



**JANUARY 28, 2024 | THE FOURTH SUNDAY IN ORDINARY TIME**

## WELCOME!

### PARISH OFFICE

804-639-6712 (p) | 804-639-6591 (f)  
[www.saintgabriel.org](http://www.saintgabriel.org)  
 Monday-Thursday | 8:30am-3:30pm

## MASS SCHEDULE

### ST. GABRIEL

Wed. 9:00am  
 Thu. 9:00am  
 Fri. 9:00am  
 Sat. 5:30pm

### GOOD SAMARITAN

Sat. 4:00pm  
 Sun. 4:00pm (Hispanic)

### Sacramental Emergencies

804-639-6712 Ext. 1

### Anointing of the Sick

Contact the parish office for arrangements. In an emergency, call 804- 639-6712 and dial ext. 1.

### Ministry to the Sick

Catholics in our area who are seriously ill or their family members may contact the office for prayer requests. To request a prayer shawl, contact Becky Robinson-bbtismi@aol.com.

### Baptism

Please visit [saintgabriel.org/Baptism](http://saintgabriel.org/Baptism) register for preparation and celebration of the Sacrament of Baptism. It is recommended to contact the parish office six months in advance to prepare for the sacrament.

### Sacrament of Reconciliation

The sacrament is available each Sunday from 8:15-8:45 a.m. and 10:15-10:45 a.m. You may also approach the priest after the 5:30 p.m. Mass on Saturday. Also available on the first Friday of the month from 9:40-10:20 am, or call the parish office for an appointment.

### Marriage

Couples need to contact the pastor before scheduling a wedding at the parish. The presider will coordinate all preparation needed. It is recommended couples schedule this at least one year in advance to give adequate time to prepare.

## PARISH STAFF

**Pastor**—Rev. Dr. Felix Rex Amofa | Ext. 1 | [famofa@richmonddiocese.org](mailto:famofa@richmonddiocese.org)

### Parish Business Manager

Therese Venti | Ext. 2 | [therese.venti@saintgabriel.org](mailto:therese.venti@saintgabriel.org)

### Director of Adult Formation & Pastoral Care/RCIA

Lisa Gorton | Ext. 8 | [lisa.gorton@saintgabriel.org](mailto:lisa.gorton@saintgabriel.org)

### Director of Children, Youth & Young Adult Formation

Carole Cox | Ext. 4 | [carole.cox@saintgabriel.org](mailto:carole.cox@saintgabriel.org)

### Music Coordinator

Barbara Chandler | Ext. 5 | [barbara.chandler@saintgabriel.org](mailto:barbara.chandler@saintgabriel.org)

### Administrative Assistant

Heather Bigelow | Ext. 10 | [heather.bigelow@saintgabriel.org](mailto:heather.bigelow@saintgabriel.org)

## COUNCILS

**Pastoral Council**—Jim Haug | [pastoral.council@saintgabriel.org](mailto:pastoral.council@saintgabriel.org)

**Finance Council**—Susan Yost | [finance.council@saintgabriel.org](mailto:finance.council@saintgabriel.org)

**Knights of Columbus**—Stephen Freeby | [sfreebyjr@yahoo.com](mailto:sfreebyjr@yahoo.com)

**NEW TO THE PARISH?** Welcome! We are blessed to have you with us. Whether you are visiting us for a brief time, looking for a new parish home, are returning to the practice of your Catholic faith or are interested in finding out more about the Catholic Church you are welcome. You can find out more about the parish on our website, [www.saintgabriel.org](http://www.saintgabriel.org) or by calling the parish office at 804-639-6712.

### SAINT GABRIEL

8901 Winterpock Road  
 Chesterfield, VA 23832

### GOOD SAMARITAN

13441 Patrick Henry Highway  
 Amelia, VA 23002



Visit us on Facebook at  
[www.facebook.com/  
 StGabrielCatholicChurch/](http://www.facebook.com/StGabrielCatholicChurch/)

## PARISH VISION STATEMENT

St. Gabriel announced the coming of Jesus Christ. The community of Saint Gabriel announces the Good News alive today through our commitment to be a parish of welcome and hospitality through the stewardship of our gifts. Through our worship, outreach, formation, compassion and forgiveness, we are called to pause and reflect on our relationship with God and one another as we live the gospel each day of our lives.

## PLEASE PRAY FOR...

**Sick Parishioners Names will appear for 3 months after notification. Please resubmit if needed.**

Colton Wingert	Pat Martonik
Suzanne Beck	Julio Pons
Florence Black	Leah Robinson
John Cimmino	Patrick Salerno
Maria Estremera	Casey Stemper
Tina Shashaty Fuchs	Mary Stump
Tim Kirkbride	Lori Sullivan
Mary Kozlowski	

## Mass Intentions at time of publication

Wed., Jan. 24, 9:00 am	Lucia Hansgate
Thurs., Jan. 25, 9:00 am	Mass Intention Available
Fri., Jan. 26, 9:00 am	Miss Millie, Joe, and Paul Sarro
Sat., Jan. 27, 5:30 pm	Deacon Roy Smith and for the Parish
Sun., Jan. 28, 9:00 am	Liz Price
Sun., Jan. 28, 11:00 am	Special intentions of Maria and Jamshed Lam

**Beware of Scams—** Always consider that uninvited contact from people or businesses, whether by phone, mail, email, in person or on a social networking site may be a scam. If it looks too good to be true or seems like an odd request, it probably is. Never give your personal information or monetary donations to anyone without verifying that the request is coming from a legitimate source.



**Join Flocknote.** With Flocknote, we are able to text everyone who joins or just a specific group. Join and keep in touch with us via text and email. Text "GABRIELVA" to 84576

## HELP FOR VICTIMS OF ABUSE

Child Protective Services Hotline | 1-800-552-7096  
 Attorney General's Clergy Abuse Hotline | 1-833-454-9064  
 Victim Assistance Reporting Line | 1-877-887-9603  
[richmonddiocese.org/reporting-of-child-sexual-abuse-and-sexual-harassment/](http://richmonddiocese.org/reporting-of-child-sexual-abuse-and-sexual-harassment/)

### Please Note:

**Kindly bring any items/written material(s) you would like to distribute to the community to the office for approval. Do Not Leave items in the church or commons.**

## WEEKLY MASS & EVENT SCHEDULE

For the full Parish Calendar go to [saintgabriel.org](http://saintgabriel.org) & click on "Events: Parish Calendar."

### Sunday, January 28

8:15 am	Rosary
9:00 am	Mass with Food Pantry collection
11:00 am	Mass with Food Pantry collection
1:00 pm	High School Faith Formation
3:30 pm	Middle School Faith Formation

### Monday, January 29

11:00 am	Rosary
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### Tuesday, January 30

9:00 am	Rosary
9:00 am	Centering Prayer
7:00 pm	Healing Circle
7:00 pm	Lectionary Study
7:00 pm	Prayer Leader meeting
7:30 pm	Fishermen

### Wednesday, January 31

8:15 am	Rosary
9:00 am	Mass
9:45 am	Children's Formation Team meeting
6:00 pm	Cantor/Instrumental Rehearsal
6:30 pm	Catholic Uncorked
7:00 pm	Choir Rehearsal

### Thursday, February 1

8:15 am	Rosary
9:00 am	Mass
7:00 pm	Knights of Columbus meeting
7:00 pm	RCIA

### Friday, February 2

8:15 am	Rosary
9:00 am	Mass
9:30 am	Exposition, Adoration, & Benediction
9:45 am	Confession
10:30 am	Bible Study
10:30 am	Praying Hands Prayer Shawl Ministry

### Saturday, February 3

10:00 am	Rosary
5:30 pm	Mass

### Sunday, February 4

8:15 am	Rosary
9:00 am	Mass with Baptism
11:00 am	Mass

**Interested in Vocations?** "I will raise up for them a prophet like you." If you think that you may be set apart by the Lord to serve Him as a priest or as a consecrated sister or brother, talk to your priest or reach out to the Office of Vocations at (804) 359-5661 or via email: [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).



## Go Green - Enroll in Electronic Giving

One way to keep our parish going and growing is by consistent giving. An easy, convenient, secure and environmental friendly way is by using *E-Giving*. When you choose to give online, your donation will transfer directly to the parish. It is a convenience for you as you no longer need to bring your envelope, stop by an ATM or have your checkbook on you. It helps the parish as recurring donations provide consistency and efficiency.

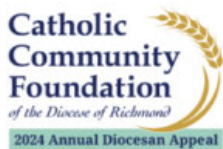
To set up your E-Giving account, use this QR code or visit [www.saintgabriel.org/E-giving](http://www.saintgabriel.org/E-giving).



### To set up your recurring donation:

1. under donation click on "recurring"
2. select the fund you would like to give to (offertory, building and growth, social concerns....)
3. input your dollar amount
4. click on the recurrence time (weekly, bi-weekly, monthly)
5. you can do more than one fund by clicking on "+ Add Donation"
6. input how you would like to donate, credit/debit card or bank account
7. input your payment information
8. submit

It's that easy. At any time you can change your donation, do a special one-time donation. You manage your account. Please contact the parish office to let us know to stop sending envelopes. Thank you!



### 2024 Annual Diocesan Appeal: Sharing His Love with Others

Over the past couple of weekends, you have been hearing about the 2024 Annual Diocesan Appeal.

With a goal of \$4,169,230, the 2024 Appeal will provide critical funding to many diverse and impactful ministries that affect the lives of thousands of people in our Diocese.

In early February, many of you will receive a letter from Bishop Knestout asking for your support of the 2024 Appeal. It is our sincere hope that you will answer our Bishop's request and make a generous commitment to this effort.

## Register your Kroger Plus Card for St. Gabriel

We have **157** households that have registered their Kroger Plus Card for St. Gabriel. **Let's continue to grow that number!** It's SO simple...go to [www.kroger.com/communityrewards](http://www.kroger.com/communityrewards) and use St. Gabriel's organization number, 82387. Every time you shop at Kroger with your Kroger Plus Card it raises money for our parish! **We just received a quarterly rebate check for \$619.29, bringing our total for fiscal year 2023/24 to \$1,933.71.**



## Special Offering – Winter Energy

Winter has arrived.

We all experience an increase in our gas bills during the winter months while we try to stay warm and the church is no different. As good stewards, please be mindful of the parishes winter needs and help with the increased cost of winter energy. All envelope givers received a special "Winter Energy" envelope in their January packet. E-givers can go onto their account and do a one-time donation to the "Winter Energy Fund" during the month of January and February. Every dollar counts and every dollar is greatly appreciated...no donation is too small.

We are grateful people and grateful for the gifts God continues to bless us with all year long. God bless your family and keep them safe throughout

### February 2nd is World Day for Consecrated Life

Please pray for our consecrated brothers and sisters





## CATHOLIC uncorked

Uncork a bottle of your favorite vintage and join us as we continue this year of Eucharistic Revival with the Jesus and the Eucharist Series.

We will begin in fellowship with wine and appetizers and then dive into the videos specifically designed for our year of Parish Revival. Don't miss a great opportunity to explore the richness of our Eucharistic faith. Bring a bottle of wine and/or appetizers to share, and prepare to grow closer to Jesus alongside your fellow parishioners. **The Series is offered monthly from 6:30—8 pm on Wed., Jan. 31, Feb. 28, Mar. 20, Apr. 24 and May 22. Sign up online at [saintgabriel.org/eucharistic-revival](http://saintgabriel.org/eucharistic-revival) or at the Adult Formation Table in the Commons.**

Will be held following the 9 a.m. Mass on Fri. **Feb. 2** until 10:30 am. The Sacrament of Reconciliation will be available following Mass until 10:20 am.

## Adoration of the Blessed Sacrament



## Richmond Friends of the Homeless Bagged Lunches Sun, Feb. 11

Following the 11 a.m. Mass, meet us in the kitchen to make 150 peanut butter & jelly sandwich lunches for Richmond's homeless. This is a great family activity. Youth can earn community service hours. It is monthly outreach activity Many hands make light work.



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## CASES OF HOPE

Join St. Gabriel Catholic Church in collecting items to bless the Cases of Hope Ministry at Mercy Mall!

*February 16 through March 24*

### Collecting New Full-Sized Toiletries:

Shampoo  
Conditioner  
Body Wash  
Deodorant for Women

### Collecting New and Gently-Used:

Suitcases

Shop from our Amazon wish list!

Choose Mercy Mall's address during checkout to have the items shipped directly to our building. Make sure to mark your purchase as a 'gift' so we know who to thank!



Heartfelt thank you to everyone who donated at Christmas to the Commonwealth Catholic Charities collection. The parish collected \$3,032.

CCC has been servicing much of Virginia for 100 years. CCC reaches from far southwest VA through central VA and into the eastern shore. They impact the lives of over 34,000 men, women and children each year through over 30 unique programs and services.

Throughout the year, you can make a direct donation to CCC by visiting their website, [cccova.org](http://cccova.org).

Once again, thank you for your support.



**Ash Wednesday Masses on Feb. 14 are at 9 a.m. and 7 p.m.**



### RISE Against Hunger Meal Making Event

Almost half of all childhood deaths worldwide occur in children with malnutrition. Rise Against Hunger's vision is a world without hunger. They target specific geographic regions where access to diverse and nutritious food is limited. With your help we can continue to step into these grass roots communities with hope and help.

St. Gabriel will host our next RISE meal packing event on Saturday, February 17, 2024. We are looking for volunteers to set up from 8:30-10am OR to pack meals from 10-noon. Please sign up after Masses February 3/4 or February 10/11. A member of the Respect Life Ministry will be at the Welcome Table after all Masses the week-ends of Feb. 3/4 and 10/11 to help you sign up for the event. Please join us!

### Holy Land Emergency Appeal

Thank you for supporting those affected by the war in Israel. The parish collected \$2,600 to help the innocent people in the region. Please continue to pray for an end to this conflict, let us be intentional and dedicated in our prayers; working for peace in our own lives; in our communities; and throughout the world.

Our Lady Queen of Peace, pray for us and all in the Holy Land.

### Lenten Retreat with Fr. Gregory Kandt

**Sat. March 16 9:30 a.m.—1 p.m.**

Fr. Gregory Kandt will lead a Lenten Retreat on **Models of the Eucharist**. This will be an opportunity for reflection on the Blessed Sacrament during this year of parish Eucharistic Renewal. Lunch will be provided by the Knights of Columbus. There is no cost to attend but please sign up on the clipboard on the Adult Formation Table in the Commons or online on our Lent page.



**Lent is a time for reflection that leads us to follow Christ more fully in all we say and do. Join in these opportunities to aid you in your Lenten Renewal:**  
**Fridays of Lent (Not March 29)**



**Exposition, Adoration, and Benediction of the Blessed Sacrament:**

9:30 a.m.—Noon

\*ends 10:30 a.m. on Feb. 16 and 23

**Sacrament of Reconciliation:**

9:45 a.m.—Noon

\*ends 10:15 a.m. on Feb. 16 and 23

**Self-Guided Stations of the Cross:**

9:30 a.m.—Noon

\*Noon-1 pm on Feb 16 and 23

**Guided Stations of the Cross:** Noon—12:30 p.m., in March only

**Guided Stations of the Cross:**

6:30—7 p.m.



**Friday Lenten Meal 7-7:45 p.m.** *Each week we will feature a different outreach ministry of the parish:*

Feb. 16: Adult Faith Formation Ministry

Feb. 23: Prison Ministry

March 1: Richmond Friends of the Homeless

March 8: Migrant Ministry

March 16: No Meal (Lunch will be provided by the Knights of Columbus at retreat on

the next day)

March 22: Praying Hands Prayer Shawl Ministry

**Sign up for the meals [www.saintgabriel.org/lent](http://www.saintgabriel.org/lent) or visit the Welcome Table in the Commons.**

### St. John Neumann Retreat

Please join us, Saturday, Feb 3, 2024 at St. John Neumann Catholic Church for our annual Lenten retreat. Our guest speaker is Father James Arsenault. His presentation is titled: "The Story of Catholic Lent/Easter People". The \$20 fee includes a continental breakfast and a boxed lunch. Check-in begins at 9:00am with the retreat beginning at 10:00am and ending at 3:00pm. To register, or for more information, please call Sharon Tubbs at 804-598-3296 or email at [sharontubbs12@yahoo.com](mailto:sharontubbs12@yahoo.com).





**A Young Adult Day of Reflection & Hike**  
*Registration is Open through the Office of Evangelization at the Diocese of Richmond*

## Head Into the Heights this March

Looking at the mountains and reflecting on creation, you can find peace and perspective that comes from the Lord. As young adults, we have the opportunity journey *into the heights* of God's love by taking a step *out* of our normal lives and *into* the Blue Ridge mountains & Our Lady of the Angels Monastery. This one-day event will include 2 talks, an easy-to-moderate level hike, prayer with the Trappist-Cistercian nuns, and lunch.

**Into the Heights: A Young Adult Lenten Reflection & Hike** is Saturday, March 16 from 10am-6:30pm at Our Lady of the Angels Monastery in Crozet, VA. \$40/person in-

## Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

### First Reading

Moses taught the Israelites that God would raise up a prophet like him to teach them the Lord's commands. But he also forewarned about false prophets. How can we avoid listening to false prophetic voices?

### Second Reading

Paul expresses his desire for the Corinthian believers to be free of anxiety so they can focus their attention and energies on Jesus. What distracts you from the Lord?

### Gospel Reading

Mark informs us that early in Jesus's public ministry his "fame spread" quickly throughout Galilee because of his powerful deeds, such as the healing of the demon-possessed man in today's reading. Is there something or someone in your life that you pray Jesus would heal?

**St. Benedict is hosting a Eucharistic Revival speaker event on Tuesday, January 30 from 7pm-9pm with Dr. Ximena DeBroeck.**

Dr. DeBroeck teaches scripture as adjunct faculty at Mount St. Mary's Seminary, and previously at St. Mary's Seminary in Baltimore. She also served as Director of Catechetical and Pastoral Formation in the Archdiocese of Baltimore. Her talk will be titled *Eucharist as Fulfillment of All Sacrifice and Invitation*, and will explore how Jesus fulfills all Old Testament notions of sacrifice through his giving of himself in the Eucharist. Our participation in the Eucharist is then an invitation to participate in the life of Christ as missionary disciples.

Cursillo is 3 day retreat that is fully sanctioned by the Catholic Church and the Diocese of Richmond. The retreats are put on by lay Catholics with the assistance of clergy. Anyone in good standing with the church is eligible to attend. If you are interested in learning more about Cursillo or participating in a weekend, ask a parish member at your church that has been on a Cursillo or contact Rob Grubbs at [804-370-8181](tel:804-370-8181). The next Cursillo women's weekend in the Central Virginia area is scheduled for February 8-11 at Shalom House in Montpelier.



## Scripture for the Week of 1/28

**Sun:** Dt 18:15-20; Ps 95:1-2, 6-9; 1 Cor 7:32-35; Mk 1:21-28

**Mon:** 2 Sm 15:13-14, 30; 16:5-13; Ps 3:2-7; Mk 5:1-20

**Tues:** 2 Sm 18:9-10, 14b, 24-25a 30-19:3; Ps 86: 1-6; Mk 5:21-43

**Wed:** 2 Sm 24:2, 9-17; Ps 32:1-2, 5-7; Mk 6:1-6

**Thurs:** 1 Kgs 2:1-4, 10-12; 1 Chr 29:10-11b, 11d-12d; Mk 6:7-13

**Fri:** Mal 3:1-4; Ps 24:7-10; Heb 2: 14-18; Lk 2:22-40 or 2:22-32

**Sat:** 1 Kgs 3:4-13; Ps 119:9-14; Mk 6:30-34

**Next Sun:** Jb 7:1-4, 6-7; Ps 147:1-6; 1 Cor 9:16-19, 22-23; Mk 1:29-39





## Good Samaritan CATHOLIC CHURCH

### Mass Intentions at time of publication:

February 3 at 4 pm: Mass intention available      February 4 at 4 pm: Mass intention available

Sun. Feb. 11 and Feb. 25: 1 pm RCIC; 2 pm Confirmation Preparation and 3 pm Youth Formation

Sat. Feb. 10 and Feb. 24: 1 pm Sacramental Preparation; 2:30 pm Youth Formation

Sat. Feb. 10. 5 pm Mardi Gras Pot Luck

Quilters meet on Tues. Feb. 6 at 9:30 am and Sat. Feb. 17 at 9 am

**Baptisms:** Visit [www.saintgabriel.org/gsbaptismform](http://www.saintgabriel.org/gsbaptismform) for information regarding how to prepare for and celebrate the Sacrament of Baptism. It is recommended that parents submit the baptism form or contact the parish office six months in advance to prepare for the sacrament.

**Weddings:** Are you engaged and would like to plan your wedding? Congratulations and know we are excited to share in the planning of your Sacrament of Marriage. Please note that wedding dates **cannot be scheduled** before a couple meets with the presider. Contact the parish office at 639-6712 for an appointment at least one year in advance of the proposed wedding.

**Quinceañeras:** Is your daughter celebrating her Quinceañera this year? Quinceañera must be registered with the church coordinator before it can be scheduled. Forms are available on the parish website or in the coordinator's office. Register today!



Sábados 7 p.m. **Rosario Hispano**

Viernes a las 7 p.m. **Vía Crucis Hispana durante la Cuaresma**

3 de febrero a las 4 pm: Intención de misa disponible

4 de febrero a las 4 pm: Intención de misa disponible

**28 de enero 2024— ¿Interesado en las vocaciones?** “Les levantaré un profeta como tú”. Si cree que el Señor puede apartarlo para servirle como sacerdote o como hermana o hermano consagrado, hable con su sacerdote o comuníquese con la Oficina de Vocaciones al (804) 359-5661 o por correo electrónico: [vocaciones@richmonddiocese.org](mailto:vocaciones@richmonddiocese.org)

## 4<sup>TH</sup> SUNDAY IN ORDINARY TIME

In their synagogue was a man with an unclean spirit; he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!” Jesus rebuked him and said, “Quiet! Come out of him!” - Mk 1:23-25

Había en la sinagoga un hombre poseído por un espíritu inmundo, que se puso a gritar: “¿Qué quieres tú con nosotros, Jesús de Nazaret? ¿Has venido a acabar con nosotros? Ya sé quién eres: el Santo de Dios”. Jesús le ordenó: “¡Cállate y sal de él!” - Mc 1, 23-25

**Bautismos:** Visite [www.saintgabriel.org/gsbaptismform](http://www.saintgabriel.org/gsbaptismform) para obtener información sobre cómo prepararse y celebrar el sacramento del bautismo. Se recomienda que los padres envíen el formulario de bautismo o comuníquese con la oficina parroquial con seis meses de anticipación para prepararse para el sacramento.

**Bodas:** ¿Estás comprometido y te gustaría planificar tu boda? Felicitaciones y estamos emocionados de participar en la planificación de su Sacramento del Matrimonio. **Tenga en cuenta que las fechas de la boda no pueden ser programadas antes de que una pareja se reúna con el celebrante.** Comuníquese con la oficina parroquial al 639-6712 para una cita al menos un año antes de la boda propuesta.

**Quinceañeras:** ¿Tu hija está celebrando su Quinceañera este año? La Quinceañera debe registrarse con el coordinador de la iglesia antes de que pueda programarse. Los formularios están disponibles en el sitio web de la parroquia o en la oficina del coordinador. ¡Regístrese hoy!



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