



Dear First Grade Parent,

The first-grade curriculum focuses on learning about God the Father, God the Son and God the Holy Spirit. We teach our children that when we begin our prayers, we sign ourselves with the reminder of God as the Trinity – one God – 3 persons. This is a very hard concept to understand for little ones.

Last year, we had an in-service for our catechists that used this book (3 in 1) to teach the lesson. In the book, an analogy of an apple is used to explain to children the Triune God. The book is a picture book that uses simple terms and illustrations to help teach children how God the Father creates and protects them, how God the Son saves, and how God the Holy Spirit plants faith in their hearts and causes it to grow.

It is apple picking season which makes it an appropriate time to use real apples as a visual as well. Next Sunday, Mrs. Meredith will have her fourth-grade students read and demonstrate using 1 apple the three parts to teach 1 God all three persons.

PEEL

FATHER

FLESH

SON

CORE

HOLY SPIRIT

3 in 1 Apple

3 in 1 God

Your child will go home with an apple to demonstrate the Triune God to you. Please take time to reinforce the lesson by cutting the apple to show the peel, the flesh and the core.

Enjoy this special lesson together.