August 2025 St. Mary on the Hill Catholic Church Senior Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 10AM BRIDGE	5 10AM BINGO & POKER	6 10AM BRIDGE	7 10AM SENIOR STRETCH W/JANE CASON	8	9
10	11 10AM BRIDGE	12 10AM BINGO & POKER	13 10AM BRIDGE	14 10AM SENIOR STRETCH W/JANE CASON	15	16
17	18 10AM BRIDGE	19 10AM BINGO & POKER	20 10AM BRIDGE	21 10AM MEXICAN TRAIN	22	23
24	25 10AM BRIDGE	26 10AM BINGO & POKER	27 10AM BRIDGE	28 10AM MEXICAN TRAIN	29	30
31				Leigh McCormack -Director 706-262-0340		

SENIOR CENTER NEWS AUGUST 2025

BRIDGE:

10AM Every Monday & Wednesday in August at the Senior Center. Seniors play in organized foursomes. Call Leigh to establish your new foursome, or get put on the ever popular "sub-list."

BINGO:

10AM Every Tuesday in August at the Senior Center. Bring \$6 in quarters and buy 2 cards of Bingo. Come have a laugh or two and make some new friends!

SENIOR STRETCH WITH JANE CASON

10AM Thursday, August 7th & 14th

Wear comfy, loose-fitting clothing and enjoy a relaxing and therapeutic class. Jane is a certified instructor and can assist you with stretching and breathing exercises. She can also give you tips on modifying your movement to best suit your needs.

MEXICAN TRAIN GAME

10AM Thursday, August 21st & 28th
At the Senior Center
Come enjoy this easy to learn and fun game using strategy with domino tiles.

MAH JONGG

If you have an interest in learning how to play Mah Jongg, call Leigh to be put on the wait list for the next training session. 706-262-0340

Please see the flip side for specific calendar.