

parenting CHRISTIAN kids

May 2018



www.ChurchRedeemer.org
804-746-4911

Emphasize and Model Respect

POWERSOURCE

ASK GOD:

1. To help your family respect and honor God in all you do.
2. To guide you as you model respect for your children.
3. To lead your children to live respectfully toward God, other people, and themselves.

Today's kids can often be viewed as being disrespectful - toward adults, property, each other, even themselves. Many parents teach children to be independent and to stand up for themselves, which can also result in perceived disrespect for authorities. Other culprits are media and music, as well as the lack of respectful role models.

Learning respect is an integral part of healthy child development, and it's never too late to start instilling this virtue. Here's how.

By treating kids with respect, you're teaching them to respect others. Say thank you when someone offers help, make cards for sick friends, and acknowledge kind acts. Also point out disrespectful and rude behavior so kids are aware of it.

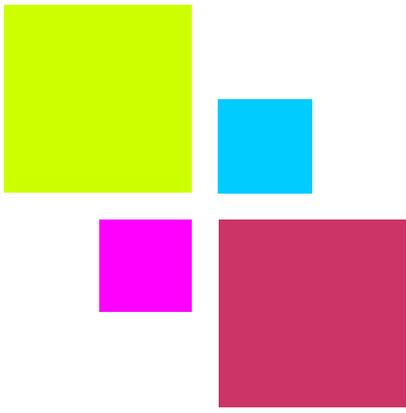
- * Talk to kids in a kind tone. Even when disciplining, your voice can be confident without yelling.
- * Set fair but firm rules and boundaries. Kids crave fair limits, and it often helps to let them have a say in what rules are in place.
- * Create immediate consequences for disrespect, and be sure to follow through. If possible, provide teachable moments by relating the consequence to the offense.
- * Helping kids respect themselves is the first step toward respecting others. Tell children that God created them in his image and loves them unconditionally.

See page 5 for more ideas about emphasizing and instilling respect.

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Real. Bold. Love.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 St. Joseph the Worker	2 7:00 PM Celebration of Mary Prayer Service	3 National ***DAY OF*** PRAYER	4	5 3:00 First Communion
6 Elementary R.E.	7 Elementary R.E.	8	9	10 Feast of the Ascension	11	12 Feast of the Ascension celebrated
13 Ascension & Elementary Closing	14 Elementary Closings 4:00 PM & 6:00 PM	15 St. Isidore the Farmer	16	17	18	19
20 PENTECOST	21	22	23	24	25	26
27 Feast of the Holy Trinity	28 memorial DAY	29	30 St. Joan of Arc	31 Feast of the Visitation		

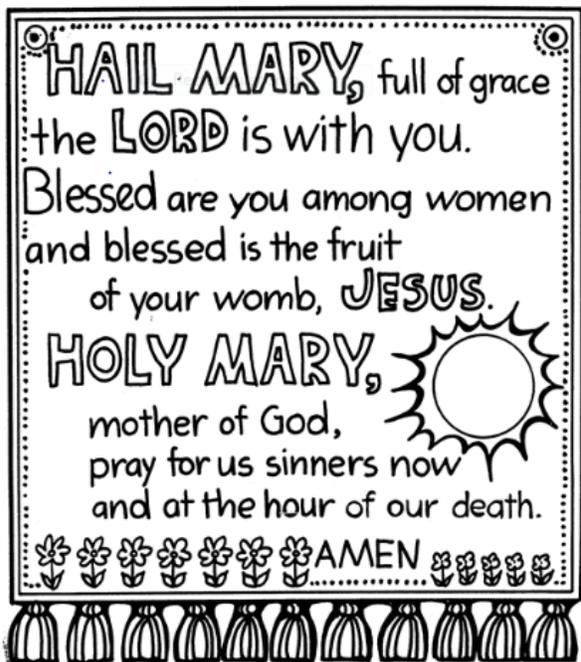


May is Mary's Month!

During the month of May, we give special honor to **Mary**.

Here are some suggestions for celebrating Mary:

- Come to our parish celebration at 7 PM on Wednesday, May 2nd.
- Do you have images or statues of Mary? Put them in a special place of honor and decorate it with flowers.
- If you don't have any, consider finding one that has special meaning to your family. There are so many different ways of seeing her!
- Do an internet search for titles and images of Mary.
- Plant some marigolds in your garden!
- If you have a statue of Mary, do a May Crowning.
- Visit the Mary Garden at church - behind Genesis Hall - and say a Hail Mary, the Angelus, or a decade of the rosary.
- Include one of the "Mary" prayers we've learned in your family prayers this month - the Hail Mary, Angelus, or rosary.
- Download a free "Story of Mary" coloring book [here](#).



Catholic Calendar Connections

May 1st - Thank someone who's job makes a difference in your life in honor of **St. Joseph the Worker**.

May 3rd - **Sts. Philip and James** were two of Jesus' twelve disciples. On their feast day, pray for all the leaders in the Church who help us to know and follow Jesus.

May 10th - **St. Damien** bravely served those with leprosy (a very contagious skin disease) on the island of Molokai, Hawaii. Today, pray for all those diagnosed with leprosy, and for those who care for them.

Today is also 40 days after Easter - the traditional feast of the **Ascension of the Lord**, although we will celebrate it on Sunday, the 13th. Read Matthew 18:16-20. What command did Jesus give his disciples? What promise did he give them?

May 13th - **How will you celebrate your mom on Mother's Day?** It's also the **Feast of Our Lady of Fatima** - pray one decade (or more!) of the rosary in honor of Mary, to celebrate the day she first appeared to the shepherd children in Portugal.

May 15th - Honor **St. Isidore the Farmer** with a trip to a farmer's market or greenhouse, by planting something in your garden, or eating some fresh fruits and veggies.

May 20th - Wear **RED** to Mass for the Feast of **Pentecost**. See page 4 for ideas for celebrating the Holy Spirit all month long!

May 26th - **St. Philip Neri**, the patron saint of humor and joy, was known for his cheerful spirit that attracted many to listen to him and his teachings about Jesus. Share your favorite jokes with each other.

May 30th - **St. Joan of Arc** is the patron saint of those in the military. Pray today for all those who seek to bring peace to our world.

May 31st - Read the story of Mary's **Visitation** to her cousin Elizabeth - Luke 1:39-56. Pray the *Hail Mary* and listen for Elizabeth's words to Mary.

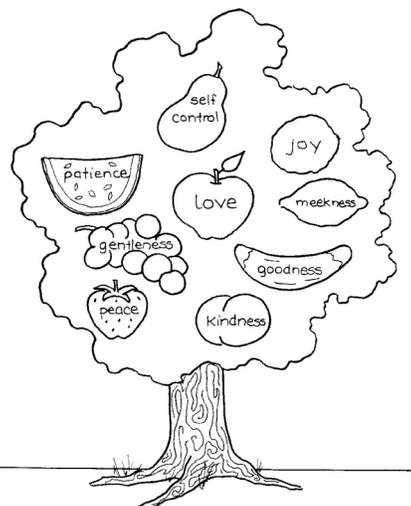


Celebrate our year of growing in faith!
Sun., May 13th - 10:00 AM
Mass & Refreshments

Mon., May 14th -
4:00 PM -
Mass & Refreshments
6:00 PM -
Closing Prayer & Refreshments



Celebrate Pentecost - All Month!



The Fruits of the Holy Spirit

When you respond to the power of the Holy Spirit within you, you become like a tree that bears good fruit. Your actions, like the fruit of the tree, become signs that tell others the Spirit is at work.

Love – One of the most powerful signs of the Spirit’s presence is a loving heart that genuinely cares for everyone. This fruit shines forth when we reach out to those in need, including the poor, the sick, or victims of injustice.

Joy - Joy is beyond happiness. It does not depend on what is happening at the moment., but on a deep relationship with God

Peace - Peace is an unshakable calm rooted in trust the God is present in good times and bad; we realize that God never leaves.

Patience - When you are patient, you have the staying power to work and wait for what is right.

Kindness - Kindness is considering other peoples’ feelings first, and showing concern through word and action.

Generosity - Generous people don’t cling selfishly to things, but freely share their gifts, time & possessions.

Faithfulness - You are true to your promises to God and to others, no matter what happens.

Gentleness - When you are gentle, you tread lightly so you don’t trample on other people’s feelings.

Self-control - Being in control of your life means working to overcome temptations, choosing what is right, and not being swayed by peer pressure.

Adapted from “Living in the Spirit”, © Be My Disciples, RCLBenziger and “Lessons & Activities on What Makes Us Catholic”, © 2015 Janet Schaeffler, OP

Pentecost is called the **Birthday of the Church**, because on this day the disciples boldly were sent out to proclaim the Good News to all. Celebrate by putting birthday candles in any available food and singing “Happy Birthday to us.”

Take time to read the dramatic story of the first Pentecost in Acts 2:1-13.

At Pentecost the Holy Spirit appeared as wind and tongues of flame. In other places in the Bible the Spirit is referred to as breath. How many ways can you find to celebrate fire and wind/breath this month? Fly a kite? Blow up balloons? Make paper fans? Eat by candlelight? Cook over a campfire?



Word Search Puzzle

O M D E D N W Q T H X X G E M
 U A Y N M H I B Q O O U K P Y
 W J U W E V B L V H N L O E O
 O O R I B A M O E E Z G Y N E
 S R N N C E G W T A T N U T I
 K P L D Y D M I R R Q J W E W
 M A N A E G L N O T H E R C S
 C U M L N R X G S L S Z Z O W
 V P L J H G S A H P P N H S X
 Y I C D Y N U M N P I Q D T U
 F P J G X K W A F X S R U R W
 T Z C B E X Y Z G S P S I Y B
 Z F I R E G P E S E E T N T Q
 D E C L A R E D G E A C M K Y
 L S G F K V Z C V M K L N J T

FIRE	PENTECOST	WONDERS	AMAZED
HEAR	OTHER	SPEAK	WIND
SPIRIT	BLOWING	TONGUES	HOLY
DECLARE	LANGUAGE	SOUND	FILLED



Are you or a family member unable to receive the host at Mass because of gluten intolerance? Did you know we have gluten-free hosts available? Please call the church office for additional information.

The Role of Honor



TEACHABLE MOMENTS

Worthy of Honor

You'll need a blue ribbon (or one made from paper), as well as a safety pin or tape. Sit in a circle and place the ribbon on a family member. Then take turns saying kind things about that person and applauding for him or her. Let everyone have a turn wearing the ribbon and receiving compliments.

Ask: How did it feel when others said nice things about you and clapped for you?

Read aloud Deuteronomy 5:16. Say: **This verse talks about parents, but God wants us to honor everyone - even ourselves.** Ask: **How did our words and actions honor the person wearing the ribbon?**

Say: **Saying nice things and clapping aren't the only ways to honor and respect someone.** Ask: **What else can we do to show honor and respect? How can we honor God? How can we honor ourselves?**

Close in prayer, asking Jesus to help you show honor and respect to all.

The Bible is our best resource for training children to act respectfully. When you hear these common phrases from your kids, offer the biblical corrections that follow:

"You're not my boss!" - Romans 13:1

"Why do I have to do that!?" - Philippians 2:5-7

"She hit me first!" - 1 Thessalonians 5:15

"He's stupid!" - Ephesians 4:29

"You're not my friend anymore!" - Ephesians 4:32

Charting the Course Together, make a Respect Chart, similar to a chart you may use for weekly chores. Add a square for each family member for every day of the week. After dinner, share ways you've each displayed respect that day. Add stickers and then celebrate when the chart is full.

Bridging the Gap Connect so your bodies can form a bridge across a large room. One person starts by touching a wall with a body part; then everyone else must connect to reach the opposite wall. If you get stuck, use clothing (socks, belts, shoelaces, etc.) to bridge the gaps. Afterward, discuss how everyone mattered in order to achieve the goal. Also talk about ways we can honor and "support" one another.

Certificates of Honor Search online for free certificate templates. Print one for each family member and fill in the person's name, as well as ways he or she shows honor and respect to others.

Beach Ball Madness Form a circle. Say, "Let's play the game. Go!" Throw a beach ball into the circle without instructions. When family members are stumped, say: "Toss the ball until everyone has a turn. Remember that pattern and keep following it, going faster and

faster." Afterward ask: "What was it like to receive no instructions at first? Why do rules make games more fun? How are the Ten Commandments like rules to a game? How do the Ten Commandments make it easier to live with other people?"

All Around the Neighborhood

Using graham crackers, frosting (or cream cheese), and snack items, create small houses. Then have family members trade houses. Read Luke 10:25-37.

Say: "Just as we gave up a snack we really wanted, the good Samaritan gave up time and money to care for a stranger. He knew Jesus wants us to love and respect everyone as our neighbor." Eat the houses while brainstorming ways to show respect to all your "neighbors."

Up to the Challenge Have family members huddle closely. Tie them together with twine or rope. Have the group try to move through an obstacle course carefully. Debrief the experience by asking: "How did you have to change your usual behavior to do this? What are some challenges of living and working with others?" Read aloud Psalm 119:15-16. Say: "God's Word offers lots of guidance for how we can respect one another."

"Don't just pretend to love others. Really love them. ... Love each other with genuine affection, and take delight in honoring each other."

- Romans 12:9-10, NLT

MEDIA MADNESS



MOVIE

Title: *Show Dogs*

Genre: Action, Adventure, Comedy

Rating: PG

Cast: Will Arnett, Stanley Tucci, Natasha Lyonne, RuPaul, Ludacris
Synopsis: Max, a macho but lonely police dog, goes undercover as a pampered competitor in an exclusive dog show. While trying to solve an animal-smuggling ring, Max bonds with his human partner and also gets a “puppy love” interest.

Our Take: Kids will enjoy the various personalities of the talking dogs. The movie contains some rude and suggestive language and humor. Possible discussion topics include getting along with different personality types and working together to accomplish challenging goals.



BOOK

Title: *The Hanley Series*

Author: Dana Wilkerson

Synopsis: This unique new book series is designed to spark meaningful conversations between moms and daughters (ages 8-11). Girls read one book at their level, and moms read another. The storylines intertwine, encouraging daughters and moms to discuss what’s happening and their characters’ responses.

Our Take: Wilkerson, a *New York Times* best-selling author, says the goal of these books is to build relationships. Themes include the importance of forgiveness, living well, and service. Each book pair comes with a discussion guide and ways for kids and adults to serve others. (anovelcompanion.com)

Games, Sites & Apps

Kung-Fu Zoo

In this board game from WizKids, players flick animal-themed dice into an arena to score points and to eliminate other players. Some dexterity is required, but a lot of randomness is involved as well. Kids as young as preschool age (who don’t put dice in their mouth) can enjoy this fun family game.

Artkiveapp.com

This site and app provide a solution for preserving all the artwork your kids create. Artkive sends a box that you fill with masterpieces. After you mail it back, Artkive photographs the artwork and creates a keepsake book (with up to 200 images). You also can view and share the images on any device.

Clips

This free video-editing app from Apple lets users stitch together photos and videos. You also can add emojis, text, and filters. Clips is a clean-fun win for social preteens. It isn’t as integrally tied into social media as other apps (such as Instagram) are. Just be aware of where kids share their clips.



CULTURE & TRENDS

On an Adventure “Adventure playgrounds,” also known as waste-material playgrounds, are regaining popularity in urban areas as parents encourage free-range, risk-taking play. Children can build and tear down structures, spray graffiti, and develop “grit” without interference from adults. (citylab.com)

Fortnite Frenzy This free-to-play, cross-platform survival game has gained instant popularity and sparked a new tournament trend. Fortnite is now the most-watched game on the live-streaming website Twitch. In “battle royale” mode, 100 players try to be the last one standing. Violence is persistent but cartoonish, not bloody. (dexerto.com)

QUICK STATS

A Real Page-Turner Two-thirds (66%) of kids ages 6 to 11 say they enjoy read-aloud time with parents because reading together is fun. (scholastic.com)

Undocumented and on Edge More than 4 million U.S. children under 18 have at least one undocumented parent. And nearly 6 million children share a household with a relative who’s now a target of random deportations. Experts say that is leading to more school struggles, increasing rates of poverty, and more cases of PTSD. (time.com)

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This page is designed to help educate parents and isn’t meant to endorse any movie, music, or product. Our goal is to help you make informed decisions about what your children watch, read, listen to, and play.