



MORNING PRAYER

Friday / Third week of Easter

God, come to my assistance +

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit,

As it was in the beginning, is now, and will be forever. Amen. Alleluia!

Morning Hymn: “Sing A New Song”

Refrain: Sing a new song unto the Lord; Let your song be sung from mountains high Sing a new song unto the Lord Singing alleluia

Yahweh's people dance for joy. O come before the Lord and praise the Lord on glad tambourines and let your trumpet sound. **Refrain**

Rise, O children, from your sleep; your Savior now has come. The Lord has turned your sorrow to joy and filled your soul with song. **Refrain**

Glad my soul for I have seen the glory of the Lord. The trumpet sounds; the dead shall be raised. I know my Savior lives. **Refrain...** singing Alleluia

Text: Psalm 98; Dan Schutte, b.1947 Tune: Dan Schutte, b.1947 © 1972 OCP Used by permission

Reading: Acts 9: 1-20

Saul, still breathing murderous threats against the disciples of the Lord, went to the high priest and asked him for letters to the synagogues in Damascus, that, if he should find any men or women who belonged to the Way, he might bring them back to Jerusalem in chains. On his journey, as he was nearing Damascus, a light from the sky suddenly flashed around him. He fell to the ground and heard a voice saying to him, “Saul, Saul, why are you persecuting me?” He said, “Who are you, sir?” The reply came, “I am Jesus, whom you are persecuting. Now get up and go into the city and you will be told what you must do.” The men who were traveling with him stood speechless, for they heard the voice but could see no one. Saul got up from the ground, but when he opened his eyes he could see nothing; so they led him by the hand and brought him to Damascus. For three days he was unable to see, and he neither ate nor drank. There was a

disciple in Damascus named Ananias, and the Lord said to him in a vision, "Ananias." He answered, "Here I am, Lord." The Lord said to him, "Get up and go to the street called Straight and ask at the house of Judas for a man from Tarsus named Saul. He is there praying, and in a vision he has seen a man named Ananias come in and lay his hands on him, that he may regain his sight." But Ananias replied, "Lord, I have heard from many sources about this man, what evil things he has done to your holy ones in Jerusalem. And here he has authority from the chief priests to imprison all who call upon your name." But the Lord said to him, "Go, for this man is a chosen instrument of mine to carry my name before Gentiles, kings, and children of Israel, and I will show him what he will have to suffer for my name." So Ananias went and entered the house; laying his hands on him, he said, "Saul, my brother, the Lord has sent me, Jesus who appeared to you on the way by which you came, that you may regain your sight and be filled with the Holy Spirit." Immediately things like scales fell from his eyes and he regained his sight. He got up and was baptized, and when he had eaten, he recovered his strength. He stayed some days with the disciples in Damascus, and he began at once to proclaim Jesus in the synagogues, that he is the Son of God.

Psalm: We Are God's People

(Please repeat refrain after cantor the first time and sing after each verse.)

We are God's people, the flock of the Lord.

Text: Psalm 100: 1-2,3, 4, 5; David Haas Music: David Haas © 1993, GIA Publications, Inc. Used by permission

Antiphon *(Please repeat after Leader)* O Lord, wash me more and more from my guilt. Alleluia.

Psalm 50 God, have mercy on me

L: Have mercy on me, God, in your kindness. In your compassion blot out my offence.

R: O wash me more and more from my guilt and cleanse me from my sin. My offences truly I know them; my sin is always before me.

L: Against you, you alone, have I sinned; what is evil in your sight I have done. That you may be justified when you give sentence and be without reproach when you judge,

R: O see, in guilt I was born, a sinner was I conceived. Indeed you love truth in the heart; then in the secret of my heart teach me wisdom.

L: O purify me, then I shall be clean; O wash me, I shall be whiter than snow. Make me hear rejoicing and gladness, that the bones you have crushed may revive.

R: From my sins turn away your face and blot out all my guilt.

L: A pure heart create for me, O God, put a steadfast spirit within me. Do not cast me away from your presence, nor deprive me of your holy spirit.

R: Give me again the joy of your help; with a spirit of fervor sustain me, that I may teach transgressors your ways and sinners may return to you.

L: O rescue me, God, my helper, and my tongue shall ring out your goodness.

R: O Lord, open my lips and my mouth shall declare your praise.

L: For in sacrifice you take no delight, burnt offering from me you would refuse, my sacrifice, a contrite spirit. A humbled, contrite heart you will not spurn.

R: In your goodness, show favor to Zion: rebuild the walls of Jerusalem. Then you will be pleased with lawful sacrifice, holocausts offered on your altar.

Glory to the Father and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

Antiphon: *(all)* O Lord, wash me more and more from my guilt. Alleluia.

Responsory

By your will, Lord God, your Son underwent the agony of the cross to break the power of Satan over man. give your people grace to rise again with Christ,

Gospel: John 6:52-59

The Jews quarreled among themselves, saying, “How can this man give us his Flesh to eat?” Jesus said to them, “Amen, amen, I say to you, unless you eat the Flesh of the Son of Man and drink his Blood, you do not have life within you. Whoever eats my Flesh and drinks my Blood has eternal

life, and I will raise him on the last day. For my Flesh is true food, and my Blood is true drink. Whoever eats my Flesh and drinks my Blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever.” These things he said while teaching in the synagogue in Capernaum.

Reflection

All Creatures of Our God and King

All creatures of our God and King, Lift up your voice and let us sing; Alleluia! Alleluia! Bright burning sun with golden beam, O silver moon that gently gleams. O praise God! O praise God! Alleluia! Alleluia! Alleluia!

O rushing wind and breezes soft, O clouds that ride the winds aloft, O praise God! Alleluia! O rising morn, in praise rejoice, O lights of evening, find a voice. O praise God! O praise God! Alleluia! Alleluia! Alleluia!

Text: *Altissimu, omnipotente bon Signor*; St. Francis of Assisi, 1182-1226; tr. By William H. Draper, 1855-1933, alt.

Tune: LASST UNS ERFREUEN, LM with alleluias; *Geistliche Kirchengesänge*, Cologne, 1623; harm. By Ralph Vaughan Williams, 1872-1938 Used by permission

Intercessions

Lord's Prayer

Kiss of Peace

Closing Prayer

Keep safe, O Lord, we pray, those whom you have saved by your kindness, that, redeemed by the Passion of your Son, they may rejoice in his Resurrection. Through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to life everlasting. Amen.

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