

Morning Prayer

Monday - Week 1



God, come to my assistance

—Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit;

—as it was in the beginning, is now, and will be forever, Amen.

Morning Hymn: “All Creatures of Our God and King”

1. All creatures of our God and King, lift up your voices, let us sing, Alleluia! Alleluia! Bright burning sun with golden gleam, soft silver moon that gently gleams.

O praise God, O praise God, Alleluia, Alleluia, Alleluia!

2. O rushing wind and breezes soft, O clouds that ride the winds aloft, O praise God! Alleluia! O rising morn, in praise rejoice. O lights of evening find a voice.

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Psalmody

(Repeat antiphon after Leader)

Ant: I lift up my heart to you, O Lord, and you will hear my morning prayer.

Psalm 5:2-10,12-13

L: Hearken to the sound of my cry, my King and my God, for to you do I pray.

R: O Lord, in the morning you hear my voice; in the morning I prepare a sacrifice for you, and watch.

- L: For you are not a God who delights in wickedness; no sinner is your guest. The boastful may not stand before your eyes;
- R: You hate all evildoers. You destroy those who speak lies; the Lord abhors those who are bloodthirsty and deceitful.
- L: But I through the abundance of your steadfast love will enter your house. I will worship toward your holy temple, filled with awe.
- R: Lead me, O Lord, in your justice because of my enemies; make your way straight before me.
- L: For there is no truth in their mouth; their heart is destruction, their throat is a wide open grave, they flatter with their tongue.
- R: Let all who take refuge in you rejoice, let them ever sing for joy; and do you defend them, that those who love your name may exult in you.
- L: For you bless the righteous, O Lord; you do cover him with favor as with a shield.

Psalm Prayer

Lord, all justice and all goodness come from you; you hate evil and abhor lies. Lead us, your servants, in the path of your justice, so that all who hope in you may rejoice with the Church and in Christ.

(Antiphon all together)

Ant: I lift up my heart to you, O Lord, and you will hear my morning prayer.

Reading: Is 4:2-6

On that day, the branch of the LORD will be luster and glory, and the fruit of the earth will be honor and splendor for the survivors of Israel. He who remains in Zion and he who is left in Jerusalem will be called holy: everyone marked down for life in Jerusalem. When the LORD washes away the filth of the daughters of Zion, And purges Jerusalem's blood from her midst with a blast of searing judgment, Then will the LORD create, over the whole site of Mount Zion and over her place of assembly, A smoking cloud by day and a light of flaming fire by night. For overall, the LORD's glory will be shelter and protection: shade from the parching heat of day, refuge and cover from storm and rain. The word of the Lord.

Psalm 33: "Let Your Mercy Be On Us"

Please repeat refrain after cantor the first time:

Let your mercy be on us, O God, as we place our trust in you.

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Psalm Prayer

You live for ever, Lord and King. All things of the earth justly sing your glory and honor. Strengthen your people against evil that we may rejoice in your peace and trust in your eternal promise.

Reading: Matthew 8:5-11

As Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." He said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven.

Quiet Reflection

Canticle of Zechariah

Now bless the God of Israel who comes in love and power, who raises from the royal house deliverance in this hour. Through holy prophets God has sworn to free us from alarm, to save us from the heavy hand of all who wish us harm.

Remembering the covenant, God rescues us from fear, that we might serve in holiness and peace from year to year. And you, my child, shall go before, to preach, to prophesy, that all may know the tender love, the grace of God most high.

In tender mercy, God will send the dayspring from on high, our rising sun, the light of life for those who sit and sigh. God comes to guide our way to peace, that death shall reign no more. Sing praises to the Holy One, O worship and adore.

Intercessions

Respond: "Lord, Hear Our Prayer"

Lord's Prayer

Closing Prayer

Lord our God, help us to prepare for the coming of Christ your Son. May he find us waiting, eager in joyful prayer. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

—Amen.