



In celebration of National Marriage Week
join us in the LCH for

Simple Skills Creating Increased Connection

Wednesday, February 9th at 9:00am

STRATEGIES FOR STRENGTHENING RELATIONSHIPS



Learn ways to enhance...

- Trust
- Understanding
- Intimacy
- Self-Awareness
- Empathy
- Connectedness

Presented by:
Nicole Melchi MEd.MFT.LPCC-S.
Holy Family Parishioner

Based on Dr. John Gottman's Sound Relationship House
Theory and over 30 Years of Research.

Anyone seeking skills to strengthen relationships of any kind are welcome to join!

COFFEE AND MUFFINS AT 9:00AM
PRESENTATION BEGINS AT 9:30AM

Please RSVP to Barbie Byrne at byrne@holyfamilystow.org or
330.688.6412 ext. 272 by Sunday, February 6th

www.kentpsychological.com/marriage-counseling/

