

The Rooster Review

The Newsletter of the
Central Virginia Cursillo Community (CVCC)
December 2023 | <http://www.centralvacursillo.org>



Introducing the Babe Chicks of the 553rd Men's Cursillo Weekend!

Name	Role & Talk
Paul Petro Sacred Heart NB	Rector
Pat Anhalt St Gabriel	TMAT Ideal
Paul Anttanasio St Joe's Richmond	Liturgy Laity
Steve Curtain Epiphany	Liturgy Piety
Chris DiChristina St John Neuman	Head Squire
James Green Sacred Heart NB	TMAT Study of the Environment
Rob Grubbs St Gabriel	Asst. Rector Ultreya
Kelly May Sacred Heart NB	TMAT Group Reunion
Arthur Mendez Epiphany	Head Liturgy Christianity in Action
Joel Nuckols St. Mary's Richmond	Squire Study
Dave Schweiger St. Ann's Ashland	TMAT Leaders
Paul Vidonic Epiphany	Tech Squire Action
Deacon Emmet McLane Cent. Va Cluster	Spiritual Director
Galen Potter Sacred Heart NB	Spiritual Director
Janet Potter Sacred Heart NB	Spiritual Director
Nick Vidonic Epiphany	Spiritual Director

Weekend Theme: Joy of Salvation

Pictured Above: Front Row, Left to Right:
Tom Rectenwald (St. Michael), Mark Cummins (St. Joe's), Alex Clark (St. Ann's), Wally Peters (Sacred Heart NB), Scott Smith (Sacred Heart NB), Joe Moore (Epiphany)
Back Row, Left to Right:
Bobby Henderson (Sacred Heart NB), David Majia (St. Ann's/St. Joe's), Tom Walkinshaw (Epiphany), Joe Carucci (Epiphany)

Inside this issue

Message from Co-Chair.....	2
Message from Spiritual Director.....	3
We Need You/Current Openings.....	2
CVCC Team.....	2-3
Upcoming Events	4

CVCC Team

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Message from the Co-Chair . . .

I heard once that the Nativity was not an accident. It was the first demonstration of the need to be humble. God could have chosen any form, emerged spotlessly, presented himself anywhere, and been cheered by thousands. But he chose the form of a helpless child, born though the realism of childbirth, in impoverished surroundings, surrounded by strangers.

Yet, as our doctor said when our first was child was born, "It's a miracle every time." The child knows when to take it's first breath, when it hears the sound of its mother's voice for the first time, and when it feels the love around them for the first time. It was no different with Jesus. He united himself with us from his first moments on Earth. And that is very humbling.

Merry Christmas to you and yours,

DeColores,

Rob Grubbs, Table of St Padre Pio | February '06 | The Abbey

CVCC is looking for a few new team members and we need you! Currently we have openings for the following positions on our CVCC Committees

Newsletter editor: This position entails preparing the contents of Cursillo newsletter (Rooster Review) for publishing on a quarterly basis.

Newsletter Distributor: This position entails preparing the newsletter for mail distribution.

Chicks Chirp!

"The Holy Spirit brought these men here this weekend. I haven't stopped crying since Friday!.. I have been praying for a fresh start and look where God brought me. This is a life we cannot live alone. God loves us as his children. We are not perfect. How do you love God, if you can't love yourself? (we are) pathfinders for Christ. I had no idea what I was here for,,,I found community in the Catholic Church-this took it to a whole new level. I LOVE each and EVERYONE of YOU! (pointing to everyone). When I came Thursday, I saw a lot of love in the room. (in the community) I began to hear what everyone was going through, but was amazed that everyone still has joy in their life. Let's look for the joy in life! Team and those men (point to fellow babe-chicks) became brothers to me. What a beginning and opportunity to serve Christ. Holy Spirit kicked me in my pants. I felt the Holy Spirit coming from everyone around me. ...more growth to come. I had mind goblins, random ruts, lost job, etc...very lost...I let go, let God-why was it happening??? to lead up to today!! I am one step closer to God and Holy Spirit. I just loved this whole weekend. Instant family, just add water. I didn't realize it needed to be holy water! Jesus take the wheel. Exuded gratitude. God's grace brought me here this weekend.



Message of Spiritual Direction

While many of us are preparing for Christmas, there is a group of people in our midst who may not be joyous. I am talking about anyone who experienced the death of a loved one this year or individuals with seasonal affective disorder or anyone experiencing anxiety or depression. Support groups and counselors are mindful of how the holidays are difficult for these individuals. It may be the first time a loved one is not part of the traditional experience of Christmas. Their absence creates a hole in our hearts. Family members may not be ready this year for celebration without their loved one. Each of us should be watchful and alert for friends or family members that have experience loss. Ask them if they have a "plan" for the upcoming holiday. Sometimes it's better to visit prior to the holiday and get a sense of how the person is. Bringing a plate of cookies or fruit basket is a perfect way to stop for a visit, even if you don't ordinarily exchange gifts with that person. A gift I would recommend is the book, *Spiritual Practices for the Brain, Caring for Mind, Body and Soul* by Anne Kertz Kernion. Anne's book guides us in experiences to listen compassionately. Her research shows that the tools she suggests can lessen stress, anxiety and impact heart health and inflammation in our bodies. ~Kathy Haut

Introducing the next Women's Team:

Daughter, Be Transformed!

Luz Rayel-Straub

Rectora Sacred Heart PG

Chris Brophy

Assistant Rectora Sacred Heart PG

Yvonne Pfluger

Head of Liturgy Epiphany

Beth Mendez

Archangel Epiphany

Kimm Curtis

Angel St James

Terri Henderson

TMAT Sacred Heart PG

Ann Lewis

Liturgy St John Neumann

Kate McCaffrey

Liturgy St Ann's Ashland

Yvette Negron

TMAT Sacred Heart PG

Maureen Nwoye

TMAT St Joseph RIC

JoLinda Underwood

TMAT Holy Rosary

Deborah Wilmoth

Angel Redeemer

Dcn Bob Straub

Spiritual Director Sacred Heart PG

Paula Schnurman

Spiritual Director Epiphany

Cena Smith

Spiritual Director St Edward



Action

Group Reunion & Ultreya

Piety

Study

Layperson In The Church

Study of the Environment

Leaders

Christianity In Action

Ideal

CVCC Team

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Newsletter

Position Available!



Weekend Details

Women's Weekend

Opening

◇ Thur 2/8/23

◇ Bring Snacks & Drinks

Shalom House

15340 Robert Terrell Rd

Montpelier, VA 23192

Closing

◇ Sun 2/11/23

◇ Bring Food & Drinks

St. Ann's Ashland

105 S Snead Street

Ashland, VA 23005

Mark Your Calendar: Upcoming CVCC Events!

Date	Time	Ultreyas (U) Weekend (WE)
1/12/24	~~~~~	U: TBD
1/28/24	2:00 PM	U: St. Augustine, Richmond
2/8/24	7:00 PM	WE: Opening – Shalom House
2/9/24	7:30 PM	U: Holy Rosary, Richmond
2/11/24	4:00 PM	WE: Closing – St. Ann's, Ashland
2/23/24	7:30 PM	U: Sacred Heart PGNB
3/10/24	2:00 PM	U: Epiphany, Richmond
3/22/24	7:30 PM	U: TBD
6/20—6/23 2024	7:30 PM	WE: Men's Sacred Heart NB

Make a Friend ~ Be a Friend ~ Bring a Friend to Christ!

Catholic Diocese of Richmond

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For change of address, or to cancel,
please contact CVCC at:

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PAID

RICHMOND, VIRGINIA

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