

Young Adults Summer 2022 Schedule

June 2: *Seven Deadly Sins, Seven Lively Virtues: Pride and Humility*

- Pride is the deadliest of the deadly sins. In fact, all sin is in some way a form of pride because sin elevates our ego ahead of all else. The antidote to pride is humility. To learn humility is to learn to live in the reality that each of us is a creature of God called to worship God alone and surrender to him and his plans for us.

June 9: *Seven Deadly Sins, Seven Lively Virtues: Envy and Admiration*

- Envy is pleasure in the sorrow of another or resentment over their happiness or success. The lively virtue for envy is admiration for all the gifts God has bestowed on each person

June 13-June 16: Pilgrimage to IN and WI Cathedrals, Shrines, and Marian Apparition Site

June 20: (NOTE DATE) *Seven Deadly Sins, Seven Lively Virtues: Anger and Forgiveness*

- Because hurt is everywhere, anger is everywhere. Anger is a normal part of human existence and is not sinful unless used for the wrong purposes. The antidote to anger is forgiveness, one of the New Testament's most central themes.

June 30: Ice cream & Sunset at Holland State Park (meet in parking lot at 6pm to carpool)

July 7: *Seven Deadly Sins, Seven Lively Virtues: Sloth and Zeal*

- Thomas Aquinas defined sloth as "sorrow or indifference to spiritual good." Sloth is when a human heart becomes bored with and inert to the things of God. It is not the same as mere laziness and its countervailing virtue is zeal.

July 14: *Seven Deadly Sins, Seven Lively Virtues: Avarice and Generosity*

- Avarice or greed is the unreasonable desire for riches that drives us to love material things more than we love God and our neighbor. Generosity is, not surprisingly, the counter force for those who tend toward avarice.

July 21: Swimming with the Saints (Pool party and Saint Study)

July 28: *Seven Deadly Sins, Seven Lively Virtues: Gluttony and Asceticism*

- Gluttony is an excess of love for food or drink over the love of God. Our culture makes it extremely easy to believe that we should continually indulge our

appetites. The antidote to gluttony is asceticism, which creates a “desert environment” within us that helps discipline our lower nature to allow the higher desires to emerge.

August 4: College Send-off party

August 11: *Seven Deadly Sins, Seven Lively Virtues: Lust and Chastity*

- Dante regards lust as the least of the deadly sins, while most people in western culture would regard it as the worst. Lust is the sin of treating another person as a sexual object or as a means to an end. Chastity, meaning “sexual uprightness,” counteracts lust. The chaste person keeps their vows while refusing to use the other, even a spouse, as a sexual object.

August 18: Fall Planning session

August 25: End of Summer Ice cream & Sunset at Grand Haven State Park