

Eucharistic Adoration Guidelines

1. Never leave the Blessed Sacrament alone!

- a. If you are alone with Our Lord and should need to leave early or if there is an emergency, please call a substitute, whose information is in the Adoration Binder.

2. Reading Materials

- a. Spiritual readings is encouraged. Sacred Scripture, Liturgy of the Hours, the Catechism, and other Catholic spiritual reading are highly recommended. There is a cart in the Gathering Area with prayer material for your use.

3. Substitute Policy

- a. If you are unable to make your scheduled Adoration time, please contact a substitute. You must find a substitute or you must be at your scheduled Adoration time.
- b. If for some reason you cannot find a substitute call the Adoration Coordinator for assistance.

4. Adoration Etiquette

- a. Genuflect upon entering and leaving the presence of Our Lord.
- b. Turn off cell phone and all electronic devices.
- c. Refrain from visiting with anyone also present in the church.
- d. No food, drink, or gum during Adoration.
- e. Do not touch the altar or monstrance, but venerate Our Lord from the pew.
- f. Be mindful of modest and respectful attire.
- g. Maintain a reverent and prayerful silence. Vocal prayer or song can be disruptive to others in prayer.

5. Sign-in/out Binder

- a. Please arrive at least 5 minutes early for your scheduled Adoration time.
- b. Always sign in when you arrive. This ensures Our Lord is never left alone. It also allows the person scheduled before you the liberty to leave.
- c. Before leaving, ensure that the next person is signed in. Even if there is someone in the church, you cannot leave until the next scheduled person arrives. There is no guarantee the unscheduled person will stay for the full half hour.
- d. If the next scheduled person does not arrive and you chose to be the substitute, please mark your name down as a substitute. This allows the Adoration Coordinator to ensure it does not happen again.