

## Haiti Mission Trip: FAQ

### A. General

1. Passport
2. Up to date Tetanus
3. Bring Chewable Pepto Bismol (chew 2 tablets twice daily after meals)
4. Ear plugs (**recommended**) **especially from small airport to Jeremy**
5. Any personal medications you normally take
6. **You will not be checking a personal bag.**(you may be assigned 1 or 2 duffles) you can bring a carry on bag and/or backpack only  
Clothing will not be an issue. We generally give away most of the clothes we bring by the end of the week, which is a personal choice. You can also have your clothes washed (for a few \$), while we are at Numero Deux.

**We will attend one Sunday Mass in the community...so a comfortable dress for women and long pants for men would be preferred. The Haitians at Sunday Mass will be in their best clothes and we will be sitting in the front of church as their guests.**

7. Snack food will be available, but feel free to bring a few personal items that you enjoy.
8. Tennis shoes and sandals with a “sturdy sole” are recommended. Some of the paths we walk have plaited thorns.
9. Bathing suit (there will be a beach trip or two) and sunscreen
10. Towels and bedding are all provided. You can bring a facecloth, if desired. There are small/hotel size bars of soap and shampoo but we usually bring our own for convenience. There are separate bathrooms for each room.
11. Small/personal size bottle of hand sanitizer
12. Money: Personal Choice: Your meals and drinks, including Prestige are included.  
We will try to buy sandwiches in Miami, time permitting for the flight to PAP.  
Everyone will be on their own for buying food on return from PAP.

There will be a day set up for purchasing hand made Haitian souvenirs at ND at the end of the week.

You may want to bring some smaller bills to use day to day if you see something you like or someone you want to bless! **Caution!** Please only do this privately or you may cause a stampede. The largest donations usually get left with the sisters at the Missionaries of Charity when we visit them. Again this is your personal choice, but it is a moving visit for most.

**You could need as little as an extra \$60.00 for personal items and depending on your interests, \$500. should be much more than you need.**

### B. Typical Day and Mission Week ( with room for modifications )

Early risers will enjoy the sun coming up with a cup of coffee on porch over looking the beautiful Caribbean Sea. Coffee is ready about 5 AM.

We usually try to begin each day with Mass. Fr. Joe will usually say Mass in his chapel for anyone wishing to attend.

Breakfast follows Mass and we go over our basic plan for the day. We try to schedule some free time during the week for all to explore some things on their own or in small groups.

**Things we will do during the week:**

Family Distribution to approximately 160 families. This is one of our major jobs on the trip. We will work together filling bags with portions of rice, beans, flour and sugar for distribution. We will then pack together for distribution day when families come to compound to receive their gifts.

Dedicate New Homes and inspect construction

Visit Jeremie and Missionaries of Charity

Prison Ministry (Food and Medicine Distribution)

Visit Schools, feed children

Inspect wells as needed

Go to beach

Hike into rain forest and hills outside Numero Deux and meet some of the locals

Host appreciation dinner party for construction team at Bec's Bakery & Restaurant

Try to set up soccer match and lunch with Grand'Anse Ecole de Foot club

Eat lunch, dinner and drink Prestige. (Maybe a nap) Visit with as many Haitians as possible and enjoy "Voluntourism". Spread as much love as possible to the community we serve.

Most nights we will spend some time together as a group sharing our thoughts about what we experienced during the day. This has been one of the most enjoyable parts of the day for us. It is wonderful to hear the perspectives of those who are making their first trip to the area and to share the emotions of the day. This is a time that most really enjoy, but participation is voluntary.

Most people will be pleasantly surprised by the food. Some days there will certainly be things you do not like, but there is always a supply of fresh bread, peanut butter and laughing cow cheese to get you through a meal.

For those traveling from NOLA...plan on arriving at airport at 4:00 AM!

Everyone travelling with on an HMI mission trip is issued a special travel T shirt and cap.

There are two times when it is important to wear your T shirt...When we travel from Miami to PAP and when we travel home from PAP to Miami. It helps us spot each other in a crowd and it also helps the people meeting us to find us...we also take a great group picture on the last day!

For your customs form: **(Green) to fill out on Flight from Miami to Pap – things needed**

**Please note – your birthdate is Day, Month and year. Need your passport # and flight #**

**Purpose of trip - Recreation**

**Address in Haiti –**

you are staying with Fr. Jomanas Eustache

Route de l' Aviation de Numero Deux

Entree de l' English Notre Dame

HT7110 Jeremie, Haiti

Fr. Joe's cell on form only # 37318746; for your use call him at 011 509 37318746

**Only need one white form per family.**

**On return trip declaration, check “No” on all the options and the total value of articles is \$100**

**Description of articles – “Souvenirs” If you have rum, put how many bottles or cases.**

This is general information that should address most questions. .

Please do not hesitate to call or email:

Laura (985860-4311 / [rebeccafakier@hotmail.com](mailto:rebeccafakier@hotmail.com))

or David (985-804-3112 / [raoulrad@aol.com](mailto:raoulrad@aol.com))

or DeaconLloyd 985-855-3127/ [lloydrem@lloydsremedies.com](mailto:lloydrem@lloydsremedies.com) or

Faie (985-688-5002/ [bravofaie@lloydsremedies.com](mailto:bravofaie@lloydsremedies.com)) with specific questions or concerns. Bon

Voyage and prepare for an amazing trip!