

EXAMINATION OF CONSCIENCE FOR ADULTS

- *Do I put God first in my life? and the life of my family?*
- *Do I listen, pray, and seek to do God's will every day?*
- *Do I prepare for and participate at Mass with loving attention?*
- *Have I taken an active role as the primary teacher in the ways of faith, morality, and the development of my child's conscience?*
- *Have I been a good example for my family in following Jesus and His teachings?*
- *Have I become cold or indifferent in my relationships with God? my spouse? my family?*
- *What does my use of time, money, and attention say about my faith, values, and commitments?*
- *Am I aware of what has become wrong, sinful, or immoral in my life (or in the life of my family)?*
- *Do I have the courage to do the right thing no matter what others say or do?*
- *What needs to change in my life so I can better resist evil, temptation, or sin?*
- *Have I failed to take seriously the demands Jesus gives to His disciples?*
- *Have I been mean, lazy, prejudiced, cynical, racist, judgmental, greedy, envious, or selfish?*
- *Have I cheated or lied?*
- *Do I stand up for others who are being treated unfairly?*
- *Do I believe God really loves me and wants to give me forgiveness, peace, and hope?*
- *Is there someone with whom Jesus wants me to make peace?*
- *Is there someone I need to forgive?*
- *Is there someone with whom I need to make amends?*
- *Is God nudging me to be especially generous to a person, organization, or cause?*
- *Is there someone I need to ask for forgiveness?*