

# LIVE IT Sunday for family

## Fifth Sunday of Lent

### Breaking Open the Word

Read from the Children's Bible on page 1683-1684 [John 12:20-33](#)

### Step One: Listen to the Word

As you hear this reading, what words or phrases strike you? What in this reading touches your heart? What image of faith does this reading give you?

### Step Two: Look into Your Life

**Question for Children:** Name one thing you can do or stop doing that will help you have a better friendship with Jesus.

**Question for Youth:** Sometimes one thing needs to die in order for something new to be born. When have you experienced this in your own life? What do you need to let go of now for something new to grow?

**Question for Adults:** Name one area in your life that you need to let go of, to die to, in order to rise with new life.

**Pray of the week:** Let us pray that we might grow more and more willing and able to be like the grain of wheat, dying in order to yield a rich harvest.

~Lifelong Catechesis~  
*Forming Catholic Identity across Generations*

# Following Jesus~ Stations of the Cross

*Guide for Parents  
& Catechists*



WEEK 5

## Family Guide

This fifth week focus is on following Jesus on the road to Calvary—Stations of the Cross

**Step one:** Start with the **Live It Sunday** for Family on page 4

**Step two:** Talking Points

- ♦ What is mean to follow Jesus
- ♦ Talk about way to follow Jesus...
  - Love your enemies
  - Love your neighbor
  - Don't judge others
  - Be humble
  - Don't worry
  - Follow the Golden Rule
  - Worship God whole-heartedly
  - Show Jesus in everything you do
  - Seek God First
  - Deny Self

Dear Jesus,

Help me to be more like you. Help me to follow you in everything that I do. Amen.

**Step three: Activity for ...**

**Student**—use the **Purple Book** and do a page a day.

**Family**

- Talk about ways you are called upon today to “lose your life.” In what ways are you reluctant or fearful? Pray for the courage you need to rise with new life.
- Select one station of the cross to pray each day. During family prayer, talk about what happened at that station and relate it to the difficulties family members face today.
- Put a cross in a place of honor in your home.

## Catechist Guide

This fifth week focus is on following Jesus on the road to Calvary—Stations of the Cross

**Tuesday Preparation**

Send reminder & Zoom link to families

Pray & prepare the lesson of the week

**Wednesday's Night class**

- ♦ Check-in
- ♦ Using the **Live It Sunday for Family** on page 4 for Opening Prayer.
- ♦ Review the theme of the week...
  - ♦ What is mean and ways to follow Jesus?
  - ♦ Activity from Purple Book and share your family live faith this week?
- ♦ Remind students to practice following Jesus this week.

**My Lenten Pledge**

This week, I will Pray \_\_\_\_\_

I will fast from \_\_\_\_\_

I will give more (time) to \_\_\_\_\_

How do I follow Jesus? \_\_\_\_\_

**Closing Prayer:** *Use the stations of the Cross (use 3 stations at each class)*