



## PARISH NEWSLETTER

### MARCH

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### *Lenten Preparation Prayer*

*Lord, Jesus.*

*As the Holy Season of Lent draws near, I come to You for help. There are so many more things I need to know and even more that I need to understand. Cleanse my heart as you wash away my sins with Your Holy and Precious Blood that You shed for me on the Cross. Send Your Holy Spirit upon me to open my mind and my understanding so that I can begin to grasp the magnificence of Your Love for me.*

*Amen, Amen, Amen*



# The Paschal Mystery



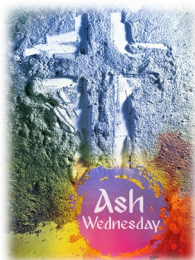
**Experience the Paschal Mystery during Lent, the Triduum, and Easter Time with our parish and LANE. Learn more and sign up for weekly emails at [lanecatholic.org](http://lanecatholic.org). The Lakeshore Academy for the New Evangelization (LANE) will send weekly emails to help you live out Lent, the Triduum, and Easter Time. The first email will go out the Sunday before Ash Wednesday, and the last will be sent on Pentecost. You can sign up at [lanecatholic.org/course/paschal-mystery](http://lanecatholic.org/course/paschal-mystery). There you'll also find plenty of resources to help you and your family celebrate these holy seasons.**

Dying, Jesus destroyed our death; rising, he restored our life. This is the Paschal Mystery—Christ's Passover from death to life. We enter into this central mystery of the Christian faith through Baptism and continue to experience it in the other Sacraments, especially the Eucharist and Reconciliation.

Our sacramental participation in the Paschal Mystery is renewed each year during the Church's holiest seasons, which are now upon us. During Lent our catechumens and candidates will prepare to receive the Sacraments. Alongside them, all the faithful will pray, fast, and give alms as we prepare to recall our Baptism. Then, during the Triduum and Easter Time, we will



## Ash Wednesday: March 2



While Catholics are not obligated to attend Mass, this is an obligatory day of fasting for those age 18–59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. Catholics age 14 and older are also obliged to abstain from eating meat.

7:00 AM-Ash Wednesday Service (Not a Mass)

12:15 PM-Mass (Not noon)

7:00 PM-Mass

## The Sacrament of Reconciliation



Lent is an opportune time to approach the Sacrament of Reconciliation. Confessing our sins and receiving absolution renews the graces of Baptism in us, restoring us to life. The Sacrament will be offered at the following times or by appointment:

- First Fridays: 9:45–10:45 AM (March 4 and April 1)
- Thursday, March 10: 6:30–7:30 PM
- Thursday, March 17: 6:30–7:30 PM
- Thursday, March 24: 6:30–7:30 PM
- Thursday, March 31: 5–8 PM (diocesan-wide “The Light is On for You”)

## Lenten Taizé Prayer Service: March 15



Join us from 7–8 PM in the church for this beautiful candlelit time of prayer, song, silence, and contemplation.

## God’s Mercy Awaits You



As we navigate through the season of Lent, the Diocese of Grand Rapids will once again offer a special opportunity to receive the sacrament of reconciliation. Why not set aside some time to celebrate the sacrament of reconciliation? Join Father from 5 - 8 PM in the confessional as we prepare for the Lord’s resurrection on Easter.

**“The Light is ON for You: An Evening of Penance”**

**Thursday, March 31 5 - 8 PM in almost every parish of the diocese.** Visit [GRdiocese.org/penance](http://GRdiocese.org/penance) for other locations and details.

## Fridays: Soup Suppers and Stations of the Cross



Friday Soup Suppers are back! Please come and join us every Friday during Lent for a variety of hot soups. Starting March 4<sup>th</sup> - April 8<sup>th</sup>, at 6:00 PM followed by Stations of the Cross at 7:00 PM. Anyone interested in helping with set up, clean up or would like to make a soup please contact Kim Buehler at [parishlife@holyfamilycaledonia.org](mailto:parishlife@holyfamilycaledonia.org) Mike and Nancy Jacobs, parishioners and owners of Apple Spice, will be providing the bread! Looking forward to coming together during our Lent season.

## Adoration of the Blessed Sacrament



EUCCHARISTIC ADORATION

We experience the Paschal Mystery in Christ's Real Presence in the Holy Eucharist. During Lent, we remember Jesus' invitation to His disciples in the Garden of Gethsemane: "Stay with Me, remain here with Me; watch and pray." Step away to spend time with Our Lord in Eucharistic Adoration this Lent. Resting with Christ will be the best, most peace-filled part of your day.

- **Thursdays:** following 9 AM Mass - 7:30 PM  
March 31 (closes at 8 PM)
- **Holy Thursday (April 14) following 7pm Mass-11pm. There will be no daytime Adoration.**
- **Fridays:** following 9 AM Mass - 12 noon  
**No Adoration Good Friday (April 15)**

## Music Ministry Needs Help



The Bell Choir needs a few more ringers for Easter! Come, give this music experience a try ... if you are high-school age or older and have the ability to read music, we can teach you to play the handbells! Rehearsals are on Monday evenings from 6:30 to 8PM. For more information, please contact Director of Sacred Music, Sheryl Moon @ [Choir@holyfamilycaledonia.org](mailto:Choir@holyfamilycaledonia.org) (or talk to her on the weekend). Add some extra joy to your Lenten season.

## Welcome Our New Pastoral Care Coordinator



**Phyllis Powers-Fata**

I am Phyllis Powers-Fata, and it is a pleasure for me to introduce myself as Holy Family's new Parish Care Coordinator. I'd like to let you know a little about me. I am a Licensed Professional Counselor (LPC), and I have 35 years of experience. I began a career as an English teacher, first as a co-teacher in a community college, then in public high school, then as a teacher in Catholic schools in the Diocese of Brooklyn in New York City. I realized that I was doing more counseling with children and families after and before the school day than I was teaching during the school day. I was a good listener, but I just didn't know enough to help the people who needed help. But I always remembered what my parents told me, "God gives us what we need, when we need it." I was blessed to have been able to attend Fordham Catholic University in New York City, I graduated with my Master of Science Degree in Counseling and Human Relations. From there, I knew that I had my true calling. I spent 10 years working for the Program for the Development of Human Potential in the Diocese of Brooklyn as Regional Coordinator of 36 elementary, middle and high schools; 16 years working at Caledonia School District as counselor; and in a private setting, I volunteered counseling time over 4 years. At present, I have a private counseling practice.

It is so good to still recognize old friends and their families here at Holy Family and to begin to put names to the new faces that are becoming familiar to me as I pass them here in church. Please know that I look forward to getting to know each of you and your families, and I am here to serve you in any way I can. Please come up and say "Hi." I look forward to getting to know you! Thanks so much! ~**Phyllis Powers-Fata**

Contact Phyllis at 616-891-9259 x236 or via email [parishcare@holyfamilycaledonia.org](mailto:parishcare@holyfamilycaledonia.org)

# Holy Family observed March For Life 2022 Near and Far!

Covid did not stop Holy Family from observing the March for Life in a couple of ways. First of all, due to the generous donation from our Knights of Columbus and our parishioners who donated over 10,000 bottles and cans to be returned, we were able to help fund eight young adults to attend the March for Life in Washington, DC. Our young adults traveled by bus with the Grand Rapids Area Right to Life. It is estimated that over 150,000 individuals marched in Washington, DC on that day. Thank you to everyone who made this possible.



In addition, for the first year ever, our parishioners also were able to observe the March for Life right here at Holy Family Parish. In the morning and early afternoon many gathered to watch the March For Life Rally together and pray a pro-life rosary together. Later that evening many enjoyed a very informative talk by parishioner, John Bursh and Mass celebrated by Fr. Mike. Thanks to everyone who was able to participate in some way, and we ask everyone to please continue to pray for an end to abortion.



# Ladies Lenten Devotional Book Study

## All are invited to Join us

- In this year's Lent devotional, we give the Lord all we have. We experience the Kingdom of Heaven and depth of our God's love in our deep poverty. We can taste Communion with the God of the Universe, utterly dependent on Him, floating in the secure waters of His love.
- So we invite you to enter in to our poverty, maybe for the first time ever, and give Him all we have. Join us for some or all of the following dates/times for some great discussions. (Note, book not required)

### Dates:

- **Mondays March 14 and 28**
- **Mondays April 11 & 25**

### Times to choose from:

**1:00 PM in person in St. Mary's Hall**

**OR via ZOOM**

**7:00 PM Via ZOOM**



## Don't miss our Lenten Holy Hours

Mark your calendars to join us for a beautiful and peaceful evening with other ladies of the parish and neighboring parishes. The evening consists of special time in Adoration of our Lord and some praise and worship music along with prayers and silence. If your schedule allows, plan to stay after Holy Hour for some treasured community time with other ladies of the parish.

*"The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven, and will help bring about everlasting peace on earth"~ Catholic Answers*



If you have never attended a Holy Hour, why not plan to attend one evening during Lent. All Ladies are invited.

**Monday, March 21 at 7:00-8:00 PM**  
**Thursday, April 7 at 7:00-8:00 PM**

# Holy Week and Easter Sunday

## **Palm Sunday: April 10**

Vigil Mass on Saturday: 5 p.m. Sunday Masses: 9 and 11 a.m.

## **Wednesday of Holy Week: April 13**

No 9 a.m. Mass

## **Holy Thursday: April 14**

No 9 a.m. Mass

Mass of the Lord's Supper: 7 p.m.

## **Good Friday: April 15**

*Day of Fasting and Abstinence*

Celebration of the Lord's Passion: 3 p.m.

## **Holy Saturday: April 16**

*Continue Fasting and Abstaining If Possible*

Blessing of the Easter Food Baskets: 10 a.m. in the Church

Easter Vigil Mass: TBA

## **Easter Sunday Mass: April 17**

Sunday Masses: 9 and 11 a.m.

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## ***HE IS RISEN, ALLELUIA, ALLELUIA!***

By His resurrection from the dead, our Savior, Jesus Christ, has conquered death and sin and everything that diminishes the grace of God, in and among us. His resurrection is not just a fact in history to be retold at Easter. It is a mystery to live every day. As Christians, we are just as moved by the presence of Jesus among us as those who saw him on the first Easter morning.

How is Jesus present among us today? He lives among us in the community gathered to celebrate the Eucharist. He lives in the Gospel proclaimed by word and deed. Through the Sacraments of the Church, He gathers disciples, heals the sick, reconciles sinners and calls us to service in His name. It is the hand of Jesus that lifts up the poor, feeds the hungry, shelters the homeless and visits the confined through the Church's mission of social outreach. In these, and many other ways, we give witness to the mystery of Jesus living among us. Indeed, we become Christ for the world.

This great mystery requires a community to support us and to challenge us. Every Sunday, the Church gathers at the table of God's Word and in the celebration of the Eucharist, the source and summit of our life in Christ, making us one body in Christ. As St. Augustine puts it, "the center is Christ who draws us to Him, who causes us to come out of ourselves to make us One Body with him." (Confessions VII, 10).

If you have come to Mass for the first time or the first time in a long time, we welcome you and invite you to continue to be Christ for the world with us. If you think you would like to explore joining us in the Catholic faith, please contact Carla Niziolek, Interim Director of Discipleship at 616-891-9259 or

[cniziolek@holyfamilycaledonia.org](mailto:cniziolek@holyfamilycaledonia.org).

On behalf of the Holy Family Parish community, whether you are a visitor or parishioner, whether you gather with us every Sunday or occasionally, we wish you blessings on the Easter Sunday and every day. We pray that our Risen Lord will be revealed to you in Word and Sacrament, in the love of family, friends and Church, and in the witness of charity and holiness of life.

**Yours in Christ,  
Fr. Mike**



## Participate in a Discipleship Opportunity

### **Plan to attend our Parish Mission!**

Our 2022 Mission, “**Being Catholic: A Call to Mission**” Greg Smith, Dean of LANE will lead us in this special mission of helping us understand how we can go “higher up and deeper into” Christ’s Kingdom. Greg will also help us discover what can we do as individuals and parishes to help bring along our family, friends and neighbors as we all strive to get to Heaven.

**When:** Wednesday evenings, March 9, 16, 23, & 30

**Time:** 7:00-8:30 PM in the Church Sanctuary

**Who:** All parishioners and guests, ages 11 and up



**Child Care is available for registered parishioners!** If interested, please call the office to register no later than noon on the Monday before the event each week. Unfortunately, we will not be able to accommodate any children not registered in advance.

**Remote options:** This mission will also be available for remote viewing at the time of the event or if a later date is more convenient. Register for free at [lanecatholic.org/course/being-catholic](https://lanecatholic.org/course/being-catholic).

**Refreshments Served:** Join us for cookies and punch at the conclusion of each evening in St. Marys’ Hall.

**Bonus:** Catechists can earn up to 6 hours of Theology Credits.