



## **Divine Mercy Stations of the Cross**

With conversations from the Diary of Saint Faustina Kowalska



---

# Station I

---

*Jesus is Condemned to Death*



**V: We adore You, O Christ, and we praise You** (Genuflect)

**R: Because by Your holy Cross You have redeemed the world**

“The chief priests and the entire Sanhedrin kept trying to obtain false testimony against Jesus in order to put him to death, but they found none, though many false witnesses came forward” (Mt 26:59-60).

**Jesus:** *Do not be surprised that you are sometimes unjustly accused. I myself first drank this cup of undeserved suffering for the love of you (Diary 289). When I was before Herod, I obtained a grace for you: namely, that you would be able to rise above human scorn and follow faithfully in My footsteps (1164).*

**St. Faustina:** *We are sensitive to words and quickly want to answer back, without taking any regard as to whether it is God's will that we should speak. A silent soul is strong: no adversities will harm it if it perseveres in silence. The silent soul is capable of attaining the closest union with God (477).*

✦ **Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!**

*Stabat Mater*

Stabat Mater dolorosa (At the cross her station keeping)  
Juxta crucem lacrimosa (Stood the mournful Mother weeping)  
Dum pendebat Filius (Close to Jesus to the last)

---

# Station II

---

Jesus Takes up His Cross



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“Then Pilate took Jesus and had him scourged. And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said, ‘Hail King of the Jews!’ ... Jesus came out, wearing the crown of thorns and the purple cloak. And he [Pilate] said to them, ‘Behold, the man!’ When the chief priests and the guards saw him they cried out, ‘Crucify him, crucify him!’” (Jn 19:1-6).

**Jesus:** *Do not be afraid of sufferings; I am with you (151). The more you will come to love suffering, the purer your love for Me will be (279).*

**St. Faustina:** *Jesus, I thank you for the little daily crosses, for opposition to my endeavors, for the hardships of life, for the misinterpretation of my intentions, for humiliations at the hands of others, for the harsh way in which we are treated, for false suspicions, for poor health and loss of strength, for self-denial, for dying to myself, for lack of recognition in everything, for the upsetting of all my plans (343).*

✠ **Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!**

*Stabat Mater*

Cujus animan gementem (Through her heart, His sorrow sharing)  
Contristatam, et dolentem (All His bitter anguish bearing)  
Pertransivit gladius (Now at length the sword had passed)

---

# Station III

---

*Jesus Falls the First Time*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“We had all gone astray like sheep, each following his own way; but the Lord laid upon him the guilt of us all... And he shall take away the sins of many, and win pardon for their offenses” (Is 53:6,12).

**Jesus:** My daughter, write that involuntary offenses of souls do not hinder My love for them or prevent Me from uniting Myself with them. But voluntary offenses, even the smallest, obstruct My graces, and I cannot lavish My gifts on such souls (1641).

**St. Faustina:** O my Jesus, how prone I am to evil, and this forces me to be constantly vigilant. But I do not lose heart. I trust God’s grace, which abounds in the worst misery (606).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

O quam tristis et afflicta (Oh, how sad and sore distressed)

Fuit illa benedicta (Was that Mother highly blessed)

Mater Unigeniti (Of the sole-begotten One!)



---

# Station IV

---

*Jesus Meets His Mother*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted (and you yourself a sword will pierce)” (Lk 2:34-35).

**Jesus:** Listen, although all the works that come into being by My will are exposed to great sufferings, consider whether any of them has been subject to greater difficulties than that work which is directly Mine — the work of Redemption. You should not worry too much about adversities (1643).

**St. Faustina:** I saw the Blessed Virgin ... (she) held me close to herself and said to me: Be courageous. Do not fear apparent obstacles, but fix your gaze upon the Passion of My Son, and in this way, you will be victorious (449).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

Quae maerebat, et dolebat (Christ above in torment hangs)

Pia Mater, dum videbat (She beneath beholds the pangs)

Nati poenas inclyti (Of her dying, glorious Son)

---

# Station V

---

*Simon of Cyrene Helps Jesus Carry His Cross*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“As they led him away they took hold of a certain Simon, a Cyrenian who was coming in from the country; and after laying the cross on him, they made him carry it behind Jesus” (Lk 23-26).

**Jesus:** I permit adversities in order to increase merit. I do not reward for good results but for the patience and hardship undergone for My sake (86).

**St. Faustina:** O my Jesus, You do not give a reward for the successful performance of a work, but for the good will and labor undertaken. Therefore, I am completely at peace, even if all my undertakings and efforts should be thwarted or should come to naught. If I do all that is in my power, the rest is not my business (952).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

Quis est homo qui non fleret (Is there one who would not weep)  
Matrem Christi si videret (Whelmed in miseries so deep)  
In tanto supplicio? (Christ's dear Mother to behold?)

---

# Station VI

---

*Veronica Wipes the Face of Jesus*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“There was in him no stately bearing to make us look at him, nor appearance that would attract us to him. He was spurned and avoided by men, a man of suffering, accustomed to infirmity, one of those from whom men hide their faces, spurned, and we held him in no esteem” (Is 53:2-3).

**Jesus:** Know that whatever good you do to any soul, I accept it as if you had done it to Me (1768).

**St. Faustina:** I am learning how to be good from Jesus, from Him who is goodness itself, so that I may be called a daughter of the heavenly Father (699). Great love can change small things into great ones, and it is only love which lends value to our actions (303).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

Quis non posset contristari (Can the human heart refrain)  
Christi Matrem contemplari (From partaking in her pain)  
Dolentem cum Filio? (In that Mother’s pain untold?)

---

# Station VII

---

*Jesus Falls a Second Time*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“Yes it was our infirmities that he bore, our sufferings that he endured, while we thought of him as stricken, as one smitten by God and afflicted” (Is 53:4).

**Jesus:** The cause of your falls is that you rely too much upon yourself and too little on Me (1488). Without special help from Me, you are not even capable of accepting My graces (738)

**St. Faustina:** Jesus, do not leave me alone... You know, Lord, how weak I am. I am an abyss of wretchedness, I am nothingness itself; so what will be so strange if You leave me alone and I fall? (1489) So You, Jesus, must stand by me constantly like a mother by a helpless child — and even more so (264).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

Pro peccatis Suae gentis (Bruised, derided, cursed, defiled)  
Vidit Jesum in tormentis (She beheld her tender Child)  
Et flagellis subditum (All with bloody scourges rent)



---

# Station VIII

---

*Jesus Consoles the Women of Jerusalem*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus turned to them and said, ‘Daughters of Jerusalem, do not weep for me; weep instead for yourselves’” (Lk 23:27-28).

**Jesus:** O how pleasing to Me is living faith! (1420) I desire that you would all have more faith at the present time (352).

**St. Faustina:** I fervently beg the Lord to strengthen my faith, so that in my drab, everyday life I will not be guided by human dispositions, but by those of the spirit. Oh, how everything drags man towards the earth! But lively faith maintains the soul in the higher regions and assigns self-love its proper place; that is to say, the lowest one (210).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

Vidit Suum dulcem Natum (For the sins of His own nation)

Moriendo desolatum (Saw Him hang in desolation)

Dum emisit spiritum (Till His spirit forth He sent)

---

# Station IX

---

*Jesus Falls the Third Time*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“Though he was harshly treated, he submitted and opened not his mouth. Like a lamb led to the slaughter or a sheep before the shearer’s, he was silent and opened not his mouth... But the Lord was pleased to crush him in infirmity” (Is 53:7-10).

**Jesus:** My child, know that the greatest obstacles to holiness are discouragement and an exaggerated anxiety. These will deprive you of the ability to practice virtue... I am always ready to forgive you. As often as you beg for it, you glorify My mercy (1488).

**St. Faustina:** My Jesus, despite Your graces, I see and feel all my misery. I begin my day with battle and end it with battle. As soon as I conquer one obstacle, ten more appear to take its place. But I am not worried, because I know that this is the time of struggle, not peace (606).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

Eia Mater, fons amoris (Ah Mother, fountain of love)  
Me sentire vim doloris (make me feel the force of the sorrow)  
Fac, ut tecum lugeam (so that I may mourn with you)

---

# Station X

---

*Jesus is Stripped of His Garments*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“When the soldiers... took his clothes and divided them into four shares, a share for each soldier. They also took his tunic, but the tunic was seamless, woven in one piece from the top down. So they said to one another, ‘Let’s not tear it, but cast lots for it to see whose it will be,’ in order that the passage of the scripture might be fulfilled” (Jn 19:23-24).

**St. Faustina:** Jesus was suddenly standing before me, stripped of His clothes, His body completely covered with wounds, His eyes flooded with tears and blood, His face disfigured and covered with spittle. The Lord then said to me:

**Jesus:** The bride must resemble her Betrothed.

**St. Faustina:** I understood these words to their very depth. There is no room for doubt here. My likeness to Jesus must be through suffering and humility (268).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

Fac ut ardeat cor meum (Make me feel as thou hast felt)  
In amando Christum Deum (Make my soul to glow and melt)  
Ut sibi complaceam (With the love of Christ, my Lord)

---

# Station XI

---

*Jesus is Nailed to the Cross*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“Those passing by reviled him, shaking their heads and saying, ‘You who would destroy the temple and rebuild it in three days, save yourself if you are the Son of God, (and) come down from the cross!’ Likewise the chief priests with the scribes and elders mocked him and said, ‘He saved others; he cannot save himself... He trusted in God; let him deliver him now if he wants him!’” (Mt 27:39-43).

**Jesus:** My pupil, have great love for those who cause you suffering. Do good to those who hate you (1628).

**St. Faustina:** Oh my Jesus, you know what efforts are needed to live sincerely and unaffectedly with those from whom our nature flees, or with those who, deliberately or not, have made us suffer. Humanly speaking, this is impossible. At such times more than at others, I try to discover the Lord Jesus in such a person and for this same Jesus, I do everything for such people (766).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

Sancta Mater, istud agas ( Holy Mother! Pierce me through)  
Crucifixi fige plagas (In my heart each wound renew)  
Cordi meo valide (Of my Saviour crucified)

---

# Station XII

---

*Jesus Dies on the Cross*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

*(Kneel for a moment of silence)*

“It was now about noon and darkness came over the whole land until three in the afternoon. Jesus cried out in a loud voice, ‘Father, into your hands, I commend my spirit’; and when he had said this he breathed his last” (Lk 23:44-46). “But when they came to Jesus and saw that he was already dead, they did not break his legs, but one soldier thrust his lance into his side, and immediately blood and water flowed out” (Jn 19:33-40).

**Jesus:** All this is for the salvation of souls. Consider well what you are doing for their salvation (1184).

**St. Faustina:** Then I saw the Lord nailed to the cross. When He had hung on it for a while, I saw a multitude of souls crucified like Him. Then I saw a second multitude of souls, and a third. The second multitude were not nailed to [their] crosses, but were holding them firmly in their hands. The third were neither nailed to [their] crosses, nor holding them firmly in their hands, but were dragging [their] crosses behind them and were discontent.

**Jesus:** Do you see these souls? Those who are like Me in the pain and contempt they suffer will be like Me also in glory. And those who also resemble Me less in pain and contempt will also bear less resemblance to Me in glory (446).

✠ **Eternal Father, I offer You the Body and Blood, Soul and . . .**

*Stabat Mater*

Tui Nati vulnerati (Let me share with thee His pain)  
Tam dignati pro me pati (Who for all our sins was slain)  
Poenas mecum divide (Who for me in torments died)



---

# Station XIII

---

*Jesus is Taken Down from the Cross*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“The centurion who witnessed what had happened glorified God and said, ‘This man was innocent beyond doubt.’ When all the people who had gathered for this spectacle saw what had happened, they returned home beating their breasts; but all his acquaintances stood at a distance” (Lk 23:47-49).

**Jesus:** Most dear to Me is the soul that strongly believes in My goodness and has complete trust in Me. I heap My confidence upon it and give it all it asks (453).

**St. Faustina:** I fly to Your mercy, Compassionate God, who alone are good. Although my misery is great, and my offenses are many, I trust in Your mercy, because You are the God of mercy; and, from time immemorial, it has never been heard of, nor do heaven or earth remember, that a soul trusting in Your mercy has been disappointed (1730).

✠ Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!

*Stabat Mater*

Fac me tecum pie flere (Let me mingle tears with thee)  
Crucifixo condolere (Mourning Him Who mourned for me)  
Donec ego vixero (All the days that I may live)

---

# Station XIV

---

*Jesus is Laid in the Tomb*



**V: We adore You, O Christ, and we praise You**

**R: Because by Your holy Cross You have redeemed the world**

“They took the body of Jesus and bound it with the burial cloths along with the spices, according to the Jewish burial custom. Now in the place where he had been crucified there was a garden, and in the garden a new tomb, in which no one had yet been buried. So they laid Jesus there because of the Jewish preparation day; for the tomb was close by” (Jn 19:40-42).

**Jesus:** You are not yet in your homeland; so go, fortified by My grace, and fight for My kingdom in human souls; fight as a king’s child would; and remember that the days of your exile will pass quickly, and with them the possibility of earning merit for heaven. I expect from you... a great number of souls who will glorify My mercy for all eternity (1489).

**St. Faustina:** Every soul You have entrusted to me, Jesus, I will try to aid with prayer and sacrifice, so that Your grace can work in them. O great lover of souls, my Jesus, I thank You for the immense confidence with which You have deigned to place souls in our care (245).

✠ **Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world!**

*Stabat Mater*

Juxta Crucem tecum stare (By the cross with thee to stay)

Et me tibi sociare (There with thee to weep and pray)

In plactu desidero (Is all I ask of thee to give)

*Jesus, I trust in you!*



**O** my Jesus, my only hope, thank You for the book which You have opened before my soul's eyes. That book is Your Passion which You underwent for the love of me.

**I**t is from this book that I have learned how to love God and souls. In this book there are found for us inexhaustible treasures.

**O** Jesus, how few souls understand You in Your martyrdom of love! Happy the soul that has come to understand the love of the Heart of Jesus! (Diary 304).

