

DAY ONE

SACRED Heart of Jesus, I believe that at Holy Mass, the graces that You merited for us, reach my soul. Holy Communion gives me an increase of sanctifying grace—the life of my soul that makes it holy and pleasing to God. It also gives me actual graces—helps from God that enlighten my mind and strengthen my will to do good and avoid evil.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to Saint Margaret Mary: "*I will give to My faithful all the graces necessary in their state of life.*"

Give me Your help that I may make frequent use of the Sacraments of Penance and the Holy Eucharist, and that I may pray much, so that through Your Divine grace I may faithfully carry out the obligations of my state of life.

DAY TWO

SACRED Heart of Jesus, I know that mortal sin is the destroyer of peace. Preserve my home from mortal sin that Your peace may reign therein.

Give our family the peace of which You spoke: "Peace I leave with you, My peace I give to you; not as the world gives do I give to you"(Jn 14:27).

Sacred Heart of Jesus, establish the right order in our family, based on Your own peace and charity. Fill our hearts with the love of which Your Heart is the source.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: "*I will bring peace to their homes.*" Grant that we may enjoy Your peace in our family circle here on earth, so that we may be reunited in Your Kingdom forever.

DAY THREE

SACRED Heart of Jesus, You understand my weakness and cowardice. You invite me to come to Your Sacred Heart: "Come to Me, all you who labor and are burdened, and I will give you rest"(Mt 11:28).

I need grace and courage to bear my daily cross, and I believe Your Sacred Heart is eager to give me these blessings for my soul. May prayer, and especially daily or frequent Mass and Holy Communion, impart to my soul strength and consolation. I unite the sacrifice of my life—my actions and sufferings—with Your own sacrifice in the Mass.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: "*I will comfort them in all their sufferings.*" Be my support in all the crosses of life.

DAY FOUR

SACRED Heart of Jesus, may the peace and love of Your Sacred Heart be my comfort and strength in every temptation. Help me to fight bravely against my evil desires and temptations through which the devil seeks to overpower me.

The reason why I fall into sin is that I do not make full use of the graces offered to me, especially through prayer and Holy Communion, and that I do not rely on You enough. Unite my will to the Divine Will, so that Your strength may be mine, especially when I shall need You most, at the hour of death.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: "*I will be their safe Refuge against all the snares of their enemies in life, and above all in death.*"

DAY FIVE

SACRED Heart of Jesus, without Your help, my efforts to do good bear little fruit. Without You I can do nothing; but with You I can do all things. Since it is especially through Holy Communion that You abide in me and I in You, help me to receive the Bread of Life often.

Jesus, do not let me labor for a material reward or for the praises of others, but for the glory of God and the salvation of souls.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: *"I will bestow abundant blessings upon all their undertakings."* May my whole life be spent in spreading the Kingdom of Your Sacred Heart by offering up my daily prayers, works, joys and sufferings for this intention.

DAY SIX

SACRED Heart of Jesus, You filled my heart with peace and joy once more when my sin was pardoned after a good Confession and when I approached the Banquet of Divine Love in Holy Communion.

Sacred Heart of Jesus, I wish to spend my life praising Your infinite mercy toward me. Let me never leave You again by willful sin. In return may I appreciate the Sacraments of Penance and the Holy Eucharist by making frequent use of them.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: *"Sinners shall find in My Heart the source and the infinite ocean of mercy."* Have mercy on the sinners of the world and draw them to Your Sacred Heart. Have mercy on me!

DAY SEVEN

SACRED Heart of Jesus, help me to be poor in spirit, that I may seek heavenly riches; to be meek, that I may curb my anger; to seek consolation in my sorrows and labors in Your Sacred Heart; to hunger and thirst for holiness—union with God through love; to be merciful toward my neighbor that I myself may deserve Your forgiveness.

Help me to be pure of heart, that I may be loved by You in this life, and merit to behold You in heaven; to be a peace-maker by keeping peace with myself and my neighbor; to bear my sufferings of life patiently and lovingly.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: *"Fervent souls shall mount to high perfection."* May I be one of those fervent souls.

DAY EIGHT

SACRED Heart of Jesus, bless with peace and happiness the family that You chose for me on earth. In Your mercy look upon the family of which I am a member.

We wish to dedicate ourselves to You in a special way, and to honor Your Sacred Heart in our home. Preserve us from danger, give us help in time of need, and grant us the grace to persevere to the end in the imitation of Your Holy Family, so that having revered You and loved Your Sacred Heart on earth, we may praise You eternally in heaven.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: *"I will bless every home in which an image of My Heart will be honored."* May Your Sacred Heart live and reign in our family!

DAY NINE

SACRED Heart of Jesus, do not let me neglect my immortal soul. If I lose it, all is lost. Since You died for my soul, can I do less than try my utmost to save it? Help me through Your all-powerful grace.

Sacred Heart of Jesus, give me the grace ever to grow in Your love. May my life's conduct be a proof that I truly love You, for You said, "If you love Me, keep My commandments" (Jn 14:15). Make known to me Your wonderful and lovable Self; and knowing You, may I love You and the Father and the Holy Spirit with all my heart.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: *"Tepid souls shall become fervent."* Forgive me for my carelessness. Inflammé my heart with Your Divine love.

DAY TEN

SACRED Heart of Jesus, Divine and Eternal High Priest, let the life-giving waters of Your love flow into the hearts of Your priests and transform them into living images of You. By Your grace make them true apostles of Your Sacred Heart.

Save souls through Your priests; accompany them through life. Give them the special grace of drawing sinners to Your Sacred Heart, Refuge of sinners, that they may find forgiveness and salvation.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: *"I will give to priests the gift of touching the most hardened hearts."* May Your Kingdom come to the hearts of all people through the activity.

DAY ELEVEN

SACRED Heart of Jesus, Your Heart is my safe Refuge when I have sinned and when the crosses of life oppress me. You invite me when You say, "Take My yoke upon you, and learn from Me, for I am meek and humble of heart; and you will find rest for your souls. For My yoke is easy, and My burden light" (Mt 11:29). Since You have made my heart for Yourself, may it yearn to be with You and to possess You.

Sacred Heart of Jesus, I pray for the fulfillment of this promise that You made to St. Margaret Mary: *"Those who promote this devotion shall have their names written in My Heart, never to be effaced."* Make me an apostle of Your Sacred Heart and write my name in Your Heart because I want to belong to You entirely and forever.

DAY TWELVE

SACRED Heart of Jesus, help me to prepare for the day of my death and judgment. I wish to use the graces You give me. Help me always to conform my life to the Will of God. I am determined to renounce sin and its occasions, and follow after You, for You alone can safely direct me along the path that leads to life everlasting.

Sacred Heart of Jesus, I pray for the fulfillment of this "Great Promise" that You made to St. Margaret Mary: *"To all those who receive Communion on the First Friday of the month, for nine consecutive months, I will grant the grace of final repentance."* Reward my devotion to Your Sacred Heart by granting me the grace to die in the friendship of God and to save my soul.

Novena Prayer to the Sacred Heart

JESUS, behold me kneeling at Your feet, filled with a lively confidence in Your Sacred Heart. You said, "Ask, and you shall receive; seek, and you shall find; knock, and it shall be opened unto you" (Mt 7:7). I earnestly ask this favor: *(mention your favor)*.

I have recourse to You, Divine Heart of Jesus. In You I find consolation when afflicted, protection when tempted, strength when burdened with trials, and light in doubt.

May the Promises dictated by Your Sacred Heart to St. Margaret Mary be fulfilled in my life!

Sacred Heart of Jesus, whatever may be Your decision with regard to my request, I will never stop adoring, loving, praising, and serving You. Grant me the grace for which I humbly implore You through the Immaculate Heart of Your holy Mother.

Heart of Jesus, I put my trust in You!

Act of Consecration of St. Margaret Mary

Jesus revealed the Twelve Promises to St. Margaret Mary, who said of them: "Jesus showed me how this devotion is, as it were, the final effort of His Love, the last invention of His Charity"

ACT OF CONSECRATION

I, *(state your name)* give and consecrate to the Sacred Heart of our Lord Jesus Christ my person and my life, my actions, penances, and sufferings, not wishing to make use of any part of my being for the future except in honoring, loving, and glorifying that Sacred Heart.

It is my irrevocable will to be entirely His, and to do everything for His love, renouncing with my whole heart whatever might displease Him.

I take You then, O most Sacred Heart, as the sole object of my love, as the protector of my life, as the pledge of my salvation, as the remedy of my frailty and inconstancy, as the repairer of all the defects of my life, and as my secure refuge in the hour of death.

Be then, O Heart of goodness, my justification before God the Father, and remove far from me the thunderbolts of His just wrath. O Heart of love, I place my whole confidence in You. While I fear all things from my malice and frailty, I hope all things from Your goodness.

Consume, then, in me whatever can displease or be opposed to You, and may Your pure love be so deeply impressed upon my heart that it may be impossible that I should ever be separated from You, or forget You.

I implore You, by all Your goodness, that my name may be written in You, for in You I wish to place all my happiness and all my glory, living and dying in very bondage to You. Amen.

The Litany of the Sacred Heart

Lord, have mercy.	Lord, have mercy
Christ, have mercy.	Christ, have mercy
Lord, have mercy.	Lord, have mercy
Christ, have mercy.	Christ, have mercy
Christ, hear us.	Christ, hear us
Christ, graciously hear us.	Christ graciously hear us
God the Father of Heaven,	Have mercy on us
God the Son, Redeemer of the world,	
God the Holy Spirit,	
Holy Trinity, One God,	
Heart of Jesus, Son of the Eternal Father,	
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,	
Heart of Jesus, substantially united to the Word of God,	
Heart of Jesus, of Infinite Majesty,	
Heart of Jesus, Sacred Temple of God,	
Heart of Jesus, Tabernacle of the Most High,	
Heart of Jesus, House of God and Gate of Heaven,	
Heart of Jesus, fountain of life and holiness,	
Heart of Jesus, propitiation for our sins,	
Heart of Jesus, loaded down with opprobrium,	
Heart of Jesus, bruised for our offenses,	
Heart of Jesus, obedient to death,	
Heart of Jesus, pierced with a lance,	
Heart of Jesus, source of all consolation,	
Heart of Jesus, our life and resurrection,	
Heart of Jesus, our peace and reconciliation,	
Heart of Jesus, Victim for our sins,	

Heart of Jesus, salvation of those who trust in You,
Heart of Jesus, burning furnace of charity,
Heart of Jesus, abode of justice and love,
Heart of Jesus, full of goodness and love,
Heart of Jesus, abyss of all virtues,
Heart of Jesus, most worthy of all praise,
Heart of Jesus, King and center of all hearts,
Heart of Jesus, in Whom are all the treasures of wisdom and knowledge,
Heart of Jesus, in whom dwells the fullness of divinity,
Heart of Jesus, in Whom the Father was well pleased,
Heart of Jesus, of Whose fullness we have all received,
Heart of Jesus, desire of the everlasting hills,
Heart of Jesus, patient and most merciful,
Heart of Jesus, enriching all who invoke You,
Heart of Jesus, hope of those who die in You,
Heart of Jesus, delight of all the Saints,
Lamb of God, You who take away the sins of the world,
Lamb of God, You who take away the sins of the world,
Lamb of God, You who take away the sins of the world,
V. Jesus, meek and humble of heart.
R. Make our hearts like Yours.

spare us, O Lord.

graciously hear us, O
Lord.

have mercy on us.

Let us pray

Almighty and eternal God, look upon the Heart of Your most beloved Son and upon the praises and satisfaction which He offers You in the name of sinners; and to those who implore Your mercy do You of Your great goodness grant forgiveness in the Name of the same Jesus Christ, Your Son, Who with You lives and reigns world without end. Amen.

HYMN

Act of Reparation

O Heart of Jesus, whose overflowing charity for men is requited by so much forgetfulness, negligence and contempt, behold us prostrate before your altar, eager to repair by a special act of homage the cruel indifference and injuries to which your loving Heart is everywhere subject.

Mindful, alas, that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask your pardon and declare our readiness to atone by voluntary expiation not only for our own personal offenses; but also for the sins of those who, straying far from the path of salvation, refuse in their obstinate infidelity to follow you, their Shepherd and Leader, or, renouncing the vows of their Baptism, have cast off the sweet yoke of your law.

We are now resolved to expiate each and every deplorable outrage committed against you; we are determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behavior, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violation of Sundays and Holy days, and the shocking blasphemies uttered against you and your Saints. We wish also to make amends for the insults to which your Vicar on earth and your priests are subjected, for the profanation by conscious neglect or terrible acts of sacrilege, of the very Sacrament of your divine love; and lastly for the public crimes of nations, who resist the right and teaching authority of the Church which you have founded.

Would, O Divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of your divine honor, the satisfaction you once made to your eternal Father on the Cross and which you continue to renew daily on our altars; we offer it in union with the acts of atonement of your Virgin Mother and all the saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of your grace, for all neglect of your great love and for the sins we and others have committed in the past. Henceforth, we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the Gospel and especially that of charity. We promise to the best of our ability to prevent others from offending you and to bring as many as possible to follow you.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to you, so that we may one day come to that happy home, where you with the Father and the Holy Spirit live and reign, God, world without end. Amen

Petition to the Sacred Heart

O Sacred Heart of Jesus, I have asked you for many favors but I plead for this one (*mention your request*). Take it, place it in your open, broken Heart, and when the Eternal Father sees it covered with the mantle of your most Precious Blood, he will not refuse it. It is not my prayer, but yours. O Sacred Heart of Jesus, I place all my trust in you.

Prayer for the Souls in Purgatory

O Divine Heart of Jesus, grant, we beseech you, eternal rest to the souls in purgatory, the final grace to those who shall die today, true repentance to sinners, the light of faith to pagans and your blessing to me and mine. Amen.