

# ST. KIERAN PARISH

1510 Greenfield Drive • El Cajon, CA 92021



## 3<sup>RD</sup> SUNDAY IN ORDINARY TIME

He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then he called them. So they left their father Zebedee in the boat along with the hired men and followed him. - Mk 1:19-20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

### Reverend Ben Davison, Pastor

Parish Office.....619-588-6881  
Nathalie Horning, Director of Religious Education & Youth Ministry.....619-588-6881  
Dr. Melody Belcher, School Principal.....619-588-6398  
Erin Marshall, Preschool Director.....619-440-3356

Check Mass times, Holiday Hours, Online Donation options and more at our website ~ [stkieran.com](http://stkieran.com)

#### SCHEDULE OF MASSES

**SATURDAY:** 5:00 PM (Fulfills Sunday Obligation)  
**SUNDAY:** 8:00 AM & 10:00 AM  
**DAILY MASS:** 8:30 AM Mon., Tues., Wed., Fri.

**SACRAMENT OF PENANCE (CONFESSIONS):**  
Saturday's 4:15 PM—4:45 PM

#### BAPTISMS

By appointment and meeting with the Pastor.

#### MARRIAGE

Nine months notice and preparation are required.

#### PARISH OFFICE HOURS

8:30AM—3:30PM Mon., Tues, Thurs., Fri. & 8:30AM-12:30PM Wed.

#### MEMBERSHIP IN THE PARISH

All Catholic adults living in the parish, and regularly participating in the Liturgy here, are asked to register in the parish. Church attendance alone does not make you and your household registered members of our parish family. Registration is required for Baptism, First Communion, Confirmation, Marriage and enrollment in our religious education programs. To register, please contact the parish office during regular business hours, register online or pick up a parish registration form which can be found in the pamphlet rack near the Reconciliation Room. Please complete the form and either deposit it with your offering in the collection at Sunday Mass, or mail it to the parish office.

Welcome to our hidden jewel in the Diocese of San Diego.

## PARISH'S HOLY MASS INTENTIONS

MONDAY, January 22, 2024

8:30 AM End to Abortion

TUESDAY, January 23, 2024

8:30 AM Betty Ann Malek †

WEDNESDAY, January 24, 2024

8:30 AM Nathaniel Kuhlman †

FRIDAY, January 26, 2024

8:30 AM Sharon Somers

SATURDAY, January 27, 2024

5:00 PM Richard W. Scott †

SUNDAY, January 28, 2024

8:00 AM Pro Populo

10:00 AM St. Kieran Catholic School

## Weekly Offering


© J. S. Paluch Co., Inc.

1-14-2024

Number of envelopes used.....72  
 Loose Offering.....\$665.20  
 Envelope Offering.....\$3,245.00  
 Online Offering.....(7).....\$1,200.00  
 Total Collection.....\$5,110.20

*(weekly goal is \$7,000 to meet expenses)*

Thank you so much for your contributions to our parish.  
 Please pray about your contribution amount.

22  
JAN


DAY OF PRAYER FOR THE  
**LEGAL PROTECTION  
 OF UNBORN CHILDREN**



## St. Kieran School Open House

St. Kieran Catholic School & Preschool  
 invite you to help kick-off  
 Catholic Schools' Week!

The school will be hosting an  
 Open House next Sunday, January 28th  
 from 11AM-1PM.



SUNDAY  
**DONUTS!**



Please join us in Divine Mercy Hall this  
 Sunday for fellowship, coffee, and donuts!

"Therefore encourage one another  
 and build each other up,  
 just as in fact you are doing."  
 1 Thessalonians 5:11





*Whispering Winds*  
**ANNUAL GALA**  
 to benefit Whispering Winds Catholic  
 Camp & Conference Center  
**FEBRUARY 24, 2024**  
 HILTON SAN DIEGO BAYFRONT

**REGISTER TODAY!**

**LIGHTS SHINE BRIGHT**

**TO REGISTER:**

- Call us at (619) 464-1479
- Visit [whisperingwinds.org](http://whisperingwinds.org)
- Scan the QR code to the right.

REGISTER BY FEBRUARY 12, 2024

**WHISPERING WINDS**  
 Serving our local Catholic community for over 45 years!

### Religious Education

Classes will be held on the 21st and 28th of January.

For questions or attendance, please contact  
 Nathalie Horning at [saintkyouthministry@gmail.com](mailto:saintkyouthministry@gmail.com)

### Shape children's hearts with virtues

A key element of Catholic parenting is to shape the hearts of our children, not just manage their behavior. One way to shape a child's heart is to offer opportunities to grow in virtue:

**Modesty:**  
 "Modesty protects the intimate center of a person. It means refusing to unveil what should remain hidden" (Catechism of the Catholic Church (CCC), #2521).  
 Modesty awakens in youngsters a respect for the human person. Teach them to dress, speak, and take in entertainment that is wholesome, uplifting, and respectful of themselves and others.

**Faithfulness:** When children see that their parents are faithful to one another, for example, they intuit that

faithfulness or fidelity means to act in a way that honors a commitment. Children may not always hear what we say, but they are influenced by what they see us do.

**Meekness:** Meekness is not timidity. It fuels self-control. St. Thomas Aquinas cautioned against expressing physical anger because it makes anger outsized. Guide and model how to use meekness to manage anger. Meekness will help prevent evil from ruling actions.

**Charity:** "If I...have not love, I gain nothing" (1 Corinthians 13:3). Charity is giving love without an expectation of receiving in return. Teach children to put others' needs first. They will find that as they grow in charity, they will be happier and more joy-filled.



### 2024 Summer Family Camp at Whispering Winds Registration opens February 1st!

To find more information,  
 please visit [whisperingwinds.org](http://whisperingwinds.org).

Do you know a high schooler looking for service hours? Do they need something fun & faith-building to do this summer? Encourage them to apply for a role as a Child Care Assistant (CCA)!



### 2024 Family Camp Dates

**FC1: June 14-16 | FC2: July 5-7 | FC3: July 12-14 | SNFC: July 19-21**

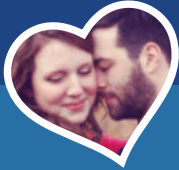
**Host Parishes: FC1 - St. Charles Borromeo | FC2 - Our Lady of Perpetual Help | FC3 - Sacred Heart Coronado & Immaculata**



Enjoy a family vacation, parent getaway, and outdoor adventure all wrapped into one! Summer Family Camp offers families the rare opportunity to spend quality time together on the mountain celebrating our faith as we grow closer to the Lord and each other.



**catholicmatch®**  
California



CatholicMatch.com/CA



**Greg's**  
AUTOMOTIVE  
Complete Maintenance • Service & Repair  
(619) 440-4337  
www.gregs-auto.com



**FREE**  
AD DESIGN

with purchase  
of this space

**CALL**  
800-950-9952

**PIANO LESSONS**  
35 years experience  
**Cherilyn Charfauros**  
Bachelors and Masters Degree in Music  
Organist/Pianist at all St. Kieran Church Masses  
Call 619.440.6247 for a free no obligation interview

**LET'S GROW YOUR BUSINESS**

Place Your Ad Here  
and Support Our Parish!

**CONTACT ME David Parkerson**

**DParkerson@4lpi.com**  
(800) 950-9952 x2107

Place Your Ad Here and  
Support our Parish!

Instantly create and  
purchase an ad with

**AD**  
**CREATOR**  
**STUDIO**



4lpi.com/adcreator

**HEATING & AIR INC.**  
Commercial - Residential  
Lic# 537817  
10241 Paseo Palmas Dr., Lakeside, CA 92040  
Phone/Fax - **619-443-1470**  
e-mail: jbhvac1985@gmail.com

**GAETANO'S PIZZA RESTAURANT**  
**Complete Italian Menu**  
13524 Hwy 8-Bus. Lakeside  
619-561-1651  
www.gaetanospizzalakeside.com

**HOLY CROSS CATHOLIC**

**CEMETERY & MAUSOLEUM**

45th & Hilltop Drive, San Diego, CA 92102



Pre-Need Arrangement is an act of love

No Interest Budget Plan allows up to five years to pay.

Call **264-3127**

Se Habla Español

**51 Locations to Serve You!**

**A-1 Self Storage**

**Call Toll-Free 877-217-3537**  
**www.a1storage.com**

Serving San Diego since 1989! "You've Got a Friend in the Business!"  
**ALL PRO**  
Specials for Parishioners • Free estimates on New Doors  
Quality Garage Doors, Inc.  
(858) 576-7223  
Installation and Service of Garage Doors and Openers  
Lic. #772078  
www.allprogd.com

**ADT-Monitored Home Security**  
Get 24-Hour Protection From a Name You Can Trust  
• Burglary • Flood Detection  
• Fire Safety • Carbon Monoxide  
833-287-3502



**The Cleaning Crew**  
Hauling & Junk Removal  
Carpet, Tile, & Upholstery Cleaning  
(619) 607-1214  
www.thecleaningcrew.com

**kw** SAN DIEGO  
EAST FOOTHILLS  
KELLERWILLIAMS REALTY  
Each Office is Independently Owned and Operated

**Spencer Belcher**  
REALTOR® | DRE #02205543  
619.203.6128  
sbelcher@kw.com  
Parishioner



**XPS**  
THRESH  
Paints Your Life  
• Rockhard Epoxy  
• Rockhard Polyaspartic  
• Metallics, pigments, quartz, flake  
• Supplies, Tools & Accessories  
10969 San Diego Mission Rd • San Diego, CA  
**858-226-8678**

**If You Live Alone You Need MDMedAlert!**  
24 Hour Protection at HOME and AWAY!  
✓ Ambulance ✓ Police ✓ Fire  
✓ Friends/Family  
Solutions as Low as **\$19.95** a month  
FREE Shipping  
FREE Activation  
NO Long Term Contracts  
CALL NOW! **800.809.3352**  
GPS Tracking w/Fall Detection  
Nationwide, No Land Line Needed  
EASY Set-up, NO Contract  
24/7 365 Monitoring in the USA  
MDMedAlert  
Safe-Guarding America's Senior Nationwider

**LA VIDA REAL**  
AN SRG SENIOR LIVING COMMUNITY

**Independent and Assisted Living  
and Memory Care Residences**

11588 Via Rancho San Diego  
Rancho San Diego, CA 92019

Call today (619) 592-8067  
SRGseniorliving.com

**Your comfort. Our privilege.**

RCFE#374601744



**Plumbing and Drain Services: Maintenance • Repairs  
Installations • Drain Cleaning • Water Heating  
Camera Inspections • Leak Investigations AND MORE!**  
Call us today for any of your plumbing needs!

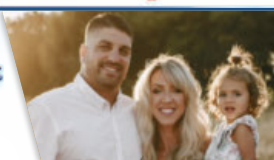
**619-631-7065 • Lic # 983421 • www.AbilitySD.com**

**SHORT STAFFED?**

Place an ad here to find new  
local talent for your business.



**CALL 800-950-9952**



**Tony's Painting**  
★ Painting & Decoration  
& Home Improvement ★  
BONDED & INSURED  
(619) 588-1069 • Cell: (619) 244-6472  
hermiztony@hotmail.com

**MAMMA ROSA**  
EL CAJON, CA EST. 1982  
an italian eatery  
**619.442.0231**  
1773 East Main St | El Cajon  
mammarosaelcajon.com

**RCP BLOCK & BRICK**



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Kieran Church, El Cajon, CA

A 4C 05-4248