains about all the elements in the world, and it may well be the nutrient of the future!

So, being a Catholic priest, I couldn't resist the impulse to tell the CATH<sub>2</sub>O<sub>2</sub>LIC story — "C" — Chemical analysis of the hair, Clean out the digestive tract with fruit and vegetable juices —

Coffee – enema – Colon irrigation, and massive dosage of Vitamin C. “A” – Arm the immune system with Vitamin A cod liver oil emulsified in fruit juices. “T” – Tenderize the Tumor with Trophozymes – Twin enzymes – (Intenzymes & Retenzymes). “H<sub>2</sub>O<sub>2</sub>” – just water, H<sub>2</sub>O and nascent Oxygen. “L” – (Laetrile –) God’s protector in most seeds against virus – “I” – Latin for J-esus and so Prayer to God, the I am. Inner self-cure is First & Foremost. “C” – no canned food, Sea-water, CH<sub>2</sub>O – Seaponics. CATH<sub>2</sub>O<sub>2</sub>LIC – begins and ends with C-Sea.

In conclusion, we do hope that this CATH<sub>2</sub>O<sub>2</sub>LIC formula will be the nucleus which will restore health to the sick, and keep the healthy infection-free in body, and restore to those suffering from mental illness a sound mind in a sound body (“Mens sana in corpore sano” – St. Augustine). Every day we are finding these claims are being substantiated by people willing to try them, and we are patiently, yet anxiously, awaiting the laboratory tests to be worked out.

Summarized very simply, to make Lourdes-like water, add 1 oz of 3% Hydrogen peroxide to a gallon of spring, filtered or distilled water.



Eliminate Cares with Hydrogen Peroxide. When your heart heats, up the H<sub>2</sub>O<sub>2</sub> gives off live Oxygen – O, which kills virus and streptococcus – burns them up – OXIDIZES THEM. The F.D.A. has declared that H<sub>2</sub>O<sub>2</sub> is neither Toxic nor CARCINOGENIC AND ABLE TO BE USED IN MILK in 45 countries.

*“May God bless you all ways for your many kindnesses.”*

*Father Richard Wallhelm*

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