

What is Family Faith Formation?

JBD Catholics
Religious Education

What is it? A Family of Faith

The program name is **A Family of Faith** by *Sophia Institute*. We will be starting with Volume 1 : The Creed. It follows a 4-year cycle, covering 1 pillar of the Catechism per year (Creed, Sacraments, Life in Christ, Prayer).

This program answers the promise we made at Baptism to help our children know and grow in our Catholic faith and helps us create the domestic church at home.

The program is meant to have families attend together. However, with our restrictions at this time amid COVID-19, we will have only parents attend the meetings. Hopefully, by Jan-2021, we can have the whole family attend.

Parent Meeting

Parents (at least one) attend a teaching meeting once a month.

In this meeting, parents will learn the material to share with their families and we will explain the faith content to be covered in their lessons for the rest of the month at home.

Session(s) will be given to choose from to attend. Schedule will be posted on the jbd Catholics.org website.

At Home

Parents will teach their families the other lessons for month.

There are multiple activities to choose from that reinforce the lesson. Many of these activities are easy to do.

You can pick what time is best for you and your family to host the lesson.

Resources

Each family will receive a Parent's Guide and a Student Book

Parent meeting(s) will be subject to health restrictions such as

3ft social distancing

Face masks

Temperature taken upon arrival

