



**St. Joseph Catholic Church**  
203 Plum Street  
Florence, Al. 35630  
(256)764-3303

## **REQUIREMENTS FOR CONFIRMATION SPONSORS**

**Why the Sacrament of Confirmation?** Prior to His ascension into heaven, Jesus told his apostles that He would send them the Holy Spirit to be their advocate and guide, and on the Feast of Pentecost, the promised gift of the Holy Spirit fell on the apostles and the Virgin Mary as they prayed in the Upper Room, empowering them to be witnesses of Jesus in the world. “The Sacrament of Confirmation perfects Baptismal grace; it is the sacrament which gives the Holy Spirit in order to root us more deeply in the divine filiation, incorporates us more firmly into Christ, strengthens our bond with the Church, associates us more closely with her mission, and helps us to bear witness to the Christian faith in words accompanied by deeds.” (CCC 1316) “Confirmation, like Baptism, imprints a spiritual mark or indelible character on the Christian's soul; for this reason one can receive this sacrament only once in one’s life.” (CCC 1317)

**What is the role of Confirmation Sponsor?** Just as sponsor for baptism takes upon himself/herself the responsibility of helping the newly baptized person mature in the living a Christian life and offers his or her own life and practice of the faith as an example of continues that work for the person who is to be confirmed. The Sacrament of Confirmation also creates a strong spiritual bond between the one who is confirmed and the sponsor. The sponsor should be committed to trying to be a part of the confirmand's life by presence and prayer always realizing that a sponsor’s prayers for that person are especially efficacious before Almighty God. One’s “yes” to be a sponsor for Confirmation is not just a “yes” to the candidate, but also a serious commitment to God in taking on this obligation.

### **What are the requirements of the Church for being a Confirmation sponsor?**

- † A sponsor must be someone other than the parent of the one to be confirmed.
- † A sponsor must have received the Sacraments of Baptism, Confirmation and Holy Eucharist.
- † A sponsor must be at least 16 years of age and may be male or female regardless of the sex of the candidate.
- † A sponsor must be leading a life in harmony with the faith and the role to be undertaken, therefore, if married, must be married in the Church and if single, must be striving to live a chaste life and therefore cannot be living with a person outside of marriage.
- † A sponsor must be a practicing Catholic, registered in a parish, who regularly attends Mass on Sundays and Holy Days and receives the Holy Eucharist.



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## **CONFIRMATION SPONSOR AFFADAVIT**

Name of Confirmation Sponsor \_\_\_\_\_

In what parish are you registered and active?: \_\_\_\_\_

Priest signature of home parish: \_\_\_\_\_

Name of the candidate being sponsored \_\_\_\_\_

### **QUESTIONS FOR THE SPONSOR:**

What is your relationship to the candidate?

Yes No Have you received all three sacraments of initiation:  
Baptism, Confirmation, and Holy Eucharist?

Yes No If married, are you married in the Catholic Church? If single, are  
you attempting to live according to the moral teachings of the  
Church (i.e. not living with anyone outside of marriage)?

Yes No Are you a practicing Catholic, regularly attending Sunday Mass  
and receiving the Holy Eucharist and the Sacrament of  
Reconciliation?

Yes No Are you attempting to live in conformity with the teachings of  
Jesus Christ and the Church and witnessing to your faith in your  
daily life?

Yes No Do you understand and accept the responsibility of being a  
sponsor for the confirmation candidate named above, supporting  
him/her by your prayer and example in living the Catholic faith?

As God is my witness, I swear that I have answered all of the above questions  
truthfully and meet the qualifications to be a sponsor for Confirmation.

\_\_\_\_\_  
Signature of Sponsor

\_\_\_\_\_  
Date