

PROJECTYM LIVE

FR. MIKE SCHMITZ



Father Mike Schmitz is the chaplain for Newman Catholic Campus Ministries at the University of Minnesota Duluth. He also serves as the Director of the Office of Youth Ministry for the Diocese of Duluth.

DISCUSS AND PRAY

Fr. Mike talks at length about the suffering that Jesus Christ endured during his Passion. He describes the Shroud of Turin - the presumed burial cloth of Jesus Christ. From the study of the cloth, we can determine that Jesus suffered immensely from his scourging and crucifixion. Jesus carried the marks of our sins to his death and in doing so, he "signs his name," on each of our lives.

What is one thing that you are thankful to God for this week?

Lent comes to a close this week. How has this Lent helped your relationship with Christ?

Who is a person that you know that has risen above adversity? Please share.

Share a time with your teen when a hardship that you suffered made you a stronger person.

What is one hardship that you have suffered this week that you could "write on the cross" of Jesus?

With your teen, go to shroudconfraternity.org and read about the Shroud of Turin.

IF YOU DON'T, THEY WON'T

No one has a greater impact on the lives of your teenager than **you**. In many cases, the faithful witness that parents provide for their children (or lack of faithful witness) makes the difference in determining whether a young person continues to practice their faith into their adult life.

How are you going to enter into this most holy and solemn time of year? During Holy Week, challenge yourself to take some time aside from the busy nature of your life, and enter into prayer each day.

Some suggestions to help you enter into Holy Week:

Watch the Triduum liturgies online.

Read their Bible and the story of Christ's Passion and Resurrection (Jn 18-19).

Do the Liturgy of the Hours during Holy Week.

Pray the sorrowful mysteries of the rosary as a family.