







June 7, 2026

**The Most Holy Body and Blood of Christ**

Sunday	6/7	8:00 AM 10:00 AM	Henry Nooyen Family and Dale & Lynn Nooyen <i>Mass at St John's Ann Theroux</i>	
Tuesday	6/9	8:15 AM	<i>Mass at St John's OPEN</i>	
Wednesday	6/10	8:15 AM 9:00 AM	<i>Mass at St John's OPEN</i> Holy Communion Outside of Mass	
Thursday	6/11	8:15 AM	<i>Mass at St John's Eugene Kaczrowski</i>	
Friday	6/12	8:15 AM	Louis Rynish	
Saturday	6/13	4:00 PM	<i>Mass at St John's Milly Sherwood</i>	
Sunday	6/14	8:00 AM 10:00 AM	In Memory of Tom La Combe Love, Sandy & Family <i>Mass at St John's Ann Theroux</i>	

**True Food**

Like most millennial women, I have a bizarre relationship with food.

I'm so busy and distracted that most days, I forget to eat — until nighttime, when I make some very questionable decisions, usually involving cake. I also came of age in a time when any woman without a visible eating disorder was labeled as “curvy” (and curvy was understood by everyone to be A Very Bad Thing). Thus, I have a deep feeling of shame whenever I do eat, even when I am hungry, and even when it's something good for me.

I'm so messed up when it comes to food that I often wonder if I even have a good point of reference for understanding the Eucharist. What is “true food” and “true drink,” when you live in a society where bodily nourishment is so plentiful — at least for certain fortunate people like me — that we reject it out of pride, that we feel a shame for needing it, and that we use it as a balm for feelings of boredom, pain, and fear?

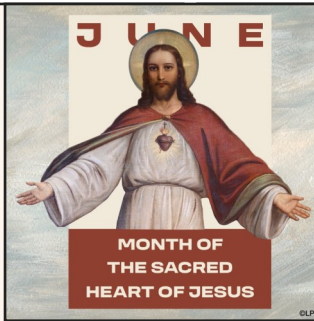
But I suppose there's no better way to understand the Eucharist, when you really think about it. The Israelites survived on manna from Heaven — what they would have given for a grocery store. What they would have given for redemption.

I am given both. I appreciate neither to the extent that I should. True food, true nourishment, true life — physical and spiritual — these are things we all desperately want. And so many of us have them. But our ability to understand what they mean — well, it's hampered. This isn't Eden, after all.

We are reading a book missing half its pages, singing a harmony missing half its parts. We stumble forward, knowing that the fullness can come, will come — one day.

If we keep trying.

By Colleen Jurkiewicz Dorman



**The Most Holy Body and Blood of Christ  
 John 6:51-58**

When I was a young altar server, I once overheard two very different comments about the Eucharist. One person asked, “Is Father distributing the bread or the wine?” Later, another asked, “Can you go get Jesus from the tabernacle?” Same parish, same Mass, but two very different ways of speaking. I pondered: So, is it bread that we pretend is Jesus? Or is Jesus a tiny white thing in a box? I was utterly confused.

This Feast of Corpus Christi is an excellent time to think about how we should speak about the Eucharist. In today's Gospel, Jesus declares: **“My flesh is true food, and my blood is true drink.”** (John 6:55) His words scandalized his listeners, who feared cannibalism, and even today puzzle many, who reduce them to metaphor. Both miss the truth.

The Church gives us better words that honor Jesus' words in the Gospel. After the consecration, we do not call it “bread” or “wine.” Nor do we say, “a piece of Jesus” or even “Jesus.” We say: *the Eucharist*. We say: *the Body and Blood of Christ*. We say: *the Real Presence*. We say: *the Most Blessed Sacrament*. These words safeguard the astonishing reality that Christ himself is truly present, whole and entire, under the appearances of bread and wine.

If we speak well about the Eucharist, we will think more clearly and believe more deeply. And if we believe more deeply, we will adore more truly the One who gives himself to us — not bread, not wine, but Jesus Christ himself, whole and entire.

— Father John Muir



**The June Bulletin is Sponsored in Memory of Lillian Ann Theroux  
 With Love from Her Family**



DAY/TIME	LECTORS	DISTRIBTORS	SERVERS	USHERS
Sunday 8:00 AM June 14	Chris Stedl	Dcn Rich	Wyatt Main Olivia Ambrosius	Rick Stedl Ken Linsmeyer

**INCOME FOR WEEK:**

Church Support	\$ 3522.00
Loose Collection	\$ 171.00
Votives	\$ 7.80
Building & Maintenance	\$ 50.00

**DISBURSEMENTS FOR WEEK:**

St John's Cost Share	\$ 5670.54
WeShare CC Fees	\$ 3.97

**Friday, June 12 Freedom Country Fest**  
 W2035 County Rd S Freedom St Nicholas Parish Grounds  
 Gates Open 5 PM ALL AGES EVENT!  
[www.FreedomCountryFest.com](http://www.FreedomCountryFest.com)

Outdoor Mass & Annual Picnic & Fundraiser,  
**June 14, 10am -1pm**  
**St. Elizabeth Ann Seton** 2771 Oakwood Dr., Green Bay  
 Pulled pork or chicken sandwich, bluegrass music,  
 kid's games, cash raffle, and silent auction.



**Hearts of Jesus**

**Question:**

Why do we celebrate the Hearts of Jesus in the month of June?

**Answer:**

Devotion to the Sacred Heart of Jesus is an ancient practice. We can see its Scriptural origins in Jesus' own references to His Heart. *"Come to me, all you who labor and are burdened, and I will give you rest ... for I am meek and humble of heart"* (c.f. Matthew 11:28, 29).

The devotion received a surge of popularity in the late 1600s. Jesus appeared several times to a French religious sister, St. Margaret Mary Alacoque, pointing to his heart. During this time, the Jansenist heresy had risen in France, which preached limited predestination for salvation. When appearing to Margaret Mary, Jesus affirmed his love for all mankind: *"Behold the Heart which has so loved men that it has spared nothing."* He asked for a special feast celebrating his Sacred Heart on the Friday following the feast of Corpus Christi. Over time, June has become known as the month of Sacred Heart.

**Corpus Christi Prayer**

O Precious Jesus,  
 The gift of your Body and Blood,  
 shared with us, is unfathomable.  
 Like manna that satiated  
 our hunger, fill us where we lack.  
 Like the bread given to Elijah  
 in the desert, sustain us.  
 Grace us with a glimpse into your  
 love for us, now and forever,  
 present in the Eucharist. Amen.

**Catholic Trivia—  
Just for Fun**

**Question:**

What term describes the changing of the bread and wine into the Body and Blood of Christ during Mass?

**Answer:**

Transubstantiation

**Live The Liturgy - Inspiration of the Week**

The starving Israelites found their physical salvation in manna, "a food unknown to your fathers." We find our spiritual salvation in the Body and Blood of Jesus Christ, a food unknown to too many souls. Blessed are we to partake in the Bread of Life.

**WHOEVER EATS THIS BREAD WILL LIVE FOREVER**

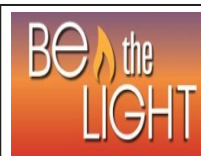
**JULY 9-12**  
**Lifest**  
 SHARING LIFE TOGETHER  
 OSHKOSH WI 2026

**JOIN US FOR SUNDAY MASS!**  
 July 12 | 8:30 a.m.  
 Cafe Stage | Sunnyview  
 Expo Center, Oshkosh

**DID YOU KNOW?**  
 THE AIM OF THE DEVOTION OF THE IMMACULATE HEART OF MARY IS TO UNITE HUMANKIND TO GOD THROUGH MARY'S HEART.

**Virtues, Explained!  
Gratitude**

Gratitude pays a kind of "moral" debt. Children owe it to their parents; citizens owe it to their country. The Eucharist is the most perfect act of gratitude, wherein God is acknowledged as the source of all good.



**Bishop's Appeal 2026**

**Parish Goal: \$16,357**  
**Given to date: \$12,317**  
**Still Needed: \$4,040**

Perpetual Monthly Giving Calendar  
 Seymour Food Pantry St Vincent de Paul  
 to collect & deliver.

**JUNE:** Cake, Brownie Mix, Ready-Made Frosting

**Ministry of the Sick:** Please notify the parish office if a member of your family is confined to their home or is hospitalized. Also, please inform the hospital of your affiliation with your parish.

**Baptisms:** Please call the parish office two months in advance.

**Marriage:** Please call St. John's parish office eight months in advance.

**Funeral Arrangements:** Please call St. John's parish office.

**Anointing of the Sick and Dying:** Please call St. John's parish office.

**Fr. Sengole Dass**  
**St. John Parish Office - 833-6140**

**DC. Richard Matuszak**  
**833-2294 or 609-5292**

**St Sebastian Parish Office - 833-2558**  
**Current Hours: Mon & Thurs 8:00 – 4:00**  
**Wed: 8:30 - Noon, Closed: Tues & Fri**