



# Sacrament of Confirmation Preparation Program 2025-2026

## PREPARATION REQUIREMENTS:

1. Attend Formation and Sacramental Preparation Sessions and a Confirmation retreat for the sacrament.
2. **Monthly High School Faith Formation Gatherings:** using *Catholic Essentials* to lead our youth to a deeper relationship with God and a greater understanding of our faith. Gatherings are held in the Worship Space.
3. **Sacramental Preparation:** using *Decision Point* curriculum, held in the Worship Space.
4. **At Home Formation:** work through pages in both formation and sacramental preparation prior to attending sessions.
5. Attend the parish sponsored **Confirmation Retreat, Saturday, Nov. 15 @ St. John Neumann.**
6. At least one parent/guardian attend the **Confirmation Parent Session**, on Tuesday, **Sept. 9** at 6:45 pm, designed to help deepen the parent's understanding of the sacrament and prepare them for their role as primary teacher of the faith.
7. **Parent attends ROCK (Raising Our Catholic Kids)**, Tuesdays of classes, 6:30-8:00pm. Preparation for Confirmation is a commitment for parents and youth, requiring time, effort and energy. These sessions provide a non-judgmental place to receive guidance, support and unconditional love, exactly what you want to give to your children.
8. Provide **Baptismal Certificate** from the church of record (the church where your child was baptized) which needs to include record of **First Communion**. The sacrament cannot be celebrated if these are not recorded. We must have the certificate from the church of record **obtained during the current academic year**. Must be received by Tuesday, **Jan. 13**
9. Youth must select **Confirmation Sponsor** and complete the **Sponsor Attestation** form (see separate sheet for details).
10. Youth complete a **Confirmation Saint Name form** (see separate sheet for details).
11. **Attend Rehearsal of Rite of Confirmation** with sponsor or a parent – Date TBA by the Office of Worship in coordination with the Office of the Bishop
12. **Attend Mystagogia Session** post-Confirmation – May 12

## August 2025

**Parent Formation Orientation** for parents who have not had children in Faith Formation at St. Gabriel during the previous three (3) years, **All Grades:** Sunday, Aug. 24, 1:00 pm

**Book Distribution, All Grades:** Sunday, Aug. 24, 2:00 pm

## September 2025

**At Home Sacramental Preparation:** (complete by **Sept. 9**) Read *Decision Point*, Chapter 1

**Sacramental Preparation:** Tuesday, **Sept. 9**, 6:30 – 8:30 pm, in the Worship Space

**Parent Sacrament Orientation Session:** Tuesday, **Sept. 9**, 6:45 – 8:15 pm, Commons

**At Home Formation:** Read the Introduction (pgs. 7-13) and Appendix 1: Selected Topics and Resources (pgs. 291-315) in *Catholic Essentials*. Complete for **Sept 14**.

**Formation Gathering:** Sunday, **Sept. 14**, 1 – 3 pm, in the Worship Space.

## October 2025

**At Home Formation:** Read *Catholic Essentials*, Chapter 1: The Revelation of Jesus Christ in Scripture. Complete for **Oct. 12**.

**Formation Gathering:** Sunday, **Oct. 12**, 1 – 3 pm, in the Worship Space. Youth will receive a CCHASM Thanksgiving donation turkey to return at the **November** class.

**At Home Sacramental Preparation** (complete by **Oct. 14**): Read *Decision Point*, Chapters 2 & 3

**Sacramental Preparation:** Tuesday, **Oct. 14**, 6:30 – 8:30 pm, in the Worship Space

## November 2025

**At Home Formation:** Read *Catholic Essentials*, Chapter 2: Who Is Jesus? Complete for **Nov. 9**

**Formation Gathering:** Sunday, **Nov. 9**, 1 - 3 pm, in the Worship Space – Advent. **Return food items for CCHASM Thanksgiving meals plus \$3 to supplement gift cards.**

**At Home Sacramental Preparation** (complete by **Nov. 11**): Read *Decision Point*, Chapters 4 & 5

**Sacramental Preparation:** Tuesday, **Nov. 11**, 6:30 – 8:30 pm, in the Worship Space

**Confirmation Retreat:** Saturday, **Nov. 15**, 9 am – 7 pm, St. John Neumann, Powhatan

## December 2025

**At Home Sacramental Preparation** (complete by **Dec. 9**): Read *Decision Point*, Chapters 6 & 7

**Sacramental Preparation:** Tuesday, **Dec. 9**, 6:30 – 8:30 pm, in the Worship Space, **turn in Confirmation Saint Name form and Sponsor form**

**At Home Formation:** Read *Catholic Essentials*, Chapter 3: Paschal Mystery: The Mission of Jesus Christ. Complete for **Dec. 14**

**Formation Gathering:** Sunday, **Dec. 14**, 1 – 3 pm, in the Worship Space – Christmas.

## January 2026

**At Home Formation:** Read *Catholic Essentials*. Chapter 4: The Church: Christ's Mission Continues in the World Today. Complete for **Jan. 11**

**Formation Gathering:** Sunday, **Jan. 11**, 1-3 pm, in the Worship Space – Ordinary Time.

**At Home Sacramental Preparation** (complete by **Jan. 13**): Read *Decision Point*, Chapters 8 & 9

**Sacramental Preparation:** Tuesday, **Jan. 13**, 6:30 – 8:30 pm, in the Worship Space

## February 2026

**At Home Formation:** Read *Catholic Essentials*, Chapter 5: The Sacraments of Christ. Complete for **Feb. 8**

**Formation Gathering:** Sunday, **Feb. 8**, 1-3 pm, in the Worship Space - Lent.

**At Home Sacramental Preparation** (complete by **Feb. 10**): Read *Decision Point*, Chapters 10 & 11

**Sacramental Preparation:** Tuesday, **Feb. 10**, 6:30 – 8:30 pm, in the Worship Space, **turn in Sponsor Interview Questions.**

## March 2026

**At Home Formation:** Read *Catholic Essentials*, Chapter 6: Our Life in Christ. Complete for **Mar. 8**

**Formation Gathering:** Sunday, **Mar. 8**, 1 – 3 pm, in the Worship Space – Holy Week.

**At Home Sacramental Preparation** (complete by **Mar. 10**): Read *Decision Point*, Chapter 12

**Sacramental Preparation:** Tuesday, **Mar. 10**, 6:30 – 8:30 pm, in the Worship Space, **turn in Letter to Fr. James.**

## April 2026

**At Home Formation:** Read *Catholic Essentials*, Appendix 2: Traditional Creeds, Devotions, Novenas, and Prayers. Complete for **Apr. 12**

**Formation Gathering:** Sunday, **Apr. 12**, 1 – 3 pm, in the Worship Space – Easter and Pentecost

**At Home Sacramental Preparation** (complete by **Apr. 14**): Spiritual Gifts Questionnaire

**Sacramental Preparation:** Tuesday, **Apr. 14**, 6:30 – 8:30 pm, in the Worship Space

## May 2026

**Formation or Sacramental Preparation Gathering:** No formation gathering this month.

**Rehearsal and Celebration of the Sacrament:** TBA (**Determined by the Diocese**)

**Mytagogia (Required part of Confirmation Preparation):** Tuesday, **May 12**, 6:30 – 8:30 pm, in the Worship Space.