

First Sunday of Advent

Reading 1

Jer 33:14-16

The days are coming, says the LORD,
when I will fulfill the promise
I made to the house of Israel and Judah.
In those days, in that time,
I will raise up for David a just shoot ;
he shall do what is right and just in the land.
In those days Judah shall be safe
and Jerusalem shall dwell secure;
this is what they shall call her:
“The LORD our justice.”

Responsorial Psalm

Ps 25:4-5, 8-9, 10, 14

R. (1b) To you, O Lord, I lift my soul.

Your ways, O LORD, make known to me;
teach me your paths,
Guide me in your truth and teach me,
for you are God my savior,
and for you I wait all the day.

R. To you, O Lord, I lift my soul.

Good and upright is the LORD;
thus he shows sinners the way.
He guides the humble to justice,
and teaches the humble his way.

R. To you, O Lord, I lift my soul.

All the paths of the LORD are kindness and constancy
toward those who keep his covenant and his decrees.
The friendship of the LORD is with those who fear him,
and his covenant, for their instruction.

R. To you, O Lord, I lift my soul.

Reading II

1 Thes 3:12—4:2

Brothers and sisters:
May the Lord make you increase and abound in love
for one another and for all,
just as we have for you,
so as to strengthen your hearts,
to be blameless in holiness before our God and Father
at the coming of our Lord Jesus with all his holy ones. Amen.

Finally, brothers and sisters,
we earnestly ask and exhort you in the Lord Jesus that,
as you received from us
how you should conduct yourselves to please God
and as you are conducting yourselves
you do so even more.
For you know what instructions we gave you through the Lord Jesus.,

Alleluia

Ps 85:8

R. Alleluia, alleluia.

Show us, Lord, your love;
and grant us your salvation.

R. Alleluia, alleluia.

Gospel

Lk 21:25-28, 34-36

Jesus said to his disciples:

“There will be signs in the sun, the moon, and the stars,
and on earth nations will be in dismay,
perplexed by the roaring of the sea and the waves.
People will die of fright
in anticipation of what is coming upon the world,
for the powers of the heavens will be shaken.
And then they will see the Son of Man
coming in a cloud with power and great glory.
But when these signs begin to happen,
stand erect and raise your heads
because your redemption is at hand.

“Beware that your hearts do not become drowsy
from carousing and drunkenness
and the anxieties of daily life,
and that day catch you by surprise like a trap.
For that day will assault everyone
who lives on the face of the earth.
Be vigilant at all times
and pray that you have the strength
to escape the tribulations that are imminent
and to stand before the Son of Man.”

An Act of Spiritual Communion

An Act of Spiritual Communion My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.