

ST. KIERAN PARISH

1510 Greenfield Drive • El Cajon, CA 92021



14TH SUNDAY IN ORDINARY TIME

"Come to me, all you
who labor and are
burdened, and I will
give you rest."
- Mt 11:28

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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Reverend Ben Davison, Pastor

Parish Office.....619-588-6881
Nathalie Horning, Director of Religious Education & Youth Ministry.....619-588-6881
Mrs. Melody Belcher, School Principal.....619-588-6398
Erin Marshall, Preschool Director.....619-440-3356

SCHEDULE OF MASSES

SATURDAY: 5:00 PM (Fulfills Sunday Obligation)
SUNDAY: 8:00 AM & 10:00 AM
DAILY MASS: 8:30 AM Mon., Tues., Wed., Fri.

SACRAMENT OF PENANCE (CONFESSIONS):
Saturday's 4:15 PM—4:45 PM

BAPTISMS

By appointment and meeting with the Pastor.

MARRIAGE

Nine months notice and preparation are required.

MEMBERSHIP IN THE PARISH

All Catholic adults living in the parish, and regularly participating in the Liturgy here, are asked to register in the parish. Church attendance alone does not make you and your household registered members of our parish family. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs. To register, please contact the parish office during regular business hours, register online or pick up a parish registration form which can be found in the pamphlet rack near the Reconciliation Room. Please complete the form and either deposit it with your offering in the collection at Sunday Mass, or mail it to the parish office.

Welcome to our hidden jewel in the Diocese of San Diego.

PARISH'S HOLY MASS INTENTIONS

MONDAY, July 10, 2023

8:30 AM Fr. Thomas Hamilton

TUESDAY, July 11, 2023

8:30 AM Bro. Benedict Hirsch †

WEDNESDAY, July 12, 2023

8:30 AM Ann Marie Graham

FRIDAY, July 14, 2023

8:30 AM Convalescent Home Residents

SATURDAY, July 15, 2023

5:00 PM Gordon Allan White, Jr. †

SUNDAY, July 16, 2023

8:00 AM Homebound Parishioners

10:00 AM Pro Populo

Weekly Offering

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7-2-2023

Number of envelopes used.....71
 Envelope Offering.....\$4,395.00
 Online Offering.....(3).....\$425.00
 Total Collection.....\$5,305.00

(weekly goal is \$7,000 to meet expenses)

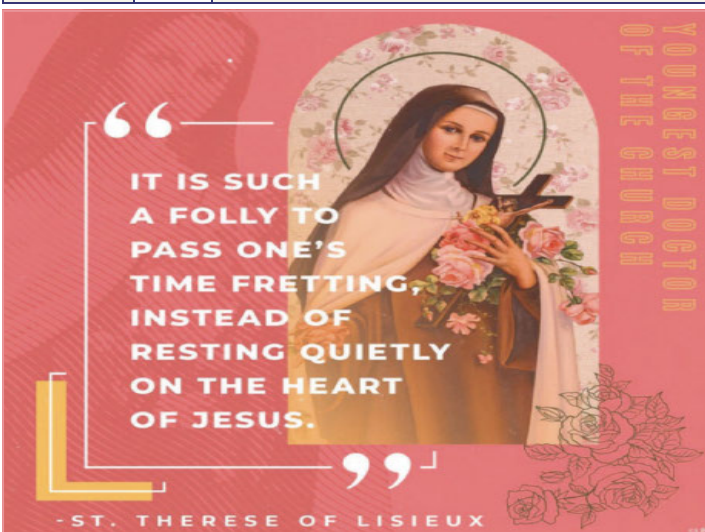
**Thank you so much for your contributions to our parish.
 Please pray about your contribution amount.**

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light." - Mt 11:28-30

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SUNDAY, JULY 9, 2023 | 14TH SUNDAY IN ORDINARY TIME

Religious Ed

Registration for the 2023-2024

Religious Education session is now available online

<https://www.stkieran.com/religious-ed-registration-form>

Or scan the QR Code to register!
 Registration forms can also be picked up
 in the Parish Office.
 Classes will begin
 Sunday, September 17th

For questions or attendance, please contact
 Nathalie Horning at saintkyouthministry@gmail.com

YOUTH MINISTRY

Middle School July Activities

**Monday, July 17th
 Sports League Event!**

Kickball at
 Santa Sophia in
 Spring Valley
 6PM—8PM,
 BBQ Included

**Wednesday, July 19th
 Beach Night and BBQ
 at La Jolla Shores!
 6PM-8PM**



**Thursday, July 20th
 Skate World San Diego
 6PM—7:30PM
 (5:30PM Check In Time)**

**PLEASE RSVP TO NATHALIE AT
saintkyouthministry@gmail.com
 PRIOR TO ALL EVENTS**

Prayer to End Abortion

Lord God, I thank you today for the gifts of my life, and for the lives of all my brothers and sisters.

I know there is nothing that destroys more life than abortion, yet I rejoice that you have conquered death by the Resurrection of Your Son.

I am ready to do my part in ending abortion. Today I commit myself never to be silent, never to be passive, never to be forgetful of the unborn.

I commit myself to be active in the pro-life movement, and never stop defending life until all of my brothers and sisters are protected, and our nation once again becomes a nation with liberty and justice not just for some, but for all.

Through Christ our Lord, Amen.

Observances for the week of July 9, 2023

Sunday: 14th Sunday in Ordinary Time

Tuesday: St. Benedict, Abbot

Thursday: St. Henry

Friday: St. Kateri Tekakwitha, Virgin

Saturday: St. Bonaventure, Bishop and Doctor of the Church

Next Sunday: 15th Sunday in Ordinary Time

Sunday's Readings

First Reading:

See, your king shall come to you;
a just savior is he,
meek, and riding on an ass,
on a colt, the foal of an ass. (Zec 9:9)

Psalm:

I will praise your name for ever, my king and my God.
(Ps 145)
Or Alleluia.

Second Reading:

For if you live according to the flesh, you will die,
but if by the Spirit you put to death the deeds of
the body,
you will live. (Rom 8:13)

Gospel:

Take my yoke upon you and learn from me,
for I am meek and humble of heart;
and you will find rest for yourselves. (Mt 11:29)


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Nesreen at the Parish Office 619-588-6881



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