

# Parents and Grandparents **You are Invited...**

## Parent Partners in Faith Series @ SKDP

Dear Parents,

This program is a NEW component sponsored by Lifelong Faith and is in partnership with Church Health Services as part of their Positive Parenting series. We will be offering four sessions this year. Parents and Grandparents of ANY age are welcome to attend and grandparents might also want to come. Our church faith formation will be providing additional resources for a spiritual component and give parents some tools to integrate positive faith experiences into the home. Enjoy and hope to see you there!

Sincerely in Christ,

Kristin Adsit

Director of Evangelization at St. Katharine Drexel Parish

### **Wednesday, October 13: The Power of Positive Parenting**

#### **6:15-7:30 in the School Gym**

Learn how to:

- Create a safe and interesting environment
- Have a positive learning experience
- Manage Discipline in the Home
- Creating Realistic Expectations
- Self Care
- Integrate your faith strategies into all of the above!

RSVP by October 8 to Kristin Adsit 920-887-2082, ext 311.

### **Wednesday, January 12: Creating Good Listening Habits**

#### **6:15-7:30 in the School Gym**

*This discussion topic provides examples of common forms of disobedience and some reasons why children have difficulty learning to follow instructions. A number of positive parenting strategies are then introduced to help parents develop a personal plan to prevent disobedience, teach their child limits, and also manage disobedience when necessary. Incorporated within this presentation will be ways to use and teach prayer as a place for solitude in the family.*

RSVP by January 1st to Kristin Adsit, 920-887-2082, ext. 311

*Packaged snacks and "munchies" will also be available during these presentations.*

