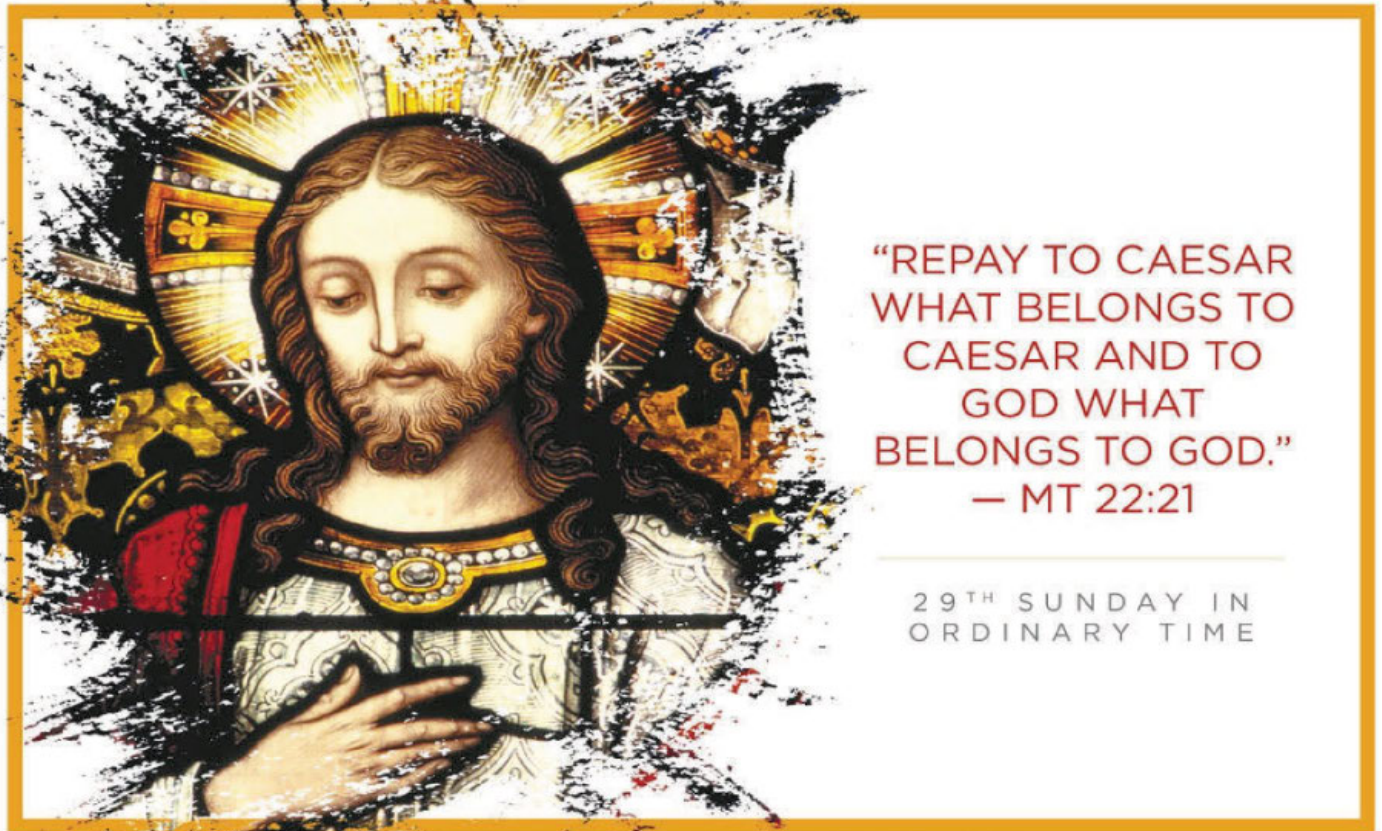


ST. KIERAN PARISH

1510 Greenfield Drive • El Cajon, CA 92021



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Reverend Ben Davison, Pastor

Parish Office.....619-588-6881
Nathalie Horning, Director of Religious Education & Youth Ministry.....619-588-6881
Dr. Melody Belcher, School Principal.....619-588-6398
Erin Marshall, Preschool Director.....619-440-3356

Check Mass times, Holiday Hours, Online Donation options and more at our website ~ stkieran.com

SCHEDULE OF MASSES

SATURDAY: 5:00 PM (Fulfills Sunday Obligation)
SUNDAY: 8:00 AM & 10:00 AM
DAILY MASS: 8:30 AM Mon., Tues., Wed., Fri.

SACRAMENT OF PENANCE (CONFESSIONS):
Saturday's 4:15 PM—4:45 PM

BAPTISMS

By appointment and meeting with the Pastor.

MARRIAGE

Nine months notice and preparation are required.

PARISH OFFICE HOURS

8:30AM –3:30PM Mon., Tues, Thurs., Fri. & 8:30AM-12:30PM Wed.

MEMBERSHIP IN THE PARISH

All Catholic adults living in the parish, and regularly participating in the Liturgy here, are asked to register in the parish. Church attendance alone does not make you and your household registered members of our parish family. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs. To register, please contact the parish office during regular business hours, register online or pick up a parish registration form which can be found in the pamphlet rack near the Reconciliation Room. Please complete the form and either deposit it with your offering in the collection at Sunday Mass, or mail it to the parish office.

Welcome to our hidden jewel in the Diocese of San Diego.

Weekly Offering

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10-15-2023

Number of envelopes used.....80
 Envelope Offering.....\$4,060.00
 Online Offering.....(5).....\$1,180.00
 Total Collection.....\$5,628.00

(weekly goal is \$7,000 to meet expenses)

**Thank you so much for your contributions to our parish.
 Please pray about your donation amount †**

PRAYER FOR THE DEPARTED AND FOR THOSE WHO MOURN

Shepherd of souls, bestow your mercies
 upon all the faithful departed,
 especially those closest to us in this life.
 You have created us to be your sons and daughters
 to restore us to our true nature in your Son Jesus
 and to lead us through the vicissitudes of this life
 to the vision of your blessedness—to the joys of heaven
 in the communion of the saints.
 Purify their souls by the healing merits of your Son,
 whom you have sent to gather all
 into your sacred embrace.

Be our refuge and strength.
 Lift us from the darkness of grief
 to the light and peace of your presence
 where every tear will be wiped away.

Eternal rest grant unto them, O Lord,
 And let perpetual light shine upon them. Amen.

PARISH'S HOLY MASS INTENTIONS

MONDAY, October 23, 2023

8:30	AM	Healing for Ill Parishioners
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TUESDAY, October 24, 2023

8:30	AM	Mary Jo Cretney †
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WEDNESDAY, October 25, 2023

8:30	AM	Jean Davison Zimmer †
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FRIDAY, October 27, 2023

8:30	AM	Karim Saroki †
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SATURDAY, October 28, 2023

5:00	PM	Jesus Grijalva
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SUNDAY, October 29, 2023

8:00	AM	Pro Populo
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10:00	AM	Maximilliano Verduzco †
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Please join us for the final Wednesday
 in October to pray the Rosary.
 The Knights of Columbus and the
 Altar & Rosary Society will be leading
 the Rosary in Divine Mercy Hall.
 Everyone is invited to attend.
 Hope to see you there at 7:00PM.

Oct. 25th

Our Lady of the Rosary ~ Pray for Us.



RELIGIOUS EDUCATION
9AM SUNDAYS

**There will be no classes held
 next Sunday, October 29th**

For questions or attendance,
 please contact
 Nathalie Horning at

The family that prays together...

Praying together as a family is a source of spiritual strength, protection, nourishment, and much-needed grace for families. Use these tips to strengthen a family prayer habit in your home:

Set reasonable expectations: Based on children's ages and abilities, develop a mix of formula prayer, Scripture reading, and spontaneous prayer that will make up your family prayer routine.

Practice: Prayer is a conversation. Teach children how to have a warm, sharing, prayerful conversation with God. Demonstrate how it can be done.



Be consistent: Meet in the same place and same time every day for a specific amount of time. Children will learn that regular prayer is a priority and a vital habit.

Be generous: Allow each member to choose an intention – someone or something for which to pray. That way, prayer becomes even more personal.

Keep it simple: God wants to encounter our hearts with His grace. If family prayer is as simple as offering intentions before a Crucifix and closing with a hymn of praise, that's good prayer.

High School

Sunday, November 5th
Youth Group DROP IN
 St. Kieran's Youth Room
 Immediately following
 the 10am Mass.

DEAR YOUNG PEOPLE,
 LET YOURSELVES BE TAKEN
 OVER BY THE LIGHT OF CHRIST,
 AND SPREAD THAT LIGHT
 WHEREVER YOU ARE.

ST. JOHN PAUL II



Events and details
 can be found at
stkieran.com/You

If you have any questions please contact Nathalie
 Horning at saintkyouthministry@gmail.com



Middle School and High School!

Friday, November 3rd
Boxes of Joy
 St. Martin of Tours,
 La Mesa, 6:30pm—8pm

This is a service project where we fill a shoe box
 with gifts to share in the spirit of
 Christmas across the world. We ask that you
 please shop for your items ahead of time and
 bring those items with you.

**If you don't have a middle schooler or high
 schooler but you would still like to help, any
 donations you would like to contribute to our
 boxes can be dropped off at the Parish Office
 during business hours.**

Thank You!

This Sunday, October 22nd is World Mission Sunday

Please consider taking home a
 World Mission Sunday envelope from the Church
 and returning your donation the following week.
 Envelopes will be available in the Church.
 You can also donate online at
www.helpthemissions.org



Online Church Donations!

Did you know that you can submit your monthly/weekly
 offering online?

You can make a one time contribution or set up a
 recurring payment. Simply go to our website at
stkieran.com and click any of the "Donate Now" buttons
 and you will be taken to our PayPal donation page.
 You can also find options to make contributions to special
 collections for example upcoming All Saints' Day and All
 Souls' Day. Thank you to those of you who contribute via
 PayPal already. If you are interested in donating online
 and have any questions please do not hesitate to contact
 the Parish Office at 619-588-6881.

Did you know you could buy scrip straight from your phone!?

No need to worry if we carry things on hand.
 Simply scan the QR Code below, download
 the RaiseRight App, set up an account using
 St. Kieran's Code for credit:
F3FD87CD9458.

You only need to set
 everything up once!
 Select from many stores,
 reload gas cards etc. Your
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 click away.

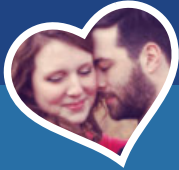
Happy Shopping!



St. Kieran Prayer Group
 invites you to share in
 prayer, songs of praise,
 teachings and more!

Meeting times are
Wednesday, 7PM to 8:30PM
in St. Kieran's Parish Office
Conference Room.

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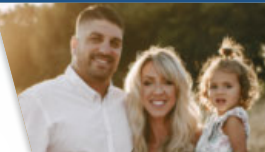
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