

# Personal Supplies for Haiti Mission Trip

\*\*\*PERSONAL LUGGAGE: fanny pack, back-pack(to be placed under seat in plane); one carry-on with wheels (45" total measurement 21-23 " high) small enough to fit in overhead storage clothes can be wrapped in Ziplocks

BREAKFAST FOODS (BARS, SNACKS,) sandwich for day of travel

CAMERA/ FILM

CREOLE LANGUAGE BOOK

CROSS TO WEAR ON NECK DURING MISSION TRIP

DRIVERS' LICENSE

EARPLUGS (AIRPLANE PLUGS IF NEEDED FOR PRESSURE PROBLEMS)

FLASHLIGHT(small, disposable to be left in Haiti &/or trigger light

CROCKS (if you choose to bring for "muddy" home visits)

HAITI T-SHIRT (WEAR TO AIRPORT & return home trip)

LIGHT JACKET (for airplane trip only)

MEDICINE (PEPTO- BISMOL TABLETS (6 PER DAY); TYLENOL PM Or BENADRYL to help you sleep

PASSPORT

PERSONAL TOILETRIES: Small SANITIZED LIQUID hand wash, SOAP/ SHAMPOO, small wet wipes;

MOSQUITO REPELLENT; SUNBLOCK; KLEENEX, SHOWER shoes

SUNGLASSES

SWIMSUIT (we try to visit the beach one afternoon)

TENNIS SHOES & SANDALS

TICKETS (Airline) e-mail notice

WASHCLOTHS for personal use

Missionaries can also bring following: long sausage roll, beef jerky, dried shrimp, peanut butter, tuna, sardines

*Note:*

Leave Fr. Joe's e-mail address & phone number with your family

jomanaseustache@hotmail.com 011-509-373-18746

Rev. Jomanas Eustache,

Route de l'Aviation de Numero Deux, Entree de l'Eglise Notre Dame,

Jeremie, Haiti HT7110 (will need this for green customs card)

Enor Rodrigue, our contact in PAP 011 50936975116

Your family can call Ken and Yolanda Trahan 985-870-5823 for trip updates.

Please wear the following to morning Mass: ladies---skirt or dress (knee-length) or pants to knees; Sunday Mass dress or skirt; men may wear shorts to daily Mass, but long pants are more culturally acceptable