



ST. THÉRÈSE OF CARMEL

SUNDAY | OCTOBER 26, 2025

MASS SCHEDULE

Saturday Vigil | 4:30 pm
Sunday | 9:00 am, 11:00 am, 5:30 pm
Chinese | 2:00 pm
(Mandarin/Cantonese)
Monday-Thursday | 7:30 am
Friday | 8:00 am

RECONCILIATION

Saturday | 3:00-4:00pm

ADORATION

Tuesday | 5:00-8:00 pm
Wednesday | 8:00-9:00 am

GET IN TOUCH

4355 Del Mar Trails Road
San Diego, CA 92130
858-481-3232
parishoffice@stocsd.org
www.sttheresecarmel.org

OFFICE HOURS

Monday- Thursday | 8:00am-3:00pm
Friday | 9:00am - 3:00pm
(Closed 12:00-1:00pm)

DEVOTIONAL HOURS

Monday-Friday | 7:30am-6:00pm

NOTRE DAME ACADEMY

858-509-2300 or www.ndasd.org



30TH SUNDAY IN ORDINARY TIME

"But the tax collector stood off at a distance...and prayed, 'O God, be merciful to me a sinner.' I tell you, the latter went home justified, not the former; for whoever exalts himself will be humbled, and the one who humbles himself will be exalted." - Lk 18:13a, 13c-14

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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OUR MISSION

Our mission is to be a welcoming Catholic community by living our faith fully, sharing that faith freely, and transforming our world, discerning the will of God the Father, understood through the love of His Son Jesus Christ, empowered by the Holy Spirit.

The foundation of our parish life is praise, worship, and the sacraments. Strengthened by them, we strive to deepen our relationship with Christ and to meet the needs of others through a variety of ministries that include evangelization, education, spiritual enrichment and service to our growing community. Guided by the example of our patroness, St. Thérèse of Lisieux, "we seek to do small things well for the glory of God."

PRAYER AND READINGS



| October 26, 2025

PARISH CLERGY

PASTOR

Rev. Christopher Tozzi

DEACON/BAPTISM COORDINATOR

John Fanelle

ADMINISTRATION

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Mary Lucena Stevens

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Malou Palmore

BOOKKEEPING

Stephanie Decker

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Lyn Pflaum

RECEPTION/ COMMUNICATIONS

Vanessa Gramajo

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Elias Damian

José Sanchez

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DIRECTOR OF MUSIC

Catherine Marshall

CATECHESIS & PARISH LIFE

ELEM. FAITH FORMATION COORDINATOR

Britin Hanson

COORDINATOR OF YOUTH & YOUNG ADULT MINISTRY

John Navarette

YOUTH & YOUNG ADULT MINISTERS

Marisabel "Mari" Patteson

Priscilla Trastoy

Annalua Corwin

OCIA COORDINATOR

Karen Klause

GROWING IN FAITH SCRIPTURE STUDY

Carlie Ward

WEEKLY INTENTIONS AND READINGS

SATURDAY, 10/25 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Joseph & Paula Klause

SUNDAY, 10/26 | THIRTIETH SUNDAY IN ORDINARY TIME

SIRACH 35:12-14, 16-18, 2 TIMOTHY 4:6-8, 16-18, LUKE 18:9-14

9:00 AM † Donald Fanelle

11:00 AM **SI** Missa Pro Populo

5:30 PM **SI** Missa Pro Populo

MONDAY, 10/27 |

ROMANS 8:12-17, LUKE 13:10-17

7:30 AM **SI** Bernadette Wu

TUESDAY, 10/28 | FEAST OF SAINTS SIMON AND JUDE, APOSTLES

EPHESIANS 2:19-22, LUKE 6:12-16

7:30 AM **SI** Mercedes Freire

WEDNESDAY, 10/29 |

ROMANS 8:26-30, LUKE 13:22-30

7:30 AM † Norma Carreon

THURSDAY, 10/30 |

ROMANS 8:31B-39, LUKE 13:31-35

7:30 AM † John Cameron

FRIDAY, 10/31 |

ROMANS 9:1-5, LUKE 14:1-6

8:00 AM † Lourdes Rafiñan

SATURDAY, 11/1 | SATURDAY VIGIL MASS

(SEE SUNDAY READINGS)

4:30 PM † Scott Joseph Gebhard

NEXT SUNDAY, 11/2 | THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS)

WISDOM 3:1-9, ROMANS 5:5-11, JOHN 6:37-40

9:00 AM **SI** Missa Pro Populo

11:00 AM † Donald Fanelle

5:30 PM **SI** Missa Pro Populo

Thirtieth Sunday in Ordinary Time

October 26th

Almighty ever-living God, increase
our faith, hope and charity, and
make us love what you command,
so that we may merit what you
promise. Through our Lord Jesus
Christ, your Son, who lives and
reigns with you in the unity of the
Holy Spirit, God, for ever and ever.





Join Us For First Saturdays Devotion

The Blessed Virgin Mary asked us to make reparation to her Immaculate Heart by fulfilling a special devotion on the first Saturday of five consecutive months. This involves:

1. **7:30 am Confession Available**
2. **9:00 AM Mass and Prayers to Our Lady of Perpetual Help**
3. **9:45-10:15 AM Five decades of the Rosary plus prayers for Pope Leo**
4. **Fifteen minutes of meditation on the mysteries of the Rosary**

In return, Our Lady promises her assistance at the hour of death with the graces necessary for salvation.

(Sources: The Fatima Center; Catholic Answers; The World Apostolate of Fatima)



ST. THÉRÈSE
OF CARMEL

**11/1 FIRST SATURDAY
DEVOTION**

ALL SOULS NOVENA

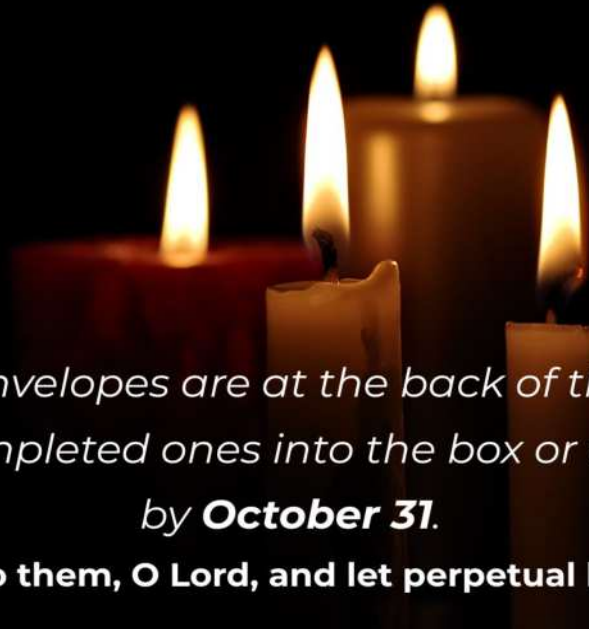


ST. THÉRÈSE
OF CARMEL

Praying for the dead expresses the deep bonds of love that unite the Communion of Saints:

"Our prayers can help the souls in purgatory move more swiftly into the light of Heaven."

Let us remember them this month and always. (CCC 1030-1032)



Novena Envelopes are at the back of the Church.

*Please drop off completed ones into the box or at the Parish Office
by **October 31.***

"Eternal rest grant unto them, O Lord, and let perpetual light shine upon them."

FAITH FORMATION

| October 26, 2025



High School Teens

Join us for
Life Nites



Location:
Dempsey
Social
Center
6:30 - 8PM
(after
5:30pm
mass)

TONIGHT - October 26th
Halloween Party & Service Night
Come party with us and spend some time
giving back to our community!

November 9th
XLT - Talk & Adoration
Talk on the First 3 Commandments and
Adoration w/Praise & Worship



Hey, High Schoolers!



CALLED



Catholic And Living with Love Every Day

Wednesday evenings where we'll explore
ANY QUESTIONS
about faith and life in general.



Invite your friends!
All high school teens welcome.

NEXT SESSION

Wednesday,
Nov. 5th
7:30 pm - 8:30 pm
Dempsey Social
Center-Youth Room



MIDDLE SCHOOLERS COME TO **EDGE!**

Location: Dempsey Social Center

NEXT SESSION:
WEDNESDAY, OCT. 29TH
6:00 - 7:30 PM



NDA Families:
No cost for
EDGE! It is
covered with
your tuition.

Any & all
middle school
youth
can attend.
Invite friends!



Upcoming Confirmation Sessions

Nov. 2nd & 16th

YEAR 1

3:45 pm - 6:30 pm

YEAR 2

5:30 pm - 8:30 pm

These time frames include
Youth Mass from
5:30 pm - 6:30 pm.
Please arrive on time.



Scan the QR code to view the full calendar
and for more information on this year.



STOCYAM OCTOBER EVENTS



Young Adults



(18-39) are welcome!

Faith & Fellowship Nights and the Halloween party will be located in the Youth Room within Dempsey Social Center. The Mass & BBQ Event will be held in St. Anne's Chapel and the parish courtyard.

30
THURS

Halloween Party
7:00 - 9:00 PM

Join us for faith and
fun-filled community!

See you in TWO Weeks!



**A Women's Retreat on the
Visitation**

**Saturday, November 8, 2025,
8am-3pm**

St. Anne's Chapel
4355 Del Mar Trails

**Sponsored by
St. Thérèse of Carmel Parish Guild**



**ADVENT
FAITH SHARING
GROUPS**

Sign
Up Using
the QR
Code
Below



1 Thessalonians 5:11 "Therefore,
encourage one
another and build one another
up, as indeed you do."



**ST. THÉRÈSE
OF CARMEL**

Mom's Ministry
ROSARY

**Tuesday, October 28th at
12:00 PM**

St. Thérèse of Carmel Parish Grotto

Join the moms for prayer,
followed by a playdate at
Del Mar Trails Park.

ALL ARE WELCOME!



Complimentary Breakfast is served!

JOIN US FOR THE NEXT PARISH
PANCAKE BREAKFAST

2 November | AFTER THE 9 & 11 AM MASSES
Please stop by and share a delicious meal
and friendship with your fellow
parishioners

PREPARED BY KNIGHTS OF COLUMBUS

Bereavement Group

"Grief is not just pain, grief is love."

-David Kessler

A loss can make life harder to navigate.
Our STOC Bereavement Group meets
weekly to study scripture, share stories,
and pray together as we heal from our
grief.

All who have experienced a loss are welcome
to join the group which meets every
Thursday at 10AM in the
Multi-Purpose Room.



Community Outreach:



Faith in Action

Join us this season as we live our faith
through service:

- **Third Sunday of each month:** La Posada Men's Shelter—help prepare and deliver dinner
- **Thanksgiving Faith in Action Baskets** for families served by the CCHS Zak Myers Pantry
- **December 7:** Holiday Outreach Workshop
- **December:** Angel Trees—choose a tag and share Christmas joy

Your prayers, time, and generosity make
Christ's love visible to those in need.

HALLOWEEN CANDY COLLECTION FOR THE POOR

PLEASE

CONSIDER DONATING ANY HALLOWEEN CANDY TO
CASA DE LOS POBRES (HOUSE OF POOR)
IN MEXICO.

NOVEMBER 1ST - 9TH

DROP - OFF:

CHURCH ENTRYWAY

OUTSIDE NDA

FAITH FORMATION OFFICES





Miles Christi Women's Morning of Recollection

**TUESDAY, NOVEMBER 11,
AND DECEMBER 16**
9:30 AM - 12:00 PM
@ ST. ANNE'S CHAPEL



Join Us for 40 Days for Life

Be part of a powerful, prayerful movement to **end abortion locally** through **prayer, fasting, community outreach**, and a peaceful vigil. Together, we can bring hope and life to our community!

Location: Sidewalk in front of Mira Mesa Planned Parenthood

10717 Camino Ruiz, San Diego, CA 92126

Dates: September 24 – November 2

Time: 7:00 AM – 7:00 PM

How to Participate:

Sign up for prayer times or learn more

@ 40daysforlife.com/sandiegomiramesa

Let's stand together for life — peacefully, prayerfully, and with love.

ADORATION SCHEDULE

Tuesday Exposition | 5:00 PM - 8:00 PM
Wednesday Exposition | 8:00 AM - 9:00 AM
(following daily Mass)
Adoration on First Friday of every month
8:30 AM - 12:00 PM



OUR LADY OF FATIMA Devotion

Host Family:

10/19—10/26:

Gigi Sabile

10/26—11/2: Laura Quirch



ROSARY PRAYER GROUP

Come & Pray the Rosary with us at St. Anne's Chapel
Monday – Thursday, 8 AM
Friday – following the 8 AM Mass
St. Anne's Chapel



BEREAVEMENT GROUP

Thursdays 10:00-11:00 AM

For more information contact the Parish Office at parishoffice@stocsd.org.



HEALING PRAYER MINISTRY

Available after the following Masses:

Sunday, 11/2 after the 5:30PM Mass

Saturday, 11/8 after the 4:30PM Mass



KNIGHTS OF COLUMBUS

The Knights of Columbus is an international Catholic family fraternal service organization with over 1.8 million members in 15,000 local councils. Last year Knights donated over 70 million volunteer hours and \$170 million to charitable and benevolent causes, sponsoring projects to benefit their church, councils, communities, culture of life, families and youth.



OUR LADY OF PERPETUAL HELP NOVENA

Our Lady of Perpetual Help Novena prayed on Wednesdays following the 7:30 AM Mass!



COMMUNITY INFORMATION

| October 26, 2025



Mass Intention Calendar

January—March 2026 Openings

3 Mass intention requests per person, per calendar period *

Options:

2 weekday intentions & 1 Sunday intention or 3 weekday intentions

* Subject to change.

Call the parish office to make a request.

GLUTEN FREE HOSTS

If you prefer a gluten free host, you are welcome to bring your own to Mass. See the sacristan for assistance.

ONLINE GIVING

Scan the QR code below to sign up for online giving!

You can make a one time donation or you can sign up to give weekly.



THANK YOU FOR YOUR
CONTINUED SUPPORT AND
FAITHFUL GIVING!
MANY BLESSINGS, FR. CHRIS

PRAY FOR ONE ANOTHER

James 5:16

Please include in your prayers those in our parish family that are sick or homebound. Contact the Parish Office (parishoffice@stocsd.org) to add or remove from this list.

Lisa Carney-Carmichael	Virginia McDeed
John Carrion	Jack McGuire
Sabrina Cheung	Abdo Mouannes
Teresa Cox	Carol Nowak
Cathy Daly	Dorothy Nuss
Dan Daly	Mary Olvera
Allison Demmler	Mauro Pacelli
Charles Dorthalina	Wendy Papera
Angela DeCaro	Leonor Pierce
Lawrence D'Souza	Jeanne Pirolli
Albert Espinola	Fr. Larry Purcell
Fernando Esteves	Emily Schiller-Reeder
Stacey Farley	Kimia Saki
LaVerne Franke	Elaine Schlunt
Felix Galasan	Richard Shannon
Ellen Gallego	Romaine Sullivan
Jake Garcia Sr	Marjorie Slankard
Jonathan Garvey	Jamie Stevenson
Ted Gutierrez	Emilia Teotico
Brian Hawkins	Tamatha Thomas
Mateus Hemmingson	Diana Todaro
Catherine Anne	Mytu Tran
Emilia Javier	Luverne Travis
Chuck Kirby	Cathleen Yang
MJ Lane	Edly Villanueva
Nga Thu Le	Alex Yiu
Tuan Anh Le	Joe Vondrachek
Mary Librizzi	David Yorck
Mark Lotz	Binh Vu
Mary Marshall	Thao Vuong
Cecilia Martin	

SAFE IN OUR DIOCESE

The Diocese is doing everything in its power to prevent the sexual abuse of minors and vulnerable adults by priests and other diocesan staff. Report Sexual Abuse at 858.490.8353 or visit safeinourdiocese.org for more information.

STEWARDSHIP

10/19/2025

Basket: \$11,996

Envelope: \$4,727

Online: \$11,973

SDCCC: \$284

Total: \$28,980

Weekly Expenses: \$28,372

Thank you for your continued support
and faithful giving!

Many Blessings, Fr. Chris

SACRAMENT & MINISTRY INFORMATION

| October 26, 2025



BAPTISM

Baptism is a Community Celebration where we the faith community of St Thérèse of Carmel welcome new members.

Below is our schedule for "Community" baptisms.

"Community" baptisms occur after the 11am mass (Approximately 12:15PM). If this is the first child, both parents are required to attend the Baptismal Class. Below is our schedule for baptismal classes. The baptism classes are held via Zoom at 7:30pm.

Email Deacon John to register for the Baptism Class:

jfanelle@stocsd.org Godparents are strongly encouraged to attend a class either at St. Thérèse or at their own parish. Check out our website under Sacraments for more information about scheduling a baptism and Godparent Requirements.

Baptism Schedule

Baptism Class 7:30pm Via Zoom	Community Baptism After 11am Mass (approx. 12:15pm)
Tuesday, 4 November 2025	Sunday, 16 November 2025
Tuesday, 9 December 2025	Sunday, 21 December 2025
Tuesday, 6 January 2026	Sunday, 18 January 2026
Tuesday, 3 February 2026	Sunday, 15 February 2026
Tuesday, 3 March 2026	Sunday, 15 March 2026
Tuesday, 7 April 2026	Sunday, 26 April 2026
Tuesday, 5 May 2026	Sunday, 17 May 2026
Tuesday, 2 June 2026	Sunday, 21 June 2026
Tuesday, 7 July 2026	Sunday, 19 July 2026
Tuesday, 4 August 2026	Sunday, 16 August 2026

GETTING MARRIED?



If you would like to celebrate your wedding at St. Thérèse of Carmel, please call the parish office at (858) 481-3232 or email [Mary Lucena Stevens](mailto:Mary.Lucena.Stevens) to obtain information and to start making your arrangements, **at least nine months in advance of your proposed date.**

UPDATED RECORDS

If you have moved, received a new phone number or email, please contact the Parish Office to update your profile!

CALLED TO SERVE

LITURGY

- **Called to Serve:**
Altar Servers, Lectors, Musicians, Eucharistic Ministers, Hospitality
- **Liturgical Music:**
Offering varied musical styles to enrich worship

PRAYER

- **Eucharistic Adoration:**
Rest in Jesus' true presence & love
- **Liturgy of the Hours:**
Sanctify the day with psalms & Scripture
- **Marian Devotions:**
Rosary, First Saturdays, Our Lady of Fatima devotions drawing closer to Christ through his Blessed Mother
- **Healing Prayer:**
Experience Christ's mercy & peace

FAITH FORMATION

- **Notre Dame Academy:**
Catholic education, preschool-8th grade
- **Children & Teens:**
Faith formation & sacramental prep: Baptism, Reconciliation, First Communion, Confirmation
- **Adults:**
Bible studies, Small Faith Sharing groups, Retreats
- **Order of Christian Initiation of Adults (OCIA):**
OCIA is not just a class, but a journey of conversion and formation to prepare for the sacraments and active membership in the Catholic Church

PARISH LIFE

- **Welcome Committee:**
Register, connect, and belong
- **Young Adults (18-39):**
Grow in faith, friendships, service, and fun
- **Mom's Ministry:**
Faith, friendship, & support at every stage
- **Parish Guild:**
Fellowship, prayer, & service rooted in Christ
- **Knights of Columbus:**
Catholic men (18+) serving in charity, unity, and fraternity
- **Super Seniors (50+):**
Monthly friendship, fun, & community
- **Ministry to the Sick & Bereaved:**
Bringing Christ's comfort & presence
- **Filipino & Chinese Catholics:**
Celebrate and support faith traditions
- **Community Outreach:**
Food & clothing drives, care kits, parish service, pro-life ministry

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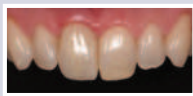
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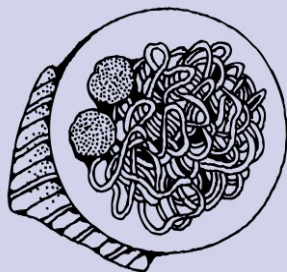
Notre Dame Academy

SPAGHETTI DINNER

Fundraiser

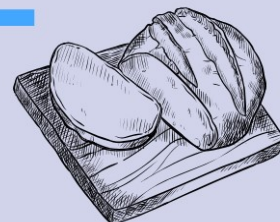


November 1, 2025 at 5:30 pm
Dempsey Social Hall



DINNER INCLUDES:

*Pasta, meatballs, garlic
bread, salad, dessert & beverage*



All proceeds will help offset the cost of the middle school field trip for our student volunteers.

Every plate served supports their adventure and learning experience. Thank you for helping make this trip possible!

ADULT 3-COURSE MEAL	\$22
CHILD 3-COURSE MEAL	\$14
BEVERAGES	\$7
SPONSOR A CAMPER	\$50

